

UFO HUB

LIVE STREAM



1
00:00:04,820 --> 00:01:05,509

[Music]

2
00:01:10,149 --> 00:01:08,070

hey everyone welcome to due to the ufo

3
00:01:12,630 --> 00:01:10,159

have live stream today's guest is going

4
00:01:15,190 --> 00:01:12,640

to be bonnie jean mitchell and we'll be

5
00:01:17,190 --> 00:01:15,200

talking about her book called the shift

6
00:01:18,710 --> 00:01:17,200

a lifetime of contact leading to higher

7
00:01:21,030 --> 00:01:18,720

consciousness

8
00:01:23,109 --> 00:01:21,040

i will get to bonnie in a second and as

9
00:01:25,350 --> 00:01:23,119

always we will get into her background

10
00:01:27,030 --> 00:01:25,360

information but first for those watching

11
00:01:27,830 --> 00:01:27,040

i would like to let you know that you

12
00:01:30,630 --> 00:01:27,840

can

13
00:01:32,630 --> 00:01:30,640

later on during the q a section uh ask

14

00:01:35,350 --> 00:01:32,640

bonnie some questions you can submit

15

00:01:37,030 --> 00:01:35,360

them on twitch or youtube uh if you

16

00:01:39,030 --> 00:01:37,040

happen to be watching

17

00:01:41,270 --> 00:01:39,040

or you can

18

00:01:44,069 --> 00:01:41,280

talk to bonnie directly over telegram

19

00:01:46,310 --> 00:01:44,079

and ask via voice because uh we'll live

20

00:01:48,149 --> 00:01:46,320

streaming on youtube twitch and voice

21

00:01:49,670 --> 00:01:48,159

only over telegram

22

00:01:51,990 --> 00:01:49,680

for the

23

00:01:54,149 --> 00:01:52,000

submitted question portion written if

24

00:01:56,310 --> 00:01:54,159

you could please put three asterisks

25

00:01:57,670 --> 00:01:56,320

before the question so that it pops out

26

00:01:59,990 --> 00:01:57,680

at me and i know it's a question for

27

00:02:01,670 --> 00:02:00,000

bonnie and not just the regular chatter

28

00:02:03,510 --> 00:02:01,680

in the chat

29

00:02:05,429 --> 00:02:03,520

of course in telegram

30

00:02:07,590 --> 00:02:05,439

you can join the group that's going on

31

00:02:10,150 --> 00:02:07,600

right now the link is in the description

32

00:02:13,190 --> 00:02:10,160

below this video uh where you can uh

33

00:02:15,190 --> 00:02:13,200

listen in and uh there's a little um

34

00:02:17,350 --> 00:02:15,200

icon where it looks like a person is

35

00:02:19,030 --> 00:02:17,360

raising their hand just tap on that and

36

00:02:20,150 --> 00:02:19,040

i'll add you to my queue to ask a

37

00:02:21,510 --> 00:02:20,160

question

38

00:02:23,750 --> 00:02:21,520

but um

39

00:02:24,630 --> 00:02:23,760

other than that um

40

00:02:26,710 --> 00:02:24,640

uh

41

00:02:28,630 --> 00:02:26,720

i think this is all the information i

42

00:02:30,390 --> 00:02:28,640

have oh yeah and just recently i got

43

00:02:33,670 --> 00:02:30,400

back on twitter so

44

00:02:35,589 --> 00:02:33,680

um i will be posting uh just links and

45

00:02:38,390 --> 00:02:35,599

updates on on there as well

46

00:02:39,910 --> 00:02:38,400

and so for those of you that have a

47

00:02:43,030 --> 00:02:39,920

twitter account

48

00:02:46,070 --> 00:02:43,040

you can keep up to date that way as well

49

00:02:47,350 --> 00:02:46,080

all right so let me um let me bring in

50

00:02:50,390 --> 00:02:47,360

bonnie

51
00:02:53,030 --> 00:02:50,400
and then now we'll go from there uh

52
00:02:55,270 --> 00:02:53,040
welcome bonnie how are you

53
00:02:56,150 --> 00:02:55,280
hi adnan i'm doing great how are you

54
00:03:00,949 --> 00:02:56,160
doing

55
00:03:03,270 --> 00:03:00,959
uh able able to connect and do this

56
00:03:04,710 --> 00:03:03,280
today i know you reached out to me quite

57
00:03:07,110 --> 00:03:04,720
some time ago

58
00:03:09,910 --> 00:03:07,120
and um i had to postpone what it's been

59
00:03:12,229 --> 00:03:09,920
at least several months now and yeah i'm

60
00:03:14,630 --> 00:03:12,239
glad we made this happen

61
00:03:16,550 --> 00:03:14,640
yeah me too i'm glad to be here

62
00:03:18,550 --> 00:03:16,560
well bonnie i figured especially for a

63
00:03:20,309 --> 00:03:18,560

first-time guest if you could um please

64

00:03:23,670 --> 00:03:20,319

start out getting into your background

65

00:03:26,470 --> 00:03:23,680

information and tell us about you and

66

00:03:29,030 --> 00:03:26,480

how how everything evolved for you and

67

00:03:30,710 --> 00:03:29,040

then we'll take it from there

68

00:03:34,070 --> 00:03:30,720

okay great

69

00:03:35,830 --> 00:03:34,080

well i'm a lifelong contactee

70

00:03:37,830 --> 00:03:35,840

and i

71

00:03:40,070 --> 00:03:37,840

this has been happening my whole life it

72

00:03:44,149 --> 00:03:40,080

started when i was four years old and

73

00:03:45,030 --> 00:03:44,159

i'm 54 now so it's been 50 years

74

00:03:48,070 --> 00:03:45,040

and

75

00:03:49,110 --> 00:03:48,080

i run the website called alien abduction

76

00:03:52,630 --> 00:03:49,120

help

77

00:03:54,710 --> 00:03:52,640

i started that in the year 2000

78

00:03:57,270 --> 00:03:54,720

and i also have the website awakened

79

00:04:00,630 --> 00:03:57,280

video with my husband john

80

00:04:03,350 --> 00:04:00,640

and we make a lot of videos about just

81

00:04:04,949 --> 00:04:03,360

everything uh paranormal metaphysical

82

00:04:05,830 --> 00:04:04,959

things that the government doesn't tell

83

00:04:07,509 --> 00:04:05,840

you

84

00:04:09,990 --> 00:04:07,519

we've got a lot of different categories

85

00:04:14,229 --> 00:04:10,000

there we like to bring out the truth

86

00:04:15,830 --> 00:04:14,239

so we like to awaken people

87

00:04:17,909 --> 00:04:15,840

i

88

00:04:21,430 --> 00:04:17,919

let's see

89

00:04:22,550 --> 00:04:21,440

i guess it was about the year 1989

90

00:04:24,469 --> 00:04:22,560

i

91

00:04:26,070 --> 00:04:24,479

reached out to the edgar cayce

92

00:04:29,270 --> 00:04:26,080

foundation

93

00:04:30,950 --> 00:04:29,280

um which is also called the are or the

94

00:04:32,230 --> 00:04:30,960

association for research and

95

00:04:35,990 --> 00:04:32,240

enlightenment

96

00:04:38,070 --> 00:04:36,000

and they're in virginia beach virginia

97

00:04:41,670 --> 00:04:38,080

i was getting a

98

00:04:43,670 --> 00:04:41,680

magazine from them called venture inward

99

00:04:46,150 --> 00:04:43,680

and because i was having these

100

00:04:48,550 --> 00:04:46,160

experiences and at the time i really

101

00:04:51,110 --> 00:04:48,560

didn't have anybody to talk to

102

00:04:53,350 --> 00:04:51,120

because it was really picking up heavily

103

00:04:57,749 --> 00:04:53,360

for me in my early 20s

104

00:05:00,230 --> 00:04:57,759

so in 1988 i was 20 years old and i was

105

00:05:02,390 --> 00:05:00,240

having a lot of experiences and

106

00:05:04,390 --> 00:05:02,400

you know there was no internet yet so i

107

00:05:05,909 --> 00:05:04,400

couldn't just go online and look it up

108

00:05:09,029 --> 00:05:05,919

or connect with people

109

00:05:12,629 --> 00:05:09,039

so i i sent a letter in to the pen pal

110

00:05:14,790 --> 00:05:12,639

section of venture inward magazine

111

00:05:16,710 --> 00:05:14,800

and i ended up hearing back from about

112

00:05:19,430 --> 00:05:16,720

25 people

113

00:05:21,350 --> 00:05:19,440

and they these people wrote letters to

114

00:05:23,350 --> 00:05:21,360

me like handwritten letters that were

115

00:05:25,749 --> 00:05:23,360

delivered through the post office

116

00:05:27,350 --> 00:05:25,759

those are back in the old days

117

00:05:29,110 --> 00:05:27,360

and um

118

00:05:31,590 --> 00:05:29,120

it was really great

119

00:05:34,150 --> 00:05:31,600

most of the people were

120

00:05:37,189 --> 00:05:34,160

had seen ufos

121

00:05:39,749 --> 00:05:37,199

and a smaller majority had actually

122

00:05:41,189 --> 00:05:39,759

been in contact with the occupants of

123

00:05:43,830 --> 00:05:41,199

the ufos

124

00:05:45,430 --> 00:05:43,840

so it was great for me i had some people

125

00:05:47,270 --> 00:05:45,440

to interact with

126

00:05:50,070 --> 00:05:47,280

so i got a

127

00:05:53,909 --> 00:05:50,080

letter from the editor of venture inward

128

00:05:56,390 --> 00:05:53,919

magazine his name was robert smith

129

00:05:58,230 --> 00:05:56,400

and he was really curious about

130

00:06:00,469 --> 00:05:58,240

you know did i hear back from anybody

131

00:06:03,590 --> 00:06:00,479

and i was yeah like 25 people wrote back

132

00:06:05,510 --> 00:06:03,600

and he was so surprised and he said that

133

00:06:09,189 --> 00:06:05,520

the people over at the

134

00:06:12,230 --> 00:06:09,199

are the edgar cayce foundation

135

00:06:15,390 --> 00:06:12,240

they had been talking about

136

00:06:17,590 --> 00:06:15,400

writing an article about ufos and

137

00:06:19,189 --> 00:06:17,600

extraterrestrials but they were really

138

00:06:20,950 --> 00:06:19,199

unsure if their audience would be

139

00:06:22,870 --> 00:06:20,960

interested or not

140

00:06:25,830 --> 00:06:22,880

so just the fact that i wrote into the

141

00:06:28,550 --> 00:06:25,840

pen pal section and heard from 25 people

142

00:06:31,830 --> 00:06:28,560

kind of inspired them

143

00:06:34,550 --> 00:06:31,840

to do more about it and so

144

00:06:37,430 --> 00:06:34,560

two very nice ladies from the area came

145

00:06:38,950 --> 00:06:37,440

to my house to interview me

146

00:06:41,350 --> 00:06:38,960

and

147

00:06:42,550 --> 00:06:41,360

that article ran in venture inward

148

00:06:44,309 --> 00:06:42,560

magazine

149

00:06:46,950 --> 00:06:44,319

not for a couple of years afterwards i

150

00:06:49,510 --> 00:06:46,960

think it was 1992 when they ran the

151
00:06:52,790 --> 00:06:49,520
article and then they also ran an

152
00:06:55,189 --> 00:06:52,800
article about dr john mack from

153
00:06:57,510 --> 00:06:55,199
harvard university who

154
00:06:58,870 --> 00:06:57,520
was a psychiatrist there and a professor

155
00:07:01,270 --> 00:06:58,880
there and he was

156
00:07:04,150 --> 00:07:01,280
researching and looking into the alien

157
00:07:05,909 --> 00:07:04,160
abduction phenomenon and he was

158
00:07:07,749 --> 00:07:05,919
interviewing people and and doing a lot

159
00:07:11,749 --> 00:07:07,759
of work into it

160
00:07:13,589 --> 00:07:11,759
so lo and behold i think it was 1993 the

161
00:07:16,950 --> 00:07:13,599
the edgar cayce foundation had their

162
00:07:19,110 --> 00:07:16,960
very first ufo conference

163
00:07:20,870 --> 00:07:19,120

all because i had written this letter to

164

00:07:22,950 --> 00:07:20,880

the pen pal section

165

00:07:24,870 --> 00:07:22,960

so amazing how that worked out and i got

166

00:07:26,629 --> 00:07:24,880

to go to the conference and i was there

167

00:07:29,510 --> 00:07:26,639

with

168

00:07:31,990 --> 00:07:29,520

dr john mack and bud hopkins and a

169

00:07:33,510 --> 00:07:32,000

number of other speakers

170

00:07:35,909 --> 00:07:33,520

so that was really great for me and i

171

00:07:38,469 --> 00:07:35,919

was like really you know empowering and

172

00:07:40,150 --> 00:07:38,479

let me know that i wasn't alone and

173

00:07:42,390 --> 00:07:40,160

there's a lot of people who have these

174

00:07:45,909 --> 00:07:42,400

experiences

175

00:07:48,309 --> 00:07:45,919

so um after that i

176

00:07:49,749 --> 00:07:48,319

i actually did a comic strip for ufo

177

00:07:52,550 --> 00:07:49,759

magazine

178

00:07:54,309 --> 00:07:52,560

for a number of years i think it was

179

00:07:56,629 --> 00:07:54,319

2006

180

00:07:58,790 --> 00:07:56,639

through 2008.

181

00:08:00,390 --> 00:07:58,800

uh so that was fun

182

00:08:03,029 --> 00:08:00,400

and

183

00:08:06,230 --> 00:08:03,039

basically i

184

00:08:08,790 --> 00:08:06,240

what i do is i um you know help people

185

00:08:11,350 --> 00:08:08,800

with their experiences i'm i've got the

186

00:08:13,350 --> 00:08:11,360

website alien abduction help

187

00:08:16,710 --> 00:08:13,360

i've got a forum there where people come

188

00:08:20,070 --> 00:08:16,720

and they talk about their experiences

189

00:08:22,629 --> 00:08:20,080

and i've written two books about it

190

00:08:23,749 --> 00:08:22,639

journey with the star people and the

191

00:08:25,830 --> 00:08:23,759

shift

192

00:08:28,150 --> 00:08:25,840

which is my newest book came out about

193

00:08:31,350 --> 00:08:28,160

six months ago

194

00:08:34,310 --> 00:08:31,360

so my two books are basically my life

195

00:08:36,469 --> 00:08:34,320

story it's my spiritual journey with the

196

00:08:37,350 --> 00:08:36,479

star people

197

00:08:40,230 --> 00:08:37,360

and

198

00:08:41,909 --> 00:08:40,240

the shift is really relevant to what

199

00:08:44,550 --> 00:08:41,919

we're going through right now because we

200

00:08:46,870 --> 00:08:44,560

are shifting we're having this

201
00:08:48,630 --> 00:08:46,880
this great awakening that humanity is

202
00:08:51,750 --> 00:08:48,640
going through

203
00:08:54,389 --> 00:08:51,760
um so that's basically about me you know

204
00:08:56,710 --> 00:08:54,399
who i am and if you'd like i can just

205
00:08:58,550 --> 00:08:56,720
start from the beginning when this all

206
00:08:59,829 --> 00:08:58,560
when this all began for me when i was

207
00:09:01,350 --> 00:08:59,839
pleased

208
00:09:02,550 --> 00:09:01,360
please do okay

209
00:09:03,430 --> 00:09:02,560
okay

210
00:09:05,910 --> 00:09:03,440
so

211
00:09:08,949 --> 00:09:05,920
when i was four years old i i lived in

212
00:09:11,350 --> 00:09:08,959
virginia with my parents

213
00:09:13,590 --> 00:09:11,360

we lived at the foot the foothills of

214

00:09:15,590 --> 00:09:13,600

the blue ridge mountains uh in a little

215

00:09:17,829 --> 00:09:15,600

log cabin and it was

216

00:09:19,030 --> 00:09:17,839

it was like a fairy tale life you know

217

00:09:21,110 --> 00:09:19,040

it was just

218

00:09:24,949 --> 00:09:21,120

i was a little girl who loved to be

219

00:09:27,750 --> 00:09:24,959

outside playing all day about nature and

220

00:09:30,150 --> 00:09:27,760

it was paradise for me

221

00:09:31,290 --> 00:09:30,160

and so uh my parents were very loving

222

00:09:33,110 --> 00:09:31,300

and kind and

223

00:09:34,949 --> 00:09:33,120

[Music]

224

00:09:38,230 --> 00:09:34,959

you know just it was great it was great

225

00:09:39,430 --> 00:09:38,240

growing up with them in that location

226

00:09:40,949 --> 00:09:39,440

and so

227

00:09:43,590 --> 00:09:40,959

at night time

228

00:09:45,829 --> 00:09:43,600

um when my parents would say good night

229

00:09:46,949 --> 00:09:45,839

to me they'd come and tuck me into bed

230

00:09:48,949 --> 00:09:46,959

and

231

00:09:52,150 --> 00:09:48,959

sometimes they read to me or saying to

232

00:09:54,710 --> 00:09:52,160

me i was very very lucky little girl

233

00:09:57,269 --> 00:09:54,720

to have such love loving parents

234

00:09:59,190 --> 00:09:57,279

um but when they would go

235

00:10:01,269 --> 00:09:59,200

out of the room they'd shut the light

236

00:10:04,310 --> 00:10:01,279

off and close the door and

237

00:10:08,150 --> 00:10:04,320

i'd be alone in this dark room well i

238

00:10:10,630 --> 00:10:08,160

wasn't scared but just really curious

239

00:10:12,870 --> 00:10:10,640

and i kept my eyes open

240

00:10:14,470 --> 00:10:12,880

to see what i could see

241

00:10:15,590 --> 00:10:14,480

so i started doing this thing every

242

00:10:16,949 --> 00:10:15,600

night

243

00:10:19,190 --> 00:10:16,959

where i would just

244

00:10:21,910 --> 00:10:19,200

stay awake for as long as i could laying

245

00:10:24,470 --> 00:10:21,920

there in my bed and kind of looking

246

00:10:27,590 --> 00:10:24,480

staring into the darkness

247

00:10:30,470 --> 00:10:27,600

and i started to see images

248

00:10:33,030 --> 00:10:30,480

and these were almost like they were on

249

00:10:37,030 --> 00:10:33,040

a screen like kind of like a couple feet

250

00:10:39,190 --> 00:10:37,040

in front of me in front of my forehead

251
00:10:41,350 --> 00:10:39,200
and i would see things that i really

252
00:10:43,590 --> 00:10:41,360
liked like toys

253
00:10:45,829 --> 00:10:43,600
candy ice cream

254
00:10:46,949 --> 00:10:45,839
things that i was interested in

255
00:10:49,750 --> 00:10:46,959
and

256
00:10:51,750 --> 00:10:49,760
these images were were glowing like even

257
00:10:53,670 --> 00:10:51,760
though i was in this dark room

258
00:10:55,350 --> 00:10:53,680
these were lit up like the outline of

259
00:10:57,430 --> 00:10:55,360
the images would be all lit up with

260
00:10:59,350 --> 00:10:57,440
different colors it was really

261
00:11:00,550 --> 00:10:59,360
really fascinating

262
00:11:06,949 --> 00:11:00,560
and

263
00:11:09,509 --> 00:11:06,959

pretty soon

264

00:11:12,150 --> 00:11:09,519

i started to see people

265

00:11:13,750 --> 00:11:12,160

walking into my bedroom and these were

266

00:11:15,750 --> 00:11:13,760

humans

267

00:11:18,949 --> 00:11:15,760

they would walk right up to my bed and

268

00:11:22,389 --> 00:11:18,959

usually with only two of them sometimes

269

00:11:24,470 --> 00:11:22,399

three but they were very friendly people

270

00:11:25,509 --> 00:11:24,480

and they'd walk up to the side of my bed

271

00:11:29,110 --> 00:11:25,519

and

272

00:11:31,430 --> 00:11:29,120

they were trying to speak to me

273

00:11:33,350 --> 00:11:31,440

and i could see their lips moving and

274

00:11:34,870 --> 00:11:33,360

you know they were they were completely

275

00:11:37,110 --> 00:11:34,880

animated they were moving they were

276

00:11:38,710 --> 00:11:37,120

really there but i could never hear what

277

00:11:41,670 --> 00:11:38,720

they were saying

278

00:11:44,389 --> 00:11:41,680

and it was like there was a wall between

279

00:11:45,990 --> 00:11:44,399

us like maybe a window or some kind of

280

00:11:47,110 --> 00:11:46,000

glass

281

00:11:47,910 --> 00:11:47,120

wall

282

00:11:50,069 --> 00:11:47,920

where

283

00:11:51,670 --> 00:11:50,079

you know they couldn't touch me and i

284

00:11:54,310 --> 00:11:51,680

couldn't hear them talking but we could

285

00:11:56,870 --> 00:11:54,320

see each other just fine

286

00:11:59,030 --> 00:11:56,880

and i wonder now looking back on it if

287

00:12:00,230 --> 00:11:59,040

maybe these

288

00:12:01,990 --> 00:12:00,240

these people could have been my

289

00:12:04,629 --> 00:12:02,000

great-grandparents or something coming

290

00:12:07,910 --> 00:12:04,639

to visit me

291

00:12:10,389 --> 00:12:07,920

and um also i realized now that the

292

00:12:13,190 --> 00:12:10,399

images that i was seeing in the dark

293

00:12:14,629 --> 00:12:13,200

were probably being projected from my

294

00:12:18,470 --> 00:12:14,639

third eye

295

00:12:20,310 --> 00:12:18,480

active my whole life

296

00:12:22,230 --> 00:12:20,320

and i've been able to see a lot of

297

00:12:23,030 --> 00:12:22,240

things with it

298

00:12:25,350 --> 00:12:23,040

so

299

00:12:27,750 --> 00:12:25,360

you know i i got used to this seeing the

300

00:12:29,110 --> 00:12:27,760

images in the dark and seeing humans

301
00:12:32,310 --> 00:12:29,120
walk into my room that that was

302
00:12:34,550 --> 00:12:32,320
happening for a couple of years

303
00:12:35,430 --> 00:12:34,560
uh but one night

304
00:13:15,670 --> 00:12:35,440
i

305
00:13:17,590 --> 00:13:15,680
so these

306
00:13:19,670 --> 00:13:17,600
two star people

307
00:13:21,590 --> 00:13:19,680
uh were holding hands and walking

308
00:13:23,269 --> 00:13:21,600
towards the foot of my bed

309
00:13:24,790 --> 00:13:23,279
which made me feel

310
00:13:27,030 --> 00:13:24,800
a little bit like you know oh they're

311
00:13:29,750 --> 00:13:27,040
friendly they're holding hands but

312
00:13:31,190 --> 00:13:29,760
i got scared and i screamed and my

313
00:13:33,670 --> 00:13:31,200

mother came running

314

00:13:34,949 --> 00:13:33,680

into the room and as she came into the

315

00:13:35,829 --> 00:13:34,959

room

316

00:13:40,629 --> 00:13:35,839

they

317

00:13:43,910 --> 00:13:40,639

from my view

318

00:13:46,230 --> 00:13:43,920

and perhaps it was a change in my own

319

00:13:48,150 --> 00:13:46,240

conscious awareness or whatever state of

320

00:13:50,710 --> 00:13:48,160

awareness i was in might have shifted

321

00:13:52,550 --> 00:13:50,720

when my mother came in

322

00:13:55,670 --> 00:13:52,560

but anyway she came in and sat with me

323

00:13:57,189 --> 00:13:55,680

and i told her what happened

324

00:13:59,030 --> 00:13:57,199

so that was the first time i saw the

325

00:14:01,509 --> 00:13:59,040

star people

326

00:14:04,790 --> 00:14:01,519

and then um while i continued doing this

327

00:14:06,790 --> 00:14:04,800

thing at night with my third eye and

328

00:14:08,870 --> 00:14:06,800

one night i was

329

00:14:12,069 --> 00:14:08,880

in bed with my mother

330

00:14:15,430 --> 00:14:12,079

i was four or five at the time

331

00:14:16,710 --> 00:14:15,440

and i woke up during the night and

332

00:14:18,310 --> 00:14:16,720

i saw

333

00:14:20,310 --> 00:14:18,320

you know floating above me a couple of

334

00:14:23,590 --> 00:14:20,320

feet above me

335

00:14:25,430 --> 00:14:23,600

this play tea set it was like a teapot

336

00:14:27,350 --> 00:14:25,440

and all the little cups and everything

337

00:14:29,269 --> 00:14:27,360

on this tray

338

00:14:32,870 --> 00:14:29,279

and it was something that i wanted to

339

00:14:35,269 --> 00:14:32,880

have so i could have tea with my dolls

340

00:14:37,110 --> 00:14:35,279

and so i could see this i was i was

341

00:14:38,389 --> 00:14:37,120

literally projecting it with my third

342

00:14:41,189 --> 00:14:38,399

eye

343

00:14:43,189 --> 00:14:41,199

and to me it looked so real and i i

344

00:14:46,310 --> 00:14:43,199

wanted to grab it so i reached out my

345

00:14:48,470 --> 00:14:46,320

hand to try to get it but i just could

346

00:14:49,910 --> 00:14:48,480

not grab it it seemed like i couldn't

347

00:14:53,670 --> 00:14:49,920

reach it

348

00:14:55,910 --> 00:14:53,680

so i decided to stand up in the bed

349

00:14:58,310 --> 00:14:55,920

and i still couldn't reach it and i

350

00:15:00,389 --> 00:14:58,320

started jumping up and down which woke

351

00:15:02,470 --> 00:15:00,399

my mother up of course

352

00:15:04,470 --> 00:15:02,480

and i'm just like jumping and reaching

353

00:15:06,310 --> 00:15:04,480

and then i realized that my hand is

354

00:15:08,790 --> 00:15:06,320

actually going through

355

00:15:11,269 --> 00:15:08,800

the image

356

00:15:12,790 --> 00:15:11,279

and my mother

357

00:15:13,750 --> 00:15:12,800

she didn't know what was going on she's

358

00:15:16,310 --> 00:15:13,760

like

359

00:15:18,550 --> 00:15:16,320

bonnie what are you doing

360

00:15:21,110 --> 00:15:18,560

i said oh mommy i'm trying to grab that

361

00:15:22,629 --> 00:15:21,120

play tea set up there no i can't you see

362

00:15:23,829 --> 00:15:22,639

it up there and

363

00:15:27,350 --> 00:15:23,839

she didn't know what i was talking about

364

00:15:29,110 --> 00:15:27,360

she couldn't see it of course and

365

00:15:32,150 --> 00:15:29,120

i realized that she was getting a little

366

00:15:33,990 --> 00:15:32,160

frightened so i stopped and i sat down

367

00:15:35,990 --> 00:15:34,000

next to her and i

368

00:15:37,590 --> 00:15:36,000

i described it to her i told her what

369

00:15:39,030 --> 00:15:37,600

happened and

370

00:15:40,550 --> 00:15:39,040

you know she didn't really know what was

371

00:15:42,389 --> 00:15:40,560

going on but

372

00:15:45,670 --> 00:15:42,399

it's funny because i was talking to her

373

00:15:47,910 --> 00:15:45,680

about this um probably about a month ago

374

00:15:50,470 --> 00:15:47,920

and she remembers it very well

375

00:15:52,069 --> 00:15:50,480

and we were laughing about it

376

00:15:54,629 --> 00:15:52,079

and she still doesn't really get it you

377

00:15:56,310 --> 00:15:54,639

know what was happening with me but

378

00:15:57,590 --> 00:15:56,320

i'm pretty sure that was my third eye

379

00:16:00,389 --> 00:15:57,600

working

380

00:16:01,670 --> 00:16:00,399

so that's the kind of you know child

381

00:16:04,550 --> 00:16:01,680

that i was

382

00:16:07,590 --> 00:16:04,560

very open-minded and

383

00:16:11,189 --> 00:16:07,600

also at four years old

384

00:16:13,829 --> 00:16:11,199

i had a really good sense of who i was

385

00:16:15,910 --> 00:16:13,839

and why i came here

386

00:16:23,749 --> 00:16:15,920

i

387

00:16:26,389 --> 00:16:23,759

and

388

00:16:27,910 --> 00:16:26,399

i knew that as i got a little bit older

389

00:16:31,670 --> 00:16:27,920

and i went to school through

390

00:16:33,189 --> 00:16:31,680

indoctrination i would forget who i was

391

00:16:36,790 --> 00:16:33,199

and um

392

00:16:39,829 --> 00:16:36,800

i also knew that it would be

393

00:16:41,749 --> 00:16:39,839

it would be a lonely path

394

00:16:44,069 --> 00:16:41,759

but you know even as a four-year-old i

395

00:16:46,310 --> 00:16:44,079

felt really strong inside and i i felt

396

00:16:49,189 --> 00:16:46,320

brave and i knew that i could do it

397

00:16:51,030 --> 00:16:49,199

i also knew that before the end of this

398

00:16:53,829 --> 00:16:51,040

physical incarnation

399

00:16:55,030 --> 00:16:53,839

that i would remember who i was again

400

00:16:56,389 --> 00:16:55,040

so

401
00:16:58,310 --> 00:16:56,399
these were my thoughts as a

402
00:16:59,910 --> 00:16:58,320
four-year-old

403
00:17:01,749 --> 00:16:59,920
so then

404
00:17:04,390 --> 00:17:01,759
i'm gonna just jump forward to when i

405
00:17:06,710 --> 00:17:04,400
was seven years old

406
00:17:09,029 --> 00:17:06,720
and so

407
00:17:10,789 --> 00:17:09,039
something happened between the ages of

408
00:17:13,669 --> 00:17:10,799
four and seven that i'd have no

409
00:17:15,590 --> 00:17:13,679
recollection of

410
00:17:20,710 --> 00:17:15,600
because by the time i was seven years

411
00:17:25,029 --> 00:17:23,110
so i was still doing this thing at night

412
00:17:27,189 --> 00:17:25,039
where i'd lay in the dark and i just

413
00:17:29,430 --> 00:17:27,199

keep my eyes open and i'd see all kinds

414

00:17:33,669 --> 00:17:29,440

of images and people walking into my

415

00:17:36,070 --> 00:17:33,679

room trying to talk to me and

416

00:17:37,990 --> 00:17:36,080

i had this experience one night when i

417

00:17:39,990 --> 00:17:38,000

was seven

418

00:17:41,909 --> 00:17:40,000

i was looking at the dolls

419

00:17:43,350 --> 00:17:41,919

on my shelf

420

00:17:45,510 --> 00:17:43,360

there was a little bit of light in the

421

00:17:47,270 --> 00:17:45,520

room so i could see them across the room

422

00:17:49,669 --> 00:17:47,280

on the shelf

423

00:17:52,870 --> 00:17:49,679

and as i was laying there staring at

424

00:17:54,470 --> 00:17:52,880

them they started moving their eyes and

425

00:17:55,990 --> 00:17:54,480

their mouths

426
00:17:58,070 --> 00:17:56,000
and i

427
00:18:00,630 --> 00:17:58,080
got scared and just pulled the covers up

428
00:18:02,390 --> 00:18:00,640
over my head i was like nope that's

429
00:18:04,230 --> 00:18:02,400
that's a little bit too far

430
00:18:05,669 --> 00:18:04,240
i don't want to see that

431
00:18:12,150 --> 00:18:05,679
and

432
00:18:15,190 --> 00:18:12,160
they were still coming to life

433
00:18:16,470 --> 00:18:15,200
and so i kind of accepted it and i laid

434
00:18:19,430 --> 00:18:16,480
there and i looked

435
00:18:23,110 --> 00:18:19,440
just watched them and

436
00:18:25,750 --> 00:18:23,120
i think that my state of consciousness

437
00:18:29,510 --> 00:18:25,760
was shifting

438
00:18:31,669 --> 00:18:29,520

and i watched these dolls two of them

439

00:18:34,150 --> 00:18:31,679

step off of the shelf

440

00:18:37,430 --> 00:18:34,160

and as they stepped down they grew in

441

00:18:38,630 --> 00:18:37,440

size to about three and a half foot four

442

00:18:41,270 --> 00:18:38,640

foot tall

443

00:18:44,310 --> 00:18:41,280

and they turned into star people

444

00:18:47,110 --> 00:18:44,320

and they walked right up to my bed

445

00:18:48,710 --> 00:18:47,120

one of them walked up right to my pillow

446

00:18:49,750 --> 00:18:48,720

and the other one was at the foot of my

447

00:18:51,909 --> 00:18:49,760

bed

448

00:18:54,549 --> 00:18:51,919

and then when i saw them i was like oh

449

00:18:56,710 --> 00:18:54,559

okay it's just them oh that's okay

450

00:18:59,029 --> 00:18:56,720

and i i sat up in the bed i threw the

451
00:19:00,950 --> 00:18:59,039
blankets off and i it's like i already

452
00:19:03,669 --> 00:19:00,960
knew like i was already used to doing it

453
00:19:05,750 --> 00:19:03,679
i just hopped out of the bed and

454
00:19:07,190 --> 00:19:05,760
the one next to my pillow held my left

455
00:19:08,710 --> 00:19:07,200
hand and the one at the foot of the bed

456
00:19:10,549 --> 00:19:08,720
held my right hand

457
00:19:12,470 --> 00:19:10,559
and we just i just walked with them like

458
00:19:14,310 --> 00:19:12,480
you know i was totally comfortable and

459
00:19:16,470 --> 00:19:14,320
we walked out my bedroom and right out

460
00:19:19,110 --> 00:19:16,480
the living room right off the front door

461
00:19:20,390 --> 00:19:19,120
and i don't remember where we went or

462
00:19:21,430 --> 00:19:20,400
anything

463
00:19:23,350 --> 00:19:21,440

but

464

00:19:25,029 --> 00:19:23,360

that was you know one of those moments

465

00:19:28,310 --> 00:19:25,039

when i

466

00:19:30,710 --> 00:19:28,320

you know i i realize now looking back

467

00:19:33,990 --> 00:19:30,720

well by the time i was seven years old

468

00:19:36,230 --> 00:19:34,000

i was already pretty familiar with them

469

00:19:39,430 --> 00:19:36,240

and so i had a couple of experiences

470

00:19:41,270 --> 00:19:39,440

when i was seven years old um

471

00:19:42,870 --> 00:19:41,280

so there's another one

472

00:19:44,310 --> 00:19:42,880

that i'd like to tell you about because

473

00:19:47,110 --> 00:19:44,320

this

474

00:19:49,830 --> 00:19:47,120

begins the whole uh the secret

475

00:19:51,350 --> 00:19:49,840

government the military involvement with

476

00:19:54,390 --> 00:19:51,360

it

477

00:19:57,750 --> 00:19:54,400

so um one night

478

00:20:01,029 --> 00:19:57,760

i'm laying in my bed and into my room

479

00:20:03,190 --> 00:20:01,039

comes running this little star person

480

00:20:05,029 --> 00:20:03,200

who is very short maybe only three foot

481

00:20:07,029 --> 00:20:05,039

tall

482

00:20:09,270 --> 00:20:07,039

and

483

00:20:11,110 --> 00:20:09,280

he was he was like uh in an urgent

484

00:20:13,430 --> 00:20:11,120

manner he's like come on we gotta we

485

00:20:15,590 --> 00:20:13,440

gotta hide we gotta hide and so i jumped

486

00:20:18,230 --> 00:20:15,600

out of the bed and we ended up going

487

00:20:19,430 --> 00:20:18,240

into the hallway closet

488

00:20:21,190 --> 00:20:19,440

and we

489

00:20:22,149 --> 00:20:21,200

we got into the closet shut the door and

490

00:20:24,710 --> 00:20:22,159

he

491

00:20:27,430 --> 00:20:24,720

explained to me really fast that some

492

00:20:29,190 --> 00:20:27,440

some bad men were coming into the house

493

00:20:30,630 --> 00:20:29,200

and they were they were looking for us

494

00:20:32,870 --> 00:20:30,640

so we're hiding

495

00:20:34,710 --> 00:20:32,880

so we were really quiet and i remember

496

00:20:36,630 --> 00:20:34,720

standing in the closet

497

00:20:38,310 --> 00:20:36,640

with him and and looking down at him so

498

00:20:40,070 --> 00:20:38,320

i know he's really short because i was

499

00:20:42,230 --> 00:20:40,080

only seven

500

00:20:44,630 --> 00:20:42,240

and when he was looking at me up at me i

501
00:20:46,789 --> 00:20:44,640
was looking down at him

502
00:20:49,430 --> 00:20:46,799
really quiet and so i heard the door

503
00:20:52,710 --> 00:20:49,440
front door open and

504
00:20:54,950 --> 00:20:52,720
apparently a couple of men came in

505
00:20:56,950 --> 00:20:54,960
and were looking around

506
00:20:59,270 --> 00:20:56,960
and i guess they were looking for me but

507
00:21:01,029 --> 00:20:59,280
they didn't find me so they went back

508
00:21:03,990 --> 00:21:01,039
out the front door

509
00:21:05,750 --> 00:21:04,000
and we waited for a little while and we

510
00:21:07,909 --> 00:21:05,760
thought the coast was clear so we

511
00:21:09,990 --> 00:21:07,919
stepped out of the closet

512
00:21:11,750 --> 00:21:10,000
and there was nobody in the house i mean

513
00:21:13,750 --> 00:21:11,760

my parents were in bed sleeping this

514

00:21:14,870 --> 00:21:13,760

whole time

515

00:21:16,710 --> 00:21:14,880

so we

516

00:21:18,230 --> 00:21:16,720

went to the front to the front of the

517

00:21:19,750 --> 00:21:18,240

house and looked out the windows and

518

00:21:22,390 --> 00:21:19,760

didn't see anything out there and we

519

00:21:24,230 --> 00:21:22,400

thought okay well he wanted me to go

520

00:21:26,070 --> 00:21:24,240

someplace with him he wanted me to go

521

00:21:28,950 --> 00:21:26,080

out the front door and go someplace with

522

00:21:30,789 --> 00:21:28,960

him not sure where

523

00:21:32,470 --> 00:21:30,799

um so we end up walking out the front

524

00:21:34,390 --> 00:21:32,480

door together

525

00:21:35,909 --> 00:21:34,400

but as soon as we get down the front

526
00:21:40,149 --> 00:21:35,919
steps these two

527
00:21:41,350 --> 00:21:40,159
men these human men come rushing at us

528
00:21:44,149 --> 00:21:41,360
well

529
00:21:46,630 --> 00:21:44,159
the little star person ended up running

530
00:21:49,430 --> 00:21:46,640
one one way and i ran the other i ran

531
00:21:51,270 --> 00:21:49,440
across the street to my neighbor's house

532
00:21:53,350 --> 00:21:51,280
and i was very familiar with their house

533
00:21:56,230 --> 00:21:53,360
i went over there all the time

534
00:21:59,669 --> 00:21:56,240
and these men were chasing me

535
00:22:01,190 --> 00:21:59,679
so i had really just had enough time to

536
00:22:03,909 --> 00:22:01,200
get to the neighbor's house and run in

537
00:22:05,750 --> 00:22:03,919
their back door their kitchen door

538
00:22:08,470 --> 00:22:05,760

and they had a little kitchen with a

539

00:22:11,270 --> 00:22:08,480

round wooden table

540

00:22:13,750 --> 00:22:11,280

and so these men were right behind me

541

00:22:15,830 --> 00:22:13,760

and they came in the door and

542

00:22:17,909 --> 00:22:15,840

i started playing this little game of

543

00:22:20,230 --> 00:22:17,919

let's run around the table to get away

544

00:22:21,990 --> 00:22:20,240

from these men of course they

545

00:22:23,990 --> 00:22:22,000

had no problem catching me since there

546

00:22:25,270 --> 00:22:24,000

was two of them

547

00:22:27,110 --> 00:22:25,280

but this

548

00:22:30,390 --> 00:22:27,120

this man

549

00:22:32,630 --> 00:22:30,400

stuck his foot out and tripped me

550

00:22:35,590 --> 00:22:32,640

and i fell face first

551
00:22:38,149 --> 00:22:35,600
and as i fell he put something a little

552
00:22:39,669 --> 00:22:38,159
piece of metal

553
00:22:40,950 --> 00:22:39,679
right under my

554
00:22:43,510 --> 00:22:40,960
my lower

555
00:22:49,110 --> 00:22:43,520
left-hand side rib cage

556
00:22:55,350 --> 00:22:50,230
i

557
00:22:57,669 --> 00:22:55,360
a table a

558
00:22:59,669 --> 00:22:57,679
silver like a metal table

559
00:23:01,270 --> 00:22:59,679
and laying next to me

560
00:23:03,669 --> 00:23:01,280
was a girl

561
00:23:06,230 --> 00:23:03,679
who was a bit older than me she was

562
00:23:09,990 --> 00:23:06,240
probably about 18 or so

563
00:23:12,470 --> 00:23:10,000

and we were tied down to these tables

564

00:23:17,830 --> 00:23:15,270

those the bad men that had captured me

565

00:23:20,070 --> 00:23:17,840

or whatever i didn't see them

566

00:23:21,510 --> 00:23:20,080

it was just me and this girl

567

00:23:23,909 --> 00:23:21,520

and

568

00:23:26,470 --> 00:23:23,919

we were really trying to comfort each

569

00:23:28,230 --> 00:23:26,480

other she we were you know smiling at

570

00:23:30,470 --> 00:23:28,240

each other and talking to each other and

571

00:23:32,070 --> 00:23:30,480

we were both really we were scared and

572

00:23:34,710 --> 00:23:32,080

really nervous

573

00:23:37,110 --> 00:23:34,720

didn't know what was going on

574

00:23:39,110 --> 00:23:37,120

and the room that i was in

575

00:23:40,070 --> 00:23:39,120

um i know now

576
00:23:43,190 --> 00:23:40,080
is

577
00:23:45,350 --> 00:23:43,200
it's an underground military base

578
00:23:46,630 --> 00:23:45,360
and what it looked like was

579
00:23:49,590 --> 00:23:46,640
um

580
00:23:52,630 --> 00:23:49,600
gray walls painted gray

581
00:23:54,470 --> 00:23:52,640
and the main feature that i remember are

582
00:23:55,350 --> 00:23:54,480
these double doors

583
00:23:56,789 --> 00:23:55,360
um

584
00:23:59,269 --> 00:23:56,799
they were metal

585
00:24:01,190 --> 00:23:59,279
and they had the kind of uh bar that you

586
00:24:03,669 --> 00:24:01,200
pushed to open the door

587
00:24:06,950 --> 00:24:03,679
and they both had windows on them and

588
00:24:07,909 --> 00:24:06,960

they the windows had like uh cross criss

589

00:24:11,990 --> 00:24:07,919

cross

590

00:24:16,310 --> 00:24:15,269

and the tables that we were on were at

591

00:24:19,269 --> 00:24:16,320

the bottom

592

00:24:21,830 --> 00:24:19,279

of these stairs like these double doors

593

00:24:25,510 --> 00:24:21,840

were up on a landing and there were a

594

00:24:27,269 --> 00:24:25,520

set of stairs that came down either side

595

00:24:29,990 --> 00:24:27,279

and

596

00:24:32,470 --> 00:24:30,000

someone then walked over to us

597

00:24:35,110 --> 00:24:32,480

i don't quite remember what this person

598

00:24:37,110 --> 00:24:35,120

looked like but it was human

599

00:24:40,549 --> 00:24:37,120

and they said to us

600

00:24:43,830 --> 00:24:40,559

uh we are going to coat you with gold

601
00:24:45,909 --> 00:24:43,840
and turn you into statues

602
00:24:46,870 --> 00:24:45,919
i didn't know what that meant but i knew

603
00:24:48,710 --> 00:24:46,880
that

604
00:24:50,070 --> 00:24:48,720
if i got coated with gold i probably

605
00:24:52,230 --> 00:24:50,080
wouldn't be able to breathe and so i

606
00:24:54,149 --> 00:24:52,240
wondered if i was going to die

607
00:24:55,510 --> 00:24:54,159
and it was really scary

608
00:24:58,390 --> 00:24:55,520
and

609
00:24:59,990 --> 00:24:58,400
you know i don't remember anything about

610
00:25:02,310 --> 00:25:00,000
whatever else happened i don't remember

611
00:25:04,149 --> 00:25:02,320
it i ended up waking up at my bed and i

612
00:25:07,269 --> 00:25:04,159
was fine

613
00:25:09,430 --> 00:25:07,279

but since then over the years

614

00:25:11,190 --> 00:25:09,440

i went back to that place that same

615

00:25:12,549 --> 00:25:11,200

exact room

616

00:25:15,350 --> 00:25:12,559

and

617

00:25:17,750 --> 00:25:15,360

i have memories of it from when i was a

618

00:25:20,390 --> 00:25:17,760

little girl of being in there

619

00:25:22,230 --> 00:25:20,400

and there was a doctor a man who i

620

00:25:24,870 --> 00:25:22,240

called a doctor

621

00:25:27,669 --> 00:25:24,880

he was human everybody there was human

622

00:25:30,710 --> 00:25:27,679

and there were nurses

623

00:25:34,470 --> 00:25:30,720

they were very friendly to me actually

624

00:25:38,870 --> 00:25:36,710

four and a half five years old my my

625

00:25:41,190 --> 00:25:38,880

parents brought me to the local public

626

00:25:42,870 --> 00:25:41,200

school to start school

627

00:25:46,070 --> 00:25:42,880

and

628

00:25:47,990 --> 00:25:46,080

because i was already um

629

00:25:50,230 --> 00:25:48,000

i could already write my name i already

630

00:25:53,830 --> 00:25:50,240

knew the alphabet and i could

631

00:25:55,750 --> 00:25:53,840

i could count you know pretty high

632

00:25:58,630 --> 00:25:55,760

so they gave me the option they actually

633

00:26:00,230 --> 00:25:58,640

asked me you know my mom took me into

634

00:26:01,990 --> 00:26:00,240

the office at the school and they said

635

00:26:04,470 --> 00:26:02,000

well do you want to go to kindergarten

636

00:26:06,149 --> 00:26:04,480

or do you want to go to first grade

637

00:26:07,430 --> 00:26:06,159

and i said i want to go to kindergarten

638

00:26:09,590 --> 00:26:07,440

because

639

00:26:12,710 --> 00:26:09,600

i had heard somebody say that

640

00:26:16,149 --> 00:26:12,720

kindergarten was nursery school

641

00:26:18,870 --> 00:26:16,159

and i was so fond of the nurses

642

00:26:20,470 --> 00:26:18,880

in this this place that i went at night

643

00:26:22,070 --> 00:26:20,480

that i thought oh i want to see the

644

00:26:24,310 --> 00:26:22,080

nurses because they're really nice to me

645

00:26:26,630 --> 00:26:24,320

so i chose kindergarten because i

646

00:26:27,909 --> 00:26:26,640

thought nurses would be there and i was

647

00:26:29,350 --> 00:26:27,919

really disappointed when they didn't

648

00:26:30,870 --> 00:26:29,360

show up

649

00:26:33,269 --> 00:26:30,880

um

650

00:26:34,789 --> 00:26:33,279

so that was my beginning with this whole

651
00:26:38,710 --> 00:26:34,799
thing

652
00:26:40,950 --> 00:26:38,720
and um as i was getting older

653
00:26:44,149 --> 00:26:40,960
um like when i was 11 years old i had

654
00:26:45,909 --> 00:26:44,159
another experience um seeing the star

655
00:26:47,190 --> 00:26:45,919
people

656
00:26:48,310 --> 00:26:47,200
i was

657
00:26:50,149 --> 00:26:48,320
um

658
00:26:51,830 --> 00:26:50,159
i was getting ready for bed one night i

659
00:26:53,909 --> 00:26:51,840
was just laying in bed

660
00:26:55,830 --> 00:26:53,919
you know waiting to fall asleep

661
00:26:58,149 --> 00:26:55,840
again and

662
00:27:00,310 --> 00:26:58,159
i was looking out my window and i saw

663
00:27:01,750 --> 00:27:00,320

this bright white light fall out of the

664

00:27:03,029 --> 00:27:01,760

sky

665

00:27:06,230 --> 00:27:03,039

and land

666

00:27:07,430 --> 00:27:06,240

in the neighbor's yard

667

00:27:09,990 --> 00:27:07,440

and i

668

00:27:11,990 --> 00:27:10,000

i called out to my parents and my dad

669

00:27:15,350 --> 00:27:12,000

came in the room and i i told him what i

670

00:27:16,950 --> 00:27:15,360

saw and he looked out the window and

671

00:27:18,630 --> 00:27:16,960

you know he just tried to calm me down

672

00:27:20,389 --> 00:27:18,640

he's like well it's okay you know in the

673

00:27:22,549 --> 00:27:20,399

morning i'll go out there and i'll check

674

00:27:24,070 --> 00:27:22,559

it out i'll see what's out there i was

675

00:27:29,510 --> 00:27:24,080

like okay

676
00:27:34,549 --> 00:27:30,630
i saw

677
00:27:35,750 --> 00:27:34,559
saucer shape

678
00:27:37,110 --> 00:27:35,760
object

679
00:27:38,789 --> 00:27:37,120
landing

680
00:27:40,870 --> 00:27:38,799
on the side of my house there was a

681
00:27:43,590 --> 00:27:40,880
parking lot right over there

682
00:27:45,990 --> 00:27:43,600
this is as we had moved to a new house

683
00:27:48,310 --> 00:27:46,000
so we were more like in town

684
00:27:49,510 --> 00:27:48,320
and there was a parking lot right there

685
00:27:59,190 --> 00:27:49,520
and

686
00:28:01,430 --> 00:27:59,200
i really think that i was out of body

687
00:28:03,350 --> 00:28:01,440
a lot of my experiences

688
00:28:06,310 --> 00:28:03,360

happen out of body

689

00:28:08,789 --> 00:28:06,320

and i think that i am going to the

690

00:28:11,190 --> 00:28:08,799

etheric plane to meet with these star

691

00:28:13,269 --> 00:28:11,200

people and i'll get more into explaining

692

00:28:16,549 --> 00:28:13,279

that in a little while

693

00:28:19,110 --> 00:28:16,559

so i i ran out of the house out the door

694

00:28:20,630 --> 00:28:19,120

and into the parking lot and these

695

00:28:23,830 --> 00:28:20,640

storm people were out there and these

696

00:28:25,510 --> 00:28:23,840

were a tight that i had not seen yet

697

00:28:27,830 --> 00:28:25,520

they were taller

698

00:28:30,630 --> 00:28:27,840

they were probably

699

00:28:33,510 --> 00:28:30,640

at least six foot tall some taller

700

00:28:35,350 --> 00:28:33,520

they were thin with very white skin

701
00:28:38,310 --> 00:28:35,360
and their heads were

702
00:28:40,230 --> 00:28:38,320
uh more human sized not not huge bobas

703
00:28:42,389 --> 00:28:40,240
heads but more like a human and their

704
00:28:44,789 --> 00:28:42,399
eyes were more human-like

705
00:28:47,190 --> 00:28:44,799
maybe a little bit bigger

706
00:28:48,389 --> 00:28:47,200
some had blue eyes and some had black

707
00:28:51,430 --> 00:28:48,399
eyes

708
00:28:52,870 --> 00:28:51,440
and really none of them had hair at all

709
00:28:54,549 --> 00:28:52,880
so they were

710
00:28:57,190 --> 00:28:54,559
brand new to me

711
00:28:59,190 --> 00:28:57,200
and but they seem to know me they seemed

712
00:29:00,710 --> 00:28:59,200
to know me already and they called me by

713
00:29:02,710 --> 00:29:00,720

name

714

00:29:04,710 --> 00:29:02,720

and

715

00:29:06,549 --> 00:29:04,720

i think they were just kind of

716

00:29:08,230 --> 00:29:06,559

fascinated with me and i was fascinated

717

00:29:09,909 --> 00:29:08,240

with them and we sat there for a few

718

00:29:11,990 --> 00:29:09,919

minutes and talked

719

00:29:14,230 --> 00:29:12,000

and they said that they would really

720

00:29:16,470 --> 00:29:14,240

like to come back and see me again

721

00:29:19,510 --> 00:29:16,480

and that was fine with me

722

00:29:22,230 --> 00:29:19,520

so i woke up in my bed the next morning

723

00:29:23,909 --> 00:29:22,240

and i was so excited i jumped up and i i

724

00:29:25,430 --> 00:29:23,919

ran around the house and

725

00:29:28,310 --> 00:29:25,440

my cousins were staying with me at the

726

00:29:30,230 --> 00:29:28,320

time and i told them about it and i told

727

00:29:31,269 --> 00:29:30,240

my parents about it

728

00:29:33,110 --> 00:29:31,279

and so

729

00:29:34,710 --> 00:29:33,120

my cousins and i made this little game

730

00:29:36,549 --> 00:29:34,720

out of it so we went out into the

731

00:29:38,710 --> 00:29:36,559

parking lot and we had

732

00:29:40,470 --> 00:29:38,720

you know we had a notebook and pens and

733

00:29:43,350 --> 00:29:40,480

i think somebody had a tape recorder and

734

00:29:46,389 --> 00:29:43,360

we were like doing our detective work on

735

00:29:49,350 --> 00:29:46,399

the parking lot looking for ufo marks

736

00:29:51,110 --> 00:29:49,360

and we didn't really find anything

737

00:29:52,500 --> 00:29:51,120

um but

738

00:29:53,590 --> 00:29:52,510

yeah that was one of the

739

00:29:54,389 --> 00:29:53,600

[Music]

740

00:29:56,549 --> 00:29:54,399

last

741

00:29:58,789 --> 00:29:56,559

experiences that i really remember

742

00:30:01,510 --> 00:29:58,799

from my childhood

743

00:30:04,149 --> 00:30:01,520

and then i did actually

744

00:30:06,230 --> 00:30:04,159

i did kind of start to forget about

745

00:30:08,549 --> 00:30:06,240

those experiences as i was going to

746

00:30:10,870 --> 00:30:08,559

school and getting really involved with

747

00:30:12,070 --> 00:30:10,880

activities at school

748

00:30:14,870 --> 00:30:12,080

and

749

00:30:15,830 --> 00:30:14,880

i was just distracted you know from my

750

00:30:18,230 --> 00:30:15,840

nightly

751

00:30:21,669 --> 00:30:18,240

excursions

752

00:30:23,990 --> 00:30:21,679

so it wasn't until i was about 19 or 20

753

00:30:27,190 --> 00:30:24,000

years old when this really started

754

00:30:30,789 --> 00:30:27,200

picking up for me again

755

00:30:32,470 --> 00:30:30,799

and i think that i had um like an event

756

00:30:33,909 --> 00:30:32,480

that triggered

757

00:30:36,950 --> 00:30:33,919

my mind

758

00:30:39,909 --> 00:30:36,960

because when i was 19

759

00:30:41,990 --> 00:30:39,919

i started to read the book intruders by

760

00:30:44,389 --> 00:30:42,000

bud hawkins

761

00:30:46,230 --> 00:30:44,399

and some of you probably know that's

762

00:30:48,789 --> 00:30:46,240

kind of a scary story

763

00:30:53,110 --> 00:30:48,799

it's about an alien abductee this poor

764

00:30:54,789 --> 00:30:53,120

lady she's you know she's like a victim

765

00:30:56,870 --> 00:30:54,799

and i couldn't i couldn't get very far

766

00:30:59,669 --> 00:30:56,880

in the book before i had to put it down

767

00:31:01,350 --> 00:30:59,679

uh because it was scary

768

00:31:03,430 --> 00:31:01,360

so a couple of months went by i picked

769

00:31:05,590 --> 00:31:03,440

the book back up again and i thought

770

00:31:07,909 --> 00:31:05,600

okay i'm gonna read this

771

00:31:09,190 --> 00:31:07,919

so i got into it a little bit and i just

772

00:31:12,070 --> 00:31:09,200

i realized

773

00:31:15,110 --> 00:31:12,080

it just it just hit me so hard that this

774

00:31:19,350 --> 00:31:15,120

was very similar to what was happening

775

00:31:21,750 --> 00:31:19,360

with me and my experiences at night

776

00:31:24,230 --> 00:31:21,760

and then i also end up reading the book

777

00:31:27,350 --> 00:31:24,240

communion by whitley streiber

778

00:31:28,870 --> 00:31:27,360

and that i related a bit more to

779

00:31:31,110 --> 00:31:28,880

um because

780

00:31:32,870 --> 00:31:31,120

you know he whitley striver

781

00:31:35,430 --> 00:31:32,880

considers these

782

00:31:37,430 --> 00:31:35,440

store people to be teachers

783

00:31:40,070 --> 00:31:37,440

and that's also the way that i view them

784

00:31:45,350 --> 00:31:41,110

so

785

00:31:48,470 --> 00:31:45,360

after i had this trigger event happen

786

00:31:50,549 --> 00:31:48,480

i started having really intense

787

00:31:53,830 --> 00:31:50,559

uh visitations

788

00:31:56,870 --> 00:31:53,840

for about a period of five years

789

00:31:58,950 --> 00:31:56,880

and i was seeing the story people

790

00:32:00,789 --> 00:31:58,960

something like once a week something

791

00:32:03,269 --> 00:32:00,799

sometimes twice a week

792

00:32:05,830 --> 00:32:03,279

and also in addition to that

793

00:32:07,590 --> 00:32:05,840

there were military trained psychics who

794

00:32:09,190 --> 00:32:07,600

were coming to visit me

795

00:32:12,149 --> 00:32:09,200

sometimes after the star people would

796

00:32:13,110 --> 00:32:12,159

leave then i would see these human

797

00:32:15,350 --> 00:32:13,120

uh

798

00:32:17,669 --> 00:32:15,360

psychics showing up

799

00:32:19,029 --> 00:32:17,679

so another thing that happened right

800

00:32:20,230 --> 00:32:19,039

around that time

801
00:32:22,950 --> 00:32:20,240
um

802
00:32:25,190 --> 00:32:22,960
and i was about 19 years old

803
00:32:28,149 --> 00:32:25,200
i read a book by edgar casey

804
00:32:30,710 --> 00:32:28,159
about dreams and dream symbolism

805
00:32:32,149 --> 00:32:30,720
and edgar cayce suggested

806
00:32:34,389 --> 00:32:32,159
keeping a

807
00:32:36,870 --> 00:32:34,399
a journal by your bedside and writing

808
00:32:39,269 --> 00:32:36,880
your dreams down every morning

809
00:32:41,350 --> 00:32:39,279
and this way you could develop a dream

810
00:32:43,509 --> 00:32:41,360
dictionary with your own personal

811
00:32:45,190 --> 00:32:43,519
symbolism

812
00:32:47,990 --> 00:32:45,200
and so i was very interested in doing

813
00:32:50,310 --> 00:32:48,000

that and i started writing my dreams now

814

00:32:53,029 --> 00:32:50,320

and it did take me probably about four

815

00:32:54,870 --> 00:32:53,039

months to actually train my brain to do

816

00:32:56,470 --> 00:32:54,880

it like every morning i would remember

817

00:32:59,110 --> 00:32:56,480

my dreams and

818

00:33:01,430 --> 00:32:59,120

you know like three or four dreams

819

00:33:04,310 --> 00:33:01,440

and i recorded all of these and i've

820

00:33:06,070 --> 00:33:04,320

i've been recording my experiences for

821

00:33:09,110 --> 00:33:06,080

35 years now

822

00:33:10,950 --> 00:33:09,120

i have all of it recorded

823

00:33:13,350 --> 00:33:10,960

and so

824

00:33:15,669 --> 00:33:13,360

i started to notice the dream symbolism

825

00:33:18,149 --> 00:33:15,679

you know it's it's unique for each

826

00:33:20,549 --> 00:33:18,159

person it's it's personal

827

00:33:23,350 --> 00:33:20,559

and so i started noticing the patterns

828

00:33:25,750 --> 00:33:23,360

and figuring that out but but also

829

00:33:28,149 --> 00:33:25,760

i was having these experiences

830

00:33:29,669 --> 00:33:28,159

with these um beings that were coming to

831

00:33:31,830 --> 00:33:29,679

visit me

832

00:33:35,110 --> 00:33:31,840

and i just started to put this all

833

00:33:38,149 --> 00:33:35,120

together in my mind and

834

00:33:40,230 --> 00:33:38,159

like i said this intense period happened

835

00:33:42,230 --> 00:33:40,240

in my early twenties it was about five

836

00:33:44,389 --> 00:33:42,240

years and i call it the star people

837

00:33:46,310 --> 00:33:44,399

school

838

00:33:48,389 --> 00:33:46,320

so

839

00:33:50,710 --> 00:33:48,399

the star people

840

00:33:53,990 --> 00:33:50,720

when this started out when i was about

841

00:33:54,950 --> 00:33:54,000

20. they would come into my bedroom at

842

00:33:57,509 --> 00:33:54,960

night

843

00:34:00,070 --> 00:33:57,519

now sometimes it would be

844

00:34:02,870 --> 00:34:00,080

the smaller

845

00:34:04,950 --> 00:34:02,880

star people that are

846

00:34:07,350 --> 00:34:04,960

they could be zetas

847

00:34:09,270 --> 00:34:07,360

or they could be grays

848

00:34:10,790 --> 00:34:09,280

they're something like three and a half

849

00:34:12,869 --> 00:34:10,800

or four foot tall

850

00:34:13,909 --> 00:34:12,879

some of them have like a tan colored

851
00:34:18,389 --> 00:34:13,919
skin

852
00:34:21,109 --> 00:34:18,399
and they had the big heads and the big

853
00:34:23,750 --> 00:34:21,119
black eyes

854
00:34:25,190 --> 00:34:23,760
so what would normally happen was

855
00:34:28,389 --> 00:34:25,200
um

856
00:34:30,310 --> 00:34:28,399
first of all i had i'm empathic and i

857
00:34:31,430 --> 00:34:30,320
could feel when they were around like i

858
00:34:33,430 --> 00:34:31,440
would know

859
00:34:34,389 --> 00:34:33,440
i would usually know before i went to

860
00:34:36,230 --> 00:34:34,399
sleep

861
00:34:39,030 --> 00:34:36,240
if they were around

862
00:34:41,990 --> 00:34:39,040
because i would sometimes hear these

863
00:34:43,669 --> 00:34:42,000

weird noises outside like i'd call them

864

00:34:44,950 --> 00:34:43,679

cartoon noises

865

00:34:48,550 --> 00:34:44,960

and it was like

866

00:34:49,750 --> 00:34:48,560

like boeing zip were you know like very

867

00:34:51,190 --> 00:34:49,760

just strange

868

00:34:52,550 --> 00:34:51,200

kind of unnatural

869

00:34:54,790 --> 00:34:52,560

sounds that would

870

00:34:55,909 --> 00:34:54,800

i would associate with this

871

00:34:58,310 --> 00:34:55,919

so

872

00:35:00,790 --> 00:34:58,320

what would happen was um

873

00:35:02,390 --> 00:35:00,800

i i'd be laying in bed at night waiting

874

00:35:04,310 --> 00:35:02,400

to go to sleep

875

00:35:05,670 --> 00:35:04,320

and similar to what i did when i was

876

00:35:06,950 --> 00:35:05,680

little when i would just stare into the

877

00:35:09,109 --> 00:35:06,960

darkness

878

00:35:10,950 --> 00:35:09,119

so i'd lay there and just kind of be you

879

00:35:11,910 --> 00:35:10,960

know laying there waiting to go to sleep

880

00:35:15,349 --> 00:35:11,920

and

881

00:35:18,870 --> 00:35:15,359

i would feel these star people

882

00:35:21,349 --> 00:35:18,880

uh nearby either outside or

883

00:35:23,510 --> 00:35:21,359

you know coming into the house

884

00:35:25,829 --> 00:35:23,520

and i was usually pretty calm about it

885

00:35:27,670 --> 00:35:25,839

and i let it happen because

886

00:35:29,270 --> 00:35:27,680

you know i'd been through it all my life

887

00:35:33,109 --> 00:35:29,280

already so

888

00:35:35,109 --> 00:35:33,119

i wasn't really scared of it

889

00:35:36,630 --> 00:35:35,119

so two or three of them would come into

890

00:35:38,630 --> 00:35:36,640

my room

891

00:35:41,670 --> 00:35:38,640

and

892

00:35:44,230 --> 00:35:41,680

they were teaching me how to raise my

893

00:35:46,230 --> 00:35:44,240

vibrational frequency

894

00:35:47,109 --> 00:35:46,240

and it started out

895

00:35:49,349 --> 00:35:47,119

where

896

00:35:50,790 --> 00:35:49,359

i'd be laying in the bed

897

00:35:52,710 --> 00:35:50,800

and

898

00:35:54,390 --> 00:35:52,720

i would start to feel my body getting

899

00:35:56,310 --> 00:35:54,400

really relaxed like all my muscles

900

00:35:59,270 --> 00:35:56,320

relaxing my body was going to sleep but

901
00:36:01,109 --> 00:35:59,280
my conscious awareness was awake

902
00:36:03,990 --> 00:36:01,119
and sometimes i'd lay there with my eyes

903
00:36:05,829 --> 00:36:04,000
open while this all played out

904
00:36:07,589 --> 00:36:05,839
and i could see them

905
00:36:10,630 --> 00:36:07,599
and

906
00:36:12,230 --> 00:36:10,640
my i could feel my awareness shifting

907
00:36:14,790 --> 00:36:12,240
like i was going into another state of

908
00:36:16,790 --> 00:36:14,800
consciousness

909
00:36:19,190 --> 00:36:16,800
well a number of times

910
00:36:22,230 --> 00:36:19,200
these couple of star people would

911
00:36:25,190 --> 00:36:22,240
pull me right out of my body

912
00:36:27,589 --> 00:36:25,200
they were taking my conscious awareness

913
00:36:29,349 --> 00:36:27,599

right out of my physical body

914

00:36:32,550 --> 00:36:29,359

and one time they were doing this they

915

00:36:34,230 --> 00:36:32,560

were actually pulling me by my shoulders

916

00:36:35,829 --> 00:36:34,240

one on each shoulder just kind of

917

00:36:37,430 --> 00:36:35,839

pulling me out and because they were so

918

00:36:38,950 --> 00:36:37,440

short they were kind of

919

00:36:41,109 --> 00:36:38,960

pulling me down towards the floor a

920

00:36:43,910 --> 00:36:41,119

little bit

921

00:36:45,990 --> 00:36:43,920

and i i felt myself leaving my body my

922

00:36:47,430 --> 00:36:46,000

physical body was in the bed and i was

923

00:36:48,470 --> 00:36:47,440

leaving it

924

00:36:49,750 --> 00:36:48,480

and my

925

00:36:52,069 --> 00:36:49,760

my daughter

926
00:36:53,829 --> 00:36:52,079
who was probably three years old at the

927
00:36:55,190 --> 00:36:53,839
time she was laying in the bed with me

928
00:36:57,430 --> 00:36:55,200
that night

929
00:37:00,470 --> 00:36:57,440
and she actually sat up in the bed

930
00:37:03,030 --> 00:37:00,480
physically and yelled out

931
00:37:04,790 --> 00:37:03,040
mommy where are you going

932
00:37:06,630 --> 00:37:04,800
and that just

933
00:37:09,030 --> 00:37:06,640
snapped me right back into my body i was

934
00:37:12,069 --> 00:37:09,040
like okay nope i'm not gonna go and i

935
00:37:15,270 --> 00:37:12,079
snap myself back into my body and i

936
00:37:17,109 --> 00:37:15,280
i i woke up and i i gave her a hug and i

937
00:37:19,829 --> 00:37:17,119
said that's okay honey i'm not gonna go

938
00:37:22,790 --> 00:37:19,839

anywhere and i stayed right there

939

00:37:24,710 --> 00:37:22,800

so i did have a choice you know whether

940

00:37:27,589 --> 00:37:24,720

i wanted to go or not

941

00:37:29,910 --> 00:37:27,599

so most of my experiences have been

942

00:37:32,150 --> 00:37:29,920

you know pretty positive that way

943

00:37:35,670 --> 00:37:32,160

where i've been able to have a lot of

944

00:37:36,710 --> 00:37:35,680

control over what happens

945

00:37:40,230 --> 00:37:36,720

so

946

00:37:44,230 --> 00:37:40,240

this process that they would go through

947

00:37:46,069 --> 00:37:44,240

now they told me that it was because

948

00:37:48,230 --> 00:37:46,079

we had to be on the same frequency to

949

00:37:50,310 --> 00:37:48,240

meet up and work together

950

00:37:52,069 --> 00:37:50,320

so they were lowering theirs a bit and

951
00:37:54,310 --> 00:37:52,079
helping me raise mine we're kind of

952
00:37:57,030 --> 00:37:54,320
meeting halfway

953
00:37:59,270 --> 00:37:57,040
and once we got to that point

954
00:38:01,670 --> 00:37:59,280
uh i would be my consciousness would

955
00:38:03,190 --> 00:38:01,680
leave my body and they would sometimes

956
00:38:05,109 --> 00:38:03,200
float me

957
00:38:07,190 --> 00:38:05,119
uh you know right through a closed

958
00:38:08,630 --> 00:38:07,200
window or right through the wall like

959
00:38:11,349 --> 00:38:08,640
like you hear about

960
00:38:15,750 --> 00:38:11,359
which happens with contactees

961
00:38:19,030 --> 00:38:15,760
and we'd go on board one of their ships

962
00:38:20,630 --> 00:38:19,040
or we'd be outside out in the woods or

963
00:38:22,710 --> 00:38:20,640

something

964

00:38:24,470 --> 00:38:22,720

but i've been on

965

00:38:26,470 --> 00:38:24,480

many many different

966

00:38:28,710 --> 00:38:26,480

types of craft

967

00:38:30,470 --> 00:38:28,720

and interacted with different types of

968

00:38:33,190 --> 00:38:30,480

star people

969

00:38:35,190 --> 00:38:33,200

but really the ones that i have spent

970

00:38:37,670 --> 00:38:35,200

the most time with

971

00:38:39,190 --> 00:38:37,680

are the tall white ones

972

00:38:42,150 --> 00:38:39,200

and i'm

973

00:38:43,349 --> 00:38:42,160

i'm guessing that they are pleiadian or

974

00:38:45,190 --> 00:38:43,359

nordic

975

00:38:48,230 --> 00:38:45,200

i think they're what what people would

976

00:38:51,030 --> 00:38:48,240

describe as pleiadian

977

00:38:53,670 --> 00:38:51,040

the thing is for me

978

00:38:55,829 --> 00:38:53,680

i don't know if they're really physical

979

00:38:59,270 --> 00:38:55,839

beings if they're really physically you

980

00:39:01,750 --> 00:38:59,280

know traveling from the pleiades or

981

00:39:03,510 --> 00:39:01,760

they're multi-dimensional and more

982

00:39:04,470 --> 00:39:03,520

etheric

983

00:39:08,550 --> 00:39:04,480

um

984

00:39:11,270 --> 00:39:08,560

multi-dimensional there's so many

985

00:39:13,030 --> 00:39:11,280

different dimensions of our self that we

986

00:39:14,390 --> 00:39:13,040

can experience

987

00:39:16,230 --> 00:39:14,400

um

988

00:39:18,710 --> 00:39:16,240

so i think that

989

00:39:21,030 --> 00:39:18,720

really what's been happening is that

990

00:39:23,430 --> 00:39:21,040

they've taught me how

991

00:39:25,990 --> 00:39:23,440

to raise my frequency like this and

992

00:39:28,310 --> 00:39:26,000

after years of doing that

993

00:39:30,790 --> 00:39:28,320

i just started going out on my own and

994

00:39:32,870 --> 00:39:30,800

they didn't come into my room anymore i

995

00:39:33,829 --> 00:39:32,880

would just i would just go out and meet

996

00:39:36,630 --> 00:39:33,839

them

997

00:39:38,150 --> 00:39:36,640

so i learned how to leave my body and

998

00:39:39,750 --> 00:39:38,160

and do that

999

00:39:43,430 --> 00:39:39,760

and i went through

1000

00:39:47,109 --> 00:39:43,440

like i said this star people school

1001
00:39:48,950 --> 00:39:47,119
where i i was trained by them

1002
00:39:53,030 --> 00:39:48,960
so it was these

1003
00:39:54,829 --> 00:39:53,040
pleiadians and i think zetas

1004
00:39:56,870 --> 00:39:54,839
mostly involved with

1005
00:39:59,670 --> 00:39:56,880
this and

1006
00:40:00,950 --> 00:39:59,680
so what they what they taught me was the

1007
00:40:03,670 --> 00:40:00,960
biggest thing

1008
00:40:05,910 --> 00:40:03,680
was to release all of my fear

1009
00:40:07,190 --> 00:40:05,920
to never be afraid ever

1010
00:40:09,270 --> 00:40:07,200
because

1011
00:40:12,309 --> 00:40:09,280
when you're afraid

1012
00:40:14,150 --> 00:40:12,319
you're not in control of yourself

1013
00:40:16,710 --> 00:40:14,160

you um

1014

00:40:18,150 --> 00:40:16,720

you know when you are filled with love

1015

00:40:20,630 --> 00:40:18,160

and you're connected to your highest

1016

00:40:22,230 --> 00:40:20,640

self and connected to source well that's

1017

00:40:24,710 --> 00:40:22,240

when you're in your true power that's

1018

00:40:26,550 --> 00:40:24,720

when you have control so they were

1019

00:40:28,550 --> 00:40:26,560

teaching me

1020

00:40:31,270 --> 00:40:28,560

how to be in control of

1021

00:40:34,470 --> 00:40:31,280

the situation when i was out of body

1022

00:40:37,030 --> 00:40:34,480

when i was on the astral plane

1023

00:40:39,430 --> 00:40:37,040

and then i moved up to being on the

1024

00:40:40,870 --> 00:40:39,440

etheric plane with them which is kind of

1025

00:40:42,550 --> 00:40:40,880

like

1026

00:40:43,829 --> 00:40:42,560

it's also being out of body but it's

1027

00:40:45,990 --> 00:40:43,839

like a higher

1028

00:40:48,870 --> 00:40:46,000

awareness where you can you can be so

1029

00:40:49,829 --> 00:40:48,880

aware and so conscious it's so it's very

1030

00:40:55,349 --> 00:40:49,839

real

1031

00:40:56,630 --> 00:40:55,359

being physical

1032

00:40:59,190 --> 00:40:56,640

so

1033

00:41:02,309 --> 00:40:59,200

they taught me to you know release all

1034

00:41:04,230 --> 00:41:02,319

my fear and for for years they

1035

00:41:06,630 --> 00:41:04,240

they put me in what i call

1036

00:41:08,309 --> 00:41:06,640

fake scenarios

1037

00:41:09,270 --> 00:41:08,319

it's almost like

1038

00:41:11,829 --> 00:41:09,280

um

1039

00:41:13,430 --> 00:41:11,839

a holographic room or like virtual

1040

00:41:15,589 --> 00:41:13,440

reality

1041

00:41:19,190 --> 00:41:15,599

they would come up with a

1042

00:41:21,750 --> 00:41:19,200

scenario where i would have to

1043

00:41:23,589 --> 00:41:21,760

defend myself against an attacker or

1044

00:41:25,349 --> 00:41:23,599

maybe it was just something scary like a

1045

00:41:27,910 --> 00:41:25,359

big spider

1046

00:41:31,190 --> 00:41:27,920

but it but it was all about my reaction

1047

00:41:33,030 --> 00:41:31,200

to it like they were teaching me how

1048

00:41:34,630 --> 00:41:33,040

to not have a bad reaction you know how

1049

00:41:43,109 --> 00:41:34,640

to

1050

00:41:47,670 --> 00:41:45,750

and so because

1051

00:41:49,829 --> 00:41:47,680

sometimes these military trained

1052

00:41:51,589 --> 00:41:49,839

psychics were showing up and they were

1053

00:41:54,630 --> 00:41:51,599

human

1054

00:41:56,630 --> 00:41:54,640

now for for a while when these um these

1055

00:41:58,630 --> 00:41:56,640

psychics would show up and they'd ask me

1056

00:42:01,109 --> 00:41:58,640

questions and i would answer them

1057

00:42:03,670 --> 00:42:01,119

because for a while i just i didn't know

1058

00:42:04,550 --> 00:42:03,680

any better i was young and naive

1059

00:42:06,230 --> 00:42:04,560

and

1060

00:42:07,670 --> 00:42:06,240

they wanted to know

1061

00:42:09,829 --> 00:42:07,680

well what did you do with the star

1062

00:42:11,430 --> 00:42:09,839

people and and what did they say to you

1063

00:42:13,990 --> 00:42:11,440

you know what did you do tell us and i

1064

00:42:16,150 --> 00:42:14,000

would tell them i tell them everything

1065

00:42:17,750 --> 00:42:16,160

until i i realized it probably wasn't

1066

00:42:19,750 --> 00:42:17,760

such a good idea

1067

00:42:21,510 --> 00:42:19,760

and when i stopped

1068

00:42:22,950 --> 00:42:21,520

you know uh

1069

00:42:25,190 --> 00:42:22,960

willingly

1070

00:42:26,950 --> 00:42:25,200

uh describing everything to them

1071

00:42:29,510 --> 00:42:26,960

then they

1072

00:42:31,510 --> 00:42:29,520

started attacking me because what they

1073

00:42:34,150 --> 00:42:31,520

do is

1074

00:42:35,510 --> 00:42:34,160

they just want to scare you so badly

1075

00:42:37,510 --> 00:42:35,520

that you're not in control of yourself

1076

00:42:39,990 --> 00:42:37,520

anymore so it makes sense you know what

1077

00:42:42,550 --> 00:42:40,000

the star people were teaching me

1078

00:42:46,630 --> 00:42:44,790

so the psychics would come and

1079

00:42:48,710 --> 00:42:46,640

um

1080

00:42:50,870 --> 00:42:48,720

they chased me around they do things to

1081

00:42:53,030 --> 00:42:50,880

scare me they were trying to get

1082

00:42:53,910 --> 00:42:53,040

information from me

1083

00:42:56,309 --> 00:42:53,920

and

1084

00:42:58,630 --> 00:42:56,319

over the years as i refused to speak

1085

00:43:00,630 --> 00:42:58,640

with them anymore the attacks got a

1086

00:43:02,309 --> 00:43:00,640

little more severe but

1087

00:43:04,630 --> 00:43:02,319

fortunately the star people were

1088

00:43:06,309 --> 00:43:04,640

teaching me how to defend myself against

1089

00:43:08,710 --> 00:43:06,319

psychic attack

1090

00:43:11,349 --> 00:43:08,720

and that was against anybody you know

1091

00:43:13,349 --> 00:43:11,359

whether it was human or or an alien you

1092

00:43:14,710 --> 00:43:13,359

know it didn't matter

1093

00:43:16,150 --> 00:43:14,720

they were teaching me how to protect

1094

00:43:17,910 --> 00:43:16,160

myself

1095

00:43:19,910 --> 00:43:17,920

and so

1096

00:43:23,109 --> 00:43:19,920

facing fear learning how to defend

1097

00:43:26,710 --> 00:43:23,119

myself and then the next lesson was

1098

00:43:28,069 --> 00:43:26,720

learning how to use energy like subtle

1099

00:43:29,829 --> 00:43:28,079

energy

1100

00:43:32,710 --> 00:43:29,839

inside of my body

1101
00:43:34,630 --> 00:43:32,720
how to move this and how to manipulate

1102
00:43:36,710 --> 00:43:34,640
energy

1103
00:43:39,109 --> 00:43:36,720
so the first thing they taught me about

1104
00:43:42,150 --> 00:43:39,119
energy was

1105
00:43:43,510 --> 00:43:42,160
how to gather up a ball of energy in my

1106
00:43:46,069 --> 00:43:43,520
hand

1107
00:43:47,349 --> 00:43:46,079
now i you can actually move energy

1108
00:43:48,630 --> 00:43:47,359
through your body

1109
00:43:50,390 --> 00:43:48,640
and just to like a simple little

1110
00:43:52,069 --> 00:43:50,400
practices to move it up and down your

1111
00:43:53,430 --> 00:43:52,079
arm like from your shoulder to your

1112
00:43:55,670 --> 00:43:53,440
fingertips

1113
00:43:58,069 --> 00:43:55,680

and you can you know it's just mental

1114

00:44:00,790 --> 00:43:58,079

focus you're like moving this and you

1115

00:44:02,950 --> 00:44:00,800

can you can feel it so i would gather up

1116

00:44:04,950 --> 00:44:02,960

this energy in my hand

1117

00:44:07,030 --> 00:44:04,960

and they would um

1118

00:44:09,990 --> 00:44:07,040

they showed me how to create this ball

1119

00:44:12,870 --> 00:44:10,000

of light it's just a ball of energy

1120

00:44:15,190 --> 00:44:12,880

so after i got that down

1121

00:44:17,109 --> 00:44:15,200

they said okay now you can create

1122

00:44:19,270 --> 00:44:17,119

something use this energy to make

1123

00:44:20,550 --> 00:44:19,280

something and i would usually make a

1124

00:44:23,270 --> 00:44:20,560

flower

1125

00:44:24,950 --> 00:44:23,280

or an apple or an orange or something

1126

00:44:25,990 --> 00:44:24,960

small like that that would fit in my

1127

00:44:28,230 --> 00:44:26,000

hand

1128

00:44:30,790 --> 00:44:28,240

and as i was going through this

1129

00:44:33,349 --> 00:44:30,800

uh psychic self-defense

1130

00:44:35,349 --> 00:44:33,359

training i learned how to create a knife

1131

00:44:37,589 --> 00:44:35,359

in my hand

1132

00:44:39,670 --> 00:44:37,599

and i could you know just as easily make

1133

00:44:41,829 --> 00:44:39,680

it disappear

1134

00:44:44,470 --> 00:44:41,839

so they were teaching me how to use

1135

00:44:46,550 --> 00:44:44,480

energy and

1136

00:44:48,309 --> 00:44:46,560

then they started telling me about the

1137

00:44:51,510 --> 00:44:48,319

shift

1138

00:44:54,670 --> 00:44:51,520

so this was back you know this is like

1139

00:44:57,510 --> 00:44:54,680

uh 1988 through

1140

00:44:59,589 --> 00:44:57,520

1994 something like that

1141

00:45:01,510 --> 00:44:59,599

and

1142

00:45:02,790 --> 00:45:01,520

i didn't know anything you know what i

1143

00:45:04,550 --> 00:45:02,800

didn't know what they were talking about

1144

00:45:06,230 --> 00:45:04,560

the shift and they talked about earth

1145

00:45:09,349 --> 00:45:06,240

changes and

1146

00:45:12,150 --> 00:45:09,359

the biggest thing about the shift was

1147

00:45:14,230 --> 00:45:12,160

a change in conscious awareness

1148

00:45:15,589 --> 00:45:14,240

and they said that

1149

00:45:17,030 --> 00:45:15,599

most people

1150

00:45:19,430 --> 00:45:17,040

would not make it

1151

00:45:20,470 --> 00:45:19,440

most humans in the world today were not

1152

00:45:21,349 --> 00:45:20,480

ready

1153

00:45:25,349 --> 00:45:21,359

to

1154

00:45:27,910 --> 00:45:25,359

shift yet because shifting is about

1155

00:45:30,069 --> 00:45:27,920

being in a high vibrational frequency

1156

00:45:32,870 --> 00:45:30,079

with love in your heart

1157

00:45:35,589 --> 00:45:32,880

and being awake and aware

1158

00:45:37,190 --> 00:45:35,599

and you know doing things to enlighten

1159

00:45:38,630 --> 00:45:37,200

yourself to make yourself a better

1160

00:45:40,870 --> 00:45:38,640

person to

1161

00:45:41,990 --> 00:45:40,880

to open up your third eye and have that

1162

00:45:43,190 --> 00:45:42,000

working

1163

00:45:45,349 --> 00:45:43,200

and

1164

00:45:46,710 --> 00:45:45,359

so they said that

1165

00:45:49,030 --> 00:45:46,720

the shift

1166

00:45:52,630 --> 00:45:49,040

was going to cause

1167

00:45:55,190 --> 00:45:52,640

great upheavals on the earth a lot of

1168

00:45:56,309 --> 00:45:55,200

a lot of different natural disasters and

1169

00:45:58,309 --> 00:45:56,319

i know some of the things that are

1170

00:46:02,230 --> 00:45:58,319

happening today aren't natural they're

1171

00:46:04,150 --> 00:46:02,240

man-made and so that's part of it too

1172

00:46:05,510 --> 00:46:04,160

it all goes together

1173

00:46:07,510 --> 00:46:05,520

um

1174

00:46:09,829 --> 00:46:07,520

but the people who

1175

00:46:11,349 --> 00:46:09,839

were ready to shift up into the next

1176

00:46:14,550 --> 00:46:11,359

dimension

1177

00:46:15,990 --> 00:46:14,560

the next level of awareness

1178

00:46:18,230 --> 00:46:16,000

that they were going to do that during

1179

00:46:19,589 --> 00:46:18,240

this this shift

1180

00:46:21,510 --> 00:46:19,599

like everything was going to happen at

1181

00:46:23,990 --> 00:46:21,520

once it was going to play out physically

1182

00:46:25,829 --> 00:46:24,000

and mentally and spiritually and in

1183

00:46:30,069 --> 00:46:25,839

every way

1184

00:46:34,069 --> 00:46:32,230

i was going to be shifting into the

1185

00:46:35,670 --> 00:46:34,079

fourth dimension

1186

00:46:37,109 --> 00:46:35,680

and i know

1187

00:46:39,349 --> 00:46:37,119

a lot of people talk about the fifth

1188

00:46:40,630 --> 00:46:39,359

dimension but this is what they said to

1189

00:46:44,230 --> 00:46:40,640

me

1190

00:46:46,710 --> 00:46:44,240

can see

1191

00:46:49,349 --> 00:46:46,720

10 dimensions that i have 10 different

1192

00:46:51,510 --> 00:46:49,359

dimensions to myself

1193

00:46:54,710 --> 00:46:51,520

they could see all of them at once just

1194

00:46:55,750 --> 00:46:54,720

by looking at me and that they wanted me

1195

00:46:58,710 --> 00:46:55,760

to know

1196

00:47:01,510 --> 00:46:58,720

that i was moving from 3d to 4d

1197

00:47:04,950 --> 00:47:01,520

and this would cause a great leap you

1198

00:47:06,630 --> 00:47:04,960

know in my level of awareness

1199

00:47:08,829 --> 00:47:06,640

and it isn't like

1200

00:47:12,630 --> 00:47:08,839

you know a traumatic thing it's more

1201

00:47:14,790 --> 00:47:12,640

like remembering who we are it

1202

00:47:16,710 --> 00:47:14,800

leap going up into the next level is

1203

00:47:18,710 --> 00:47:16,720

about

1204

00:47:21,510 --> 00:47:18,720

having a greater

1205

00:47:23,670 --> 00:47:21,520

perspective on life being able to see

1206

00:47:26,630 --> 00:47:23,680

and understand so much more

1207

00:47:27,910 --> 00:47:26,640

about the true nature of reality

1208

00:47:29,910 --> 00:47:27,920

and

1209

00:47:32,390 --> 00:47:29,920

this is something to really work towards

1210

00:47:35,030 --> 00:47:32,400

and to to look forward to

1211

00:47:37,349 --> 00:47:35,040

and it does happen gradually and and

1212

00:47:40,790 --> 00:47:37,359

right now in the world right now it is

1213

00:47:43,510 --> 00:47:40,800

happening this awakening is happening

1214

00:47:44,390 --> 00:47:43,520

and i know that the shift is happening

1215

00:47:48,790 --> 00:47:44,400

for me

1216

00:47:50,790 --> 00:47:48,800

because i am gaining conscious awareness

1217

00:47:52,870 --> 00:47:50,800

i can see it happening my husband john

1218

00:47:55,349 --> 00:47:52,880

and i we we talk about it all the time

1219

00:47:57,349 --> 00:47:55,359

and we're very aware of it

1220

00:48:01,349 --> 00:47:57,359

so they started telling me about this

1221

00:48:03,270 --> 00:48:01,359

you know back in 1988 or so

1222

00:48:04,710 --> 00:48:03,280

um so

1223

00:48:07,270 --> 00:48:04,720

do you have any questions add on or

1224

00:48:09,349 --> 00:48:07,280

should i just keep going

1225

00:48:10,390 --> 00:48:09,359

oh no just keep going i mean i have some

1226

00:48:12,390 --> 00:48:10,400

questions

1227

00:48:14,630 --> 00:48:12,400

lined up kind of in the back of my mind

1228

00:48:18,309 --> 00:48:14,640

but i would like to just let you finish

1229

00:48:19,510 --> 00:48:18,319

up and tell us all that you have to say

1230

00:48:23,030 --> 00:48:19,520

okay

1231

00:48:24,470 --> 00:48:23,040

so i went through this star people

1232

00:48:27,910 --> 00:48:24,480

school

1233

00:48:31,109 --> 00:48:27,920

and i i've had so many experiences i i'm

1234

00:48:33,430 --> 00:48:31,119

not sure how many thousands maybe

1235

00:48:37,589 --> 00:48:35,190

dealing with the

1236

00:48:40,470 --> 00:48:37,599

military psychics at the same time i've

1237

00:48:42,390 --> 00:48:40,480

had a bunch of what you call my lab

1238

00:48:43,910 --> 00:48:42,400

military abductions

1239

00:48:46,470 --> 00:48:43,920

and have been

1240

00:48:48,390 --> 00:48:46,480

to underground bases

1241

00:48:50,630 --> 00:48:48,400

and

1242

00:48:52,230 --> 00:48:50,640

uh the star people

1243

00:48:53,670 --> 00:48:52,240

after i went through this five-year

1244

00:48:56,870 --> 00:48:53,680

training period with them i actually

1245

00:48:58,230 --> 00:48:56,880

went to a graduation ceremony with them

1246

00:49:00,069 --> 00:48:58,240

and

1247

00:49:03,109 --> 00:49:00,079

there were other humans

1248

00:49:05,510 --> 00:49:03,119

in my class i had classmates

1249

00:49:07,349 --> 00:49:05,520

so the way that it happened is like when

1250

00:49:09,349 --> 00:49:07,359

we were younger

1251

00:49:11,829 --> 00:49:09,359

there were a lot of children in this

1252

00:49:13,190 --> 00:49:11,839

class with me all humans

1253

00:49:15,030 --> 00:49:13,200

and

1254

00:49:18,230 --> 00:49:15,040

to start people would put us through

1255

00:49:19,349 --> 00:49:18,240

this psychic testing

1256

00:49:21,829 --> 00:49:19,359

and

1257

00:49:24,309 --> 00:49:21,839

the idea was that if you pass the test

1258

00:49:26,790 --> 00:49:24,319

you go up to the next level

1259

00:49:28,069 --> 00:49:26,800

well if you if you didn't pass the test

1260

00:49:29,750 --> 00:49:28,079

then

1261

00:49:31,670 --> 00:49:29,760

the kids who didn't pass the test they

1262

00:49:34,710 --> 00:49:31,680

would usually bring them home

1263

00:49:35,510 --> 00:49:34,720

and they just didn't come back again

1264

00:49:37,829 --> 00:49:35,520

so

1265

00:49:39,829 --> 00:49:37,839

passing a test and going up to the next

1266

00:49:41,030 --> 00:49:39,839

level meant more and more psychic

1267

00:49:42,790 --> 00:49:41,040

testing

1268

00:49:48,309 --> 00:49:42,800

um

1269

00:49:52,150 --> 00:49:48,319

a lot involved with that it was about

1270

00:49:54,069 --> 00:49:52,160

mental clarity and mental focus

1271

00:49:57,349 --> 00:49:54,079

and um

1272

00:50:01,510 --> 00:49:59,510

i was with all the all the kids in my

1273

00:50:04,150 --> 00:50:01,520

class and there were a couple of star

1274

00:50:07,030 --> 00:50:04,160

people there uh the tall ones

1275

00:50:09,190 --> 00:50:07,040

and they were passing around this little

1276
00:50:12,549 --> 00:50:09,200
it just looked me like a little plastic

1277
00:50:15,030 --> 00:50:12,559
a flat plastic diamond shape

1278
00:50:16,870 --> 00:50:15,040
which had little sections on it that you

1279
00:50:19,270 --> 00:50:16,880
could push and the surf people

1280
00:50:21,270 --> 00:50:19,280
demonstrated this and they

1281
00:50:23,589 --> 00:50:21,280
they made different tones like each

1282
00:50:25,510 --> 00:50:23,599
little pad when you pressed on it would

1283
00:50:28,150 --> 00:50:25,520
light up a different color

1284
00:50:31,750 --> 00:50:28,160
and make a different musical tone

1285
00:50:37,670 --> 00:50:34,870
we had to play the correct tone

1286
00:50:39,430 --> 00:50:37,680
so every all the little kids in my class

1287
00:50:41,349 --> 00:50:39,440
all took turns and we

1288
00:50:43,190 --> 00:50:41,359

did it and whoever got it right well

1289

00:50:45,829 --> 00:50:43,200

they passed that psychic test and they

1290

00:50:48,069 --> 00:50:45,839

go up to the next level

1291

00:50:52,309 --> 00:50:48,079

and there were times when they would put

1292

00:50:55,270 --> 00:50:52,319

us inside of a maze like a labyrinth

1293

00:50:57,190 --> 00:50:55,280

and we had to find our way out

1294

00:50:58,870 --> 00:50:57,200

and

1295

00:51:00,309 --> 00:50:58,880

they the star people always said this

1296

00:51:03,190 --> 00:51:00,319

thing to me

1297

00:51:05,190 --> 00:51:03,200

they said if you do a good job you know

1298

00:51:07,670 --> 00:51:05,200

and you you pass this test then you will

1299

00:51:09,430 --> 00:51:07,680

get the castle

1300

00:51:11,670 --> 00:51:09,440

and i'd see an image like of this

1301

00:51:13,829 --> 00:51:11,680

beautiful castle in my mind

1302

00:51:15,990 --> 00:51:13,839

and

1303

00:51:19,910 --> 00:51:16,000

it's really interesting that i want to

1304

00:51:21,589 --> 00:51:19,920

tie this in with another thought um i

1305

00:51:24,870 --> 00:51:21,599

i watched the interview with ray

1306

00:51:26,790 --> 00:51:24,880

hernandez that you did recently

1307

00:51:30,950 --> 00:51:26,800

and i thought it was so interesting what

1308

00:51:34,470 --> 00:51:32,470

contactees

1309

00:51:37,589 --> 00:51:34,480

and i'm not sure if he meant alien

1310

00:51:39,670 --> 00:51:37,599

abduction in general or just contactees

1311

00:51:42,390 --> 00:51:39,680

but there is some connection with

1312

00:51:45,109 --> 00:51:42,400

near-death experience

1313

00:51:47,750 --> 00:51:45,119

which is just amazing because i also had

1314

00:51:49,589 --> 00:51:47,760

a near-death experience

1315

00:51:51,910 --> 00:51:49,599

and when i had this near-death

1316

00:51:53,430 --> 00:51:51,920

experience i saw the castle

1317

00:51:54,710 --> 00:51:53,440

that those star people were talking

1318

00:51:55,910 --> 00:51:54,720

about

1319

00:51:57,670 --> 00:51:55,920

um

1320

00:52:00,630 --> 00:51:57,680

so i'll tell you about that when i get

1321

00:52:02,309 --> 00:52:00,640

to that part but first um

1322

00:52:05,190 --> 00:52:02,319

so i graduated from the surf people

1323

00:52:07,829 --> 00:52:05,200

school and then i was on my own for a

1324

00:52:10,950 --> 00:52:07,839

while like they stopped coming

1325

00:52:12,710 --> 00:52:10,960

like it just stopped abruptly and

1326
00:52:14,790 --> 00:52:12,720
they did show up

1327
00:52:16,470 --> 00:52:14,800
but it was more like once every couple

1328
00:52:18,470 --> 00:52:16,480
of months or so and this happened for a

1329
00:52:20,710 --> 00:52:18,480
number of years

1330
00:52:22,309 --> 00:52:20,720
and i i missed them you know i was kind

1331
00:52:24,710 --> 00:52:22,319
of lonely because i wanted to see them

1332
00:52:27,430 --> 00:52:25,510
but

1333
00:52:29,030 --> 00:52:27,440
i realized now you know i didn't know at

1334
00:52:30,549 --> 00:52:29,040
the time but now i know

1335
00:52:33,750 --> 00:52:30,559
that

1336
00:52:35,589 --> 00:52:33,760
they were leaving me on my own to

1337
00:52:37,589 --> 00:52:35,599
level up to

1338
00:52:39,910 --> 00:52:37,599

raise my frequency even higher and

1339

00:52:41,670 --> 00:52:39,920

become more consciously aware and work

1340

00:52:44,069 --> 00:52:41,680

with my third eye

1341

00:52:45,990 --> 00:52:44,079

they wanted me to do that on my own

1342

00:52:48,549 --> 00:52:46,000

and once i got to this certain level

1343

00:52:50,150 --> 00:52:48,559

then they started working with me again

1344

00:52:51,750 --> 00:52:50,160

and it was like

1345

00:52:53,190 --> 00:52:51,760

the second part of the star people

1346

00:52:55,190 --> 00:52:53,200

schools like this was like going to

1347

00:52:57,030 --> 00:52:55,200

college or something

1348

00:52:58,829 --> 00:52:57,040

and they picked up where they had left

1349

00:53:02,950 --> 00:52:58,839

off

1350

00:53:05,589 --> 00:53:02,960

with the energy manipulation and

1351
00:53:08,230 --> 00:53:05,599
so now instead of just

1352
00:53:09,589 --> 00:53:08,240
creating something in my hand

1353
00:53:11,910 --> 00:53:09,599
they were

1354
00:53:14,870 --> 00:53:11,920
working with me on the etheric plane and

1355
00:53:16,230 --> 00:53:14,880
showing me how to manifest reality

1356
00:53:18,470 --> 00:53:16,240
[Music]

1357
00:53:20,549 --> 00:53:18,480
so the etheric plane

1358
00:53:23,349 --> 00:53:20,559
is basically the blueprint of the

1359
00:53:25,910 --> 00:53:23,359
physical plane and whatever happens on

1360
00:53:29,030 --> 00:53:25,920
the etheric plane is going to manifest

1361
00:53:30,950 --> 00:53:29,040
physically sooner or later

1362
00:53:33,190 --> 00:53:30,960
so

1363
00:53:36,950 --> 00:53:33,200

they would give me little projects to do

1364

00:53:42,309 --> 00:53:39,349

like the very first thing i created on

1365

00:53:44,230 --> 00:53:42,319

the etheric plane was a very simple tent

1366

00:53:45,990 --> 00:53:44,240

like a tent for camping

1367

00:53:48,230 --> 00:53:46,000

i really liked you know i'm an outdoors

1368

00:53:50,309 --> 00:53:48,240

person like camping so that was you know

1369

00:53:52,630 --> 00:53:50,319

that's like came into my mind a tent is

1370

00:53:55,670 --> 00:53:52,640

simple it's got two sides

1371

00:53:57,430 --> 00:53:55,680

so i'm there on the etheric plane i i'm

1372

00:53:59,510 --> 00:53:57,440

out of body

1373

00:54:01,430 --> 00:53:59,520

and and by the way i call this the

1374

00:54:02,710 --> 00:54:01,440

alternate reality

1375

00:54:04,470 --> 00:54:02,720

because for me

1376

00:54:07,030 --> 00:54:04,480

it's this other place where i go and i

1377

00:54:09,430 --> 00:54:07,040

experience life i'm awake and aware in

1378

00:54:10,470 --> 00:54:09,440

this other place

1379

00:54:13,430 --> 00:54:10,480

and so

1380

00:54:15,910 --> 00:54:13,440

i started pulling what i call ether

1381

00:54:18,470 --> 00:54:15,920

right out of the air like i didn't see

1382

00:54:19,750 --> 00:54:18,480

it but i was just grabbing handfuls of

1383

00:54:20,710 --> 00:54:19,760

it

1384

00:54:23,589 --> 00:54:20,720

and

1385

00:54:25,510 --> 00:54:23,599

it was like ectoplasm

1386

00:54:27,670 --> 00:54:25,520

like a white cottony

1387

00:54:29,349 --> 00:54:27,680

sticky kind of substance

1388

00:54:30,870 --> 00:54:29,359

that i was taking balls of it and

1389

00:54:33,109 --> 00:54:30,880

flattening it out

1390

00:54:36,150 --> 00:54:33,119

to make the sides of the tent and i was

1391

00:54:38,630 --> 00:54:36,160

just sticking them on from the top down

1392

00:54:40,309 --> 00:54:38,640

i created my my etheric tent so that was

1393

00:54:42,470 --> 00:54:40,319

like a really easy

1394

00:54:45,190 --> 00:54:42,480

first thing that i did

1395

00:54:47,910 --> 00:54:45,200

but then i i had experiences and my

1396

00:54:49,030 --> 00:54:47,920

husband john also took part in some of

1397

00:54:50,710 --> 00:54:49,040

these

1398

00:54:52,950 --> 00:54:50,720

where we would

1399

00:54:54,549 --> 00:54:52,960

go out of body together

1400

00:54:57,030 --> 00:54:54,559

to the etheric plane

1401
00:54:58,870 --> 00:54:57,040
and we were practicing

1402
00:55:00,549 --> 00:54:58,880
manifesting reality

1403
00:55:02,950 --> 00:55:00,559
and in this one case

1404
00:55:04,549 --> 00:55:02,960
we had

1405
00:55:08,069 --> 00:55:04,559
the star people

1406
00:55:10,069 --> 00:55:08,079
watching but they weren't really

1407
00:55:12,230 --> 00:55:10,079
directing us

1408
00:55:13,589 --> 00:55:12,240
but we had well like a cylinder that was

1409
00:55:15,430 --> 00:55:13,599
floating in the air it was like

1410
00:55:17,349 --> 00:55:15,440
translucent

1411
00:55:18,470 --> 00:55:17,359
and we could actually stick our hands

1412
00:55:20,870 --> 00:55:18,480
through it

1413
00:55:24,390 --> 00:55:20,880

and there was like um

1414

00:55:25,750 --> 00:55:24,400

some wire some metal wire inside of this

1415

00:55:27,349 --> 00:55:25,760

cylinder

1416

00:55:30,549 --> 00:55:27,359

which we could

1417

00:55:31,910 --> 00:55:30,559

move around into different shapes

1418

00:55:36,390 --> 00:55:31,920

and

1419

00:55:37,349 --> 00:55:36,400

forth

1420

00:55:38,950 --> 00:55:37,359

um

1421

00:55:41,430 --> 00:55:38,960

from the etheric plane to the physical

1422

00:55:42,710 --> 00:55:41,440

plane we were laying in our bed

1423

00:55:44,230 --> 00:55:42,720

physically

1424

00:55:47,030 --> 00:55:44,240

and

1425

00:55:49,109 --> 00:55:47,040

just mentally going in our minds we were

1426
00:55:49,990 --> 00:55:49,119
leaving our bodies and going to etheric

1427
00:55:52,549 --> 00:55:50,000
plane

1428
00:55:54,549 --> 00:55:52,559
playing around with this wire

1429
00:55:57,750 --> 00:55:54,559
and creating a shape with it

1430
00:56:00,150 --> 00:55:57,760
and we'd come back to our bodies and

1431
00:56:01,990 --> 00:56:00,160
i'm not sure how this works but

1432
00:56:04,549 --> 00:56:02,000
we weren't really waking up would seem

1433
00:56:07,589 --> 00:56:04,559
like we're in a lucid dream state and we

1434
00:56:09,030 --> 00:56:07,599
knew we were in the physical world

1435
00:56:11,349 --> 00:56:09,040
so this

1436
00:56:12,390 --> 00:56:11,359
wire thing that we were constructing

1437
00:56:15,349 --> 00:56:12,400
looked like

1438
00:56:17,190 --> 00:56:15,359

wrought iron like very durable

1439

00:56:19,270 --> 00:56:17,200

wrought iron structure

1440

00:56:21,109 --> 00:56:19,280

so looking at it on the etheric plane

1441

00:56:23,270 --> 00:56:21,119

was a little bit different you know it

1442

00:56:25,030 --> 00:56:23,280

looked kind of thin and flimsy and we

1443

00:56:27,349 --> 00:56:25,040

could we could move it around it was

1444

00:56:28,870 --> 00:56:27,359

malleable but then on the physical plane

1445

00:56:31,430 --> 00:56:28,880

it actually

1446

00:56:34,470 --> 00:56:31,440

was manifesting as something really hard

1447

00:56:36,549 --> 00:56:34,480

and dense and physical

1448

00:56:38,630 --> 00:56:36,559

so these are the kind of

1449

00:56:41,430 --> 00:56:38,640

activities we were doing

1450

00:56:46,309 --> 00:56:43,270

one night

1451

00:56:48,549 --> 00:56:46,319

i actually i i went to bed

1452

00:56:49,990 --> 00:56:48,559

went out a body and walked out into my

1453

00:56:52,230 --> 00:56:50,000

backyard

1454

00:56:54,230 --> 00:56:52,240

and there were some of my

1455

00:56:55,270 --> 00:56:54,240

fellow classmates from the star people

1456

00:56:59,030 --> 00:56:55,280

school

1457

00:57:00,710 --> 00:56:59,040

about three or four were out there with

1458

00:57:02,069 --> 00:57:00,720

me and we were just sitting in the

1459

00:57:04,549 --> 00:57:02,079

backyard

1460

00:57:06,069 --> 00:57:04,559

and a store person was there and he

1461

00:57:10,230 --> 00:57:06,079

handed us

1462

00:57:12,390 --> 00:57:10,240

this uh cone i call it an energy cone

1463

00:57:14,710 --> 00:57:12,400

it was shaped kind of like

1464

00:57:15,670 --> 00:57:14,720

like an ice cream cone

1465

00:57:18,069 --> 00:57:15,680

and

1466

00:57:19,589 --> 00:57:18,079

we were using this we're practicing

1467

00:57:21,430 --> 00:57:19,599

limit to

1468

00:57:22,870 --> 00:57:21,440

move energy

1469

00:57:25,030 --> 00:57:22,880

and so

1470

00:57:27,349 --> 00:57:25,040

the idea was you hold this cone in your

1471

00:57:29,670 --> 00:57:27,359

hand like first we held it with the the

1472

00:57:31,510 --> 00:57:29,680

big the big end up like the big open

1473

00:57:33,750 --> 00:57:31,520

cone and up

1474

00:57:35,990 --> 00:57:33,760

and i could take energy

1475

00:57:37,430 --> 00:57:36,000

from my body and move it through my arm

1476

00:57:40,069 --> 00:57:37,440

into this cone

1477

00:57:42,789 --> 00:57:40,079

and a big flow of of sparkling light

1478

00:57:44,789 --> 00:57:42,799

energy would come out the top of it

1479

00:57:46,069 --> 00:57:44,799

so i tried that and then i flipped the

1480

00:57:48,470 --> 00:57:46,079

cone over

1481

00:57:50,950 --> 00:57:48,480

and so the very small

1482

00:57:53,030 --> 00:57:50,960

this very small end of the cone was up

1483

00:57:55,349 --> 00:57:53,040

and with a tiny hole in it

1484

00:57:56,150 --> 00:57:55,359

and so when i pushed the energy through

1485

00:57:58,710 --> 00:57:56,160

it

1486

00:58:01,190 --> 00:57:58,720

the energy came out in a in a ball and

1487

00:58:03,349 --> 00:58:01,200

it was like a spinning ball of light

1488

00:58:06,470 --> 00:58:03,359

and so we were moving energy around like

1489

00:58:08,470 --> 00:58:06,480

this and and everybody took a turn doing

1490

00:58:10,230 --> 00:58:08,480

this

1491

00:58:12,710 --> 00:58:10,240

every all the humans that were out there

1492

00:58:16,309 --> 00:58:12,720

with me so this was more of like

1493

00:58:18,549 --> 00:58:16,319

practice of doing energy work

1494

00:58:21,829 --> 00:58:18,559

and

1495

00:58:25,109 --> 00:58:21,839

i wanna i wanna say that

1496

00:58:28,069 --> 00:58:25,119

our conscious awareness is so

1497

00:58:29,750 --> 00:58:28,079

it's eternal you know we are eternal

1498

00:58:31,510 --> 00:58:29,760

spiritual beings

1499

00:58:34,870 --> 00:58:31,520

and

1500

00:58:37,510 --> 00:58:34,880

our conscious awareness can go into

1501
00:58:40,309 --> 00:58:37,520
like the astral body or the etheric body

1502
00:58:41,750 --> 00:58:40,319
and totally be awake and aware

1503
00:58:44,069 --> 00:58:41,760
i mean people

1504
00:58:45,990 --> 00:58:44,079
know that when they're dreaming

1505
00:58:47,990 --> 00:58:46,000
they can become lucid

1506
00:58:50,470 --> 00:58:48,000
they can have lucid dreams and they can

1507
00:58:52,630 --> 00:58:50,480
bring their awareness to that place

1508
00:58:54,549 --> 00:58:52,640
i mean it's like you're really awake

1509
00:58:57,030 --> 00:58:54,559
and you can do this when you're out of

1510
00:58:58,390 --> 00:58:57,040
body on the astral plane and the etheric

1511
00:58:59,910 --> 00:58:58,400
plane

1512
00:59:01,670 --> 00:58:59,920
so for me

1513
00:59:03,670 --> 00:59:01,680

i look at things

1514

00:59:05,750 --> 00:59:03,680

kind of from a spiritual perspective

1515

00:59:07,430 --> 00:59:05,760

from the long term

1516

00:59:09,030 --> 00:59:07,440

because i know that

1517

00:59:10,789 --> 00:59:09,040

when i'm done with this physical

1518

00:59:12,870 --> 00:59:10,799

incarnation

1519

00:59:13,990 --> 00:59:12,880

i'm going to leave this body and i'll

1520

00:59:16,150 --> 00:59:14,000

probably

1521

00:59:17,670 --> 00:59:16,160

just go into another body you know i'll

1522

00:59:20,549 --> 00:59:17,680

just have another

1523

00:59:24,390 --> 00:59:20,559

form but my consciousness will still be

1524

00:59:25,349 --> 00:59:24,400

intact and i will just continue my work

1525

00:59:27,349 --> 00:59:25,359

and i

1526

00:59:31,030 --> 00:59:27,359

i've really seen

1527

00:59:33,670 --> 00:59:31,040

evidence of this personally because

1528

00:59:36,150 --> 00:59:33,680

when somebody in my family

1529

00:59:37,990 --> 00:59:36,160

is going to pass into spirit they will

1530

00:59:39,829 --> 00:59:38,000

come and tell me about it about a year

1531

00:59:41,430 --> 00:59:39,839

beforehand

1532

00:59:43,270 --> 00:59:41,440

in my dreams

1533

00:59:44,950 --> 00:59:43,280

and this happened to me

1534

00:59:46,069 --> 00:59:44,960

with my grandmother

1535

00:59:49,349 --> 00:59:46,079

and

1536

00:59:50,710 --> 00:59:49,359

with my father

1537

00:59:52,470 --> 00:59:50,720

and

1538

00:59:54,069 --> 00:59:52,480

it's interesting that the same thing

1539

00:59:55,670 --> 00:59:54,079

happened

1540

00:59:57,750 --> 00:59:55,680

every time

1541

01:00:00,470 --> 00:59:57,760

it seemed like

1542

01:00:03,109 --> 01:00:00,480

after they passed over

1543

01:00:04,549 --> 01:00:03,119

they they rested or they went to sleep

1544

01:00:06,630 --> 01:00:04,559

for about a month

1545

01:00:08,710 --> 01:00:06,640

and then they came back and they saw me

1546

01:00:09,589 --> 01:00:08,720

in my dreams

1547

01:00:11,430 --> 01:00:09,599

so

1548

01:00:12,829 --> 01:00:11,440

the first time this happened was with my

1549

01:00:15,829 --> 01:00:12,839

grandmother

1550

01:00:18,230 --> 01:00:15,839

marcella and i was 21 years old at the

1551

01:00:20,549 --> 01:00:18,240

time i started having

1552

01:00:22,630 --> 01:00:20,559

really vivid dreams about her

1553

01:00:25,750 --> 01:00:22,640

and she was coming to me asking me to

1554

01:00:27,349 --> 01:00:25,760

help her weed her garden

1555

01:00:29,349 --> 01:00:27,359

and i was also learning about dream

1556

01:00:30,950 --> 01:00:29,359

symbolism at the time

1557

01:00:32,309 --> 01:00:30,960

and so i was trying to figure this out

1558

01:00:34,470 --> 01:00:32,319

you know what it meant but there were

1559

01:00:35,430 --> 01:00:34,480

like three dreams where she came and

1560

01:00:36,950 --> 01:00:35,440

asked me

1561

01:00:38,230 --> 01:00:36,960

please come over and help me leave my

1562

01:00:39,670 --> 01:00:38,240

garden and then

1563

01:00:43,030 --> 01:00:39,680

the third dream

1564

01:00:46,950 --> 01:00:43,040

it actually started snowing out and in

1565

01:00:49,510 --> 01:00:46,960

my dreams normally snow means death

1566

01:00:51,750 --> 01:00:49,520

so i thought okay i better i better do

1567

01:00:54,309 --> 01:00:51,760

something i need to talk to my grandma

1568

01:00:56,789 --> 01:00:54,319

so i actually wrote her a letter

1569

01:00:58,710 --> 01:00:56,799

and mailed it to her uh through the post

1570

01:01:00,549 --> 01:00:58,720

office which is pretty funny because she

1571

01:01:02,630 --> 01:01:00,559

lived you know a couple streets away

1572

01:01:04,630 --> 01:01:02,640

from me i was just really nervous

1573

01:01:06,789 --> 01:01:04,640

to go and talk to her about it

1574

01:01:09,190 --> 01:01:06,799

so she got my letter and then she she

1575

01:01:11,030 --> 01:01:09,200

contacted me and she asked me to come

1576

01:01:13,430 --> 01:01:11,040

over and talk to her

1577

01:01:14,549 --> 01:01:13,440

and i did and i'm so glad that i did

1578

01:01:16,390 --> 01:01:14,559

because

1579

01:01:19,030 --> 01:01:16,400

she told me things that she had never

1580

01:01:20,950 --> 01:01:19,040

told anybody else in the family

1581

01:01:22,829 --> 01:01:20,960

you know she told me experiences that

1582

01:01:25,829 --> 01:01:22,839

she'd had

1583

01:01:27,750 --> 01:01:25,839

um like when her husband died he came

1584

01:01:28,630 --> 01:01:27,760

back to visit her

1585

01:01:31,270 --> 01:01:28,640

and

1586

01:01:33,030 --> 01:01:31,280

i told i told her what i thought it was

1587

01:01:34,789 --> 01:01:33,040

going to be like i thought

1588

01:01:36,870 --> 01:01:34,799

you know she might be getting ready to

1589

01:01:38,950 --> 01:01:36,880

transition into the spirit world and i

1590

01:01:41,109 --> 01:01:38,960

told her what i thought it might be like

1591

01:01:42,230 --> 01:01:41,119

when she gets there

1592

01:01:44,630 --> 01:01:42,240

and

1593

01:01:48,069 --> 01:01:44,640

so after this meeting with her

1594

01:01:49,430 --> 01:01:48,079

she started to go downhill pretty quick

1595

01:01:50,309 --> 01:01:49,440

physically

1596

01:01:52,470 --> 01:01:50,319

and

1597

01:01:53,829 --> 01:01:52,480

i had another dream about her

1598

01:01:55,190 --> 01:01:53,839

which was very

1599

01:01:58,150 --> 01:01:55,200

moving

1600

01:02:00,390 --> 01:01:58,160

where she told me that she was going to

1601
01:02:03,510 --> 01:02:00,400
pass into spirit um

1602
01:02:04,829 --> 01:02:03,520
in august of next year like she said the

1603
01:02:06,950 --> 01:02:04,839
second week of

1604
01:02:08,710 --> 01:02:06,960
august and so

1605
01:02:11,029 --> 01:02:08,720
when i woke up the next morning from

1606
01:02:12,150 --> 01:02:11,039
that dream i immediately went and i told

1607
01:02:14,950 --> 01:02:12,160
my mother

1608
01:02:16,549 --> 01:02:14,960
and my aunt who was visiting at the time

1609
01:02:18,309 --> 01:02:16,559
and they didn't quite know what to think

1610
01:02:21,589 --> 01:02:18,319
but i told them i think grandma is going

1611
01:02:24,309 --> 01:02:21,599
to die you know in august

1612
01:02:26,470 --> 01:02:24,319
and um so as it turned out she did she

1613
01:02:27,910 --> 01:02:26,480

passed over it was august 20th when she

1614

01:02:29,589 --> 01:02:27,920

passed over

1615

01:02:31,910 --> 01:02:29,599

and then like i said it was about a

1616

01:02:33,670 --> 01:02:31,920

month i didn't see her and then she came

1617

01:02:35,990 --> 01:02:33,680

back and she saw me

1618

01:02:38,390 --> 01:02:36,000

in my dreams and she told me that i was

1619

01:02:41,029 --> 01:02:38,400

almost right like i almost got it right

1620

01:02:42,470 --> 01:02:41,039

what i thought about what would happen

1621

01:02:44,549 --> 01:02:42,480

so that was cool

1622

01:02:46,150 --> 01:02:44,559

but then i had you know a similar thing

1623

01:02:48,309 --> 01:02:46,160

happen with the other grandmother and

1624

01:02:49,670 --> 01:02:48,319

then with my dad

1625

01:02:51,670 --> 01:02:49,680

and so

1626

01:02:53,589 --> 01:02:51,680

i'll tell you about my near-death

1627

01:02:56,150 --> 01:02:53,599

experience now

1628

01:02:57,910 --> 01:02:56,160

this happened in 2010

1629

01:02:59,990 --> 01:02:57,920

i was

1630

01:03:03,109 --> 01:03:00,000

41 years old

1631

01:03:06,309 --> 01:03:03,119

and it was in my own bedroom

1632

01:03:08,789 --> 01:03:06,319

so that night um everything seemed to be

1633

01:03:11,349 --> 01:03:08,799

normal during the day i was fine

1634

01:03:13,510 --> 01:03:11,359

but that night when i went to bed

1635

01:03:17,109 --> 01:03:13,520

i started having what seemed to be

1636

01:03:19,029 --> 01:03:17,119

really severe hot flashes

1637

01:03:21,109 --> 01:03:19,039

although these were extreme and it

1638

01:03:22,630 --> 01:03:21,119

wasn't like a normal

1639

01:03:24,870 --> 01:03:22,640

something normal that a woman would

1640

01:03:27,109 --> 01:03:24,880

experience during menopause or something

1641

01:03:29,029 --> 01:03:27,119

was more extreme than that

1642

01:03:32,150 --> 01:03:29,039

and i was getting these

1643

01:03:33,029 --> 01:03:32,160

vibrations through my body

1644

01:03:35,750 --> 01:03:33,039

and

1645

01:03:37,990 --> 01:03:35,760

my heart was beating kind of irregular

1646

01:03:40,390 --> 01:03:38,000

and i really couldn't sleep very well i

1647

01:03:42,870 --> 01:03:40,400

kept getting up and went to the kitchen

1648

01:03:45,990 --> 01:03:42,880

and got some water and

1649

01:03:48,789 --> 01:03:46,000

i came back and i laid in the bed again

1650

01:03:54,710 --> 01:03:51,670

my body was vibrating

1651
01:03:59,430 --> 01:03:54,720
and i was having this extreme uh

1652
01:04:00,870 --> 01:03:59,440
waves of heat coming over my body and

1653
01:04:02,789 --> 01:04:00,880
all of a sudden

1654
01:05:05,270 --> 01:04:02,799
i

1655
01:05:07,190 --> 01:05:05,280
wasn't huge

1656
01:05:10,950 --> 01:05:07,200
but it was right in front of me

1657
01:05:14,390 --> 01:05:10,960
and it felt really good it was like life

1658
01:05:17,190 --> 01:05:14,400
energy and i felt so good standing there

1659
01:05:19,910 --> 01:05:17,200
uh just feeling this energy

1660
01:05:22,470 --> 01:05:19,920
and i realized that i was standing on

1661
01:05:25,029 --> 01:05:22,480
solid ground so i thought

1662
01:05:27,430 --> 01:05:25,039
you know is this the sun and you know

1663
01:05:29,109 --> 01:05:27,440

i'm i'm not flying i'm not floating in

1664

01:05:30,870 --> 01:05:29,119

the sky it feels like i'm standing on

1665

01:05:33,109 --> 01:05:30,880

something like where am i

1666

01:05:34,789 --> 01:05:33,119

and when i turned my head to look and

1667

01:05:38,150 --> 01:05:34,799

see where i was

1668

01:05:40,230 --> 01:05:38,160

that changed the scene instantly and

1669

01:05:42,789 --> 01:05:40,240

i was standing on a beach

1670

01:05:44,789 --> 01:05:42,799

looking up at the sky at the sun that

1671

01:05:46,710 --> 01:05:44,799

was still up there

1672

01:05:49,109 --> 01:05:46,720

beautiful blue sky

1673

01:05:50,470 --> 01:05:49,119

and i assume there was an ocean behind

1674

01:05:51,349 --> 01:05:50,480

me but i didn't even turn around and

1675

01:05:52,630 --> 01:05:51,359

look

1676
01:05:54,710 --> 01:05:52,640
because

1677
01:05:56,630 --> 01:05:54,720
right in front of me up this big hill

1678
01:05:59,109 --> 01:05:56,640
was a castle

1679
01:06:01,510 --> 01:05:59,119
and it just reminded me of everything

1680
01:06:03,510 --> 01:06:01,520
the star people had taught me

1681
01:06:05,029 --> 01:06:03,520
and i had thought about this castle so

1682
01:06:07,190 --> 01:06:05,039
much that

1683
01:06:08,549 --> 01:06:07,200
i think i had really created it

1684
01:06:10,870 --> 01:06:08,559
etherically

1685
01:06:12,870 --> 01:06:10,880
and there it was

1686
01:06:14,230 --> 01:06:12,880
and i stood there and i thought about it

1687
01:06:15,589 --> 01:06:14,240
and i

1688
01:06:17,029 --> 01:06:15,599

i was like

1689

01:06:19,270 --> 01:06:17,039

okay

1690

01:06:20,390 --> 01:06:19,280

that's it i'm done

1691

01:06:22,870 --> 01:06:20,400

i'm home

1692

01:06:25,190 --> 01:06:22,880

and i felt really happy i was like

1693

01:06:27,990 --> 01:06:25,200

really relieved and

1694

01:06:30,309 --> 01:06:28,000

i i was sure of it i was sure that i had

1695

01:06:32,150 --> 01:06:30,319

i was done with the physical plane and i

1696

01:06:35,029 --> 01:06:32,160

had gone back home and here was my

1697

01:06:37,109 --> 01:06:35,039

castle waiting for me and

1698

01:06:39,589 --> 01:06:37,119

i just felt really comfortable i felt

1699

01:06:41,670 --> 01:06:39,599

really relieved i felt very safe and i

1700

01:06:43,670 --> 01:06:41,680

actually felt

1701

01:06:46,549 --> 01:06:43,680

the earth plane the whole earth

1702

01:06:49,510 --> 01:06:46,559

existence i felt it behind me like far

1703

01:06:51,190 --> 01:06:49,520

back over my left shoulder

1704

01:06:53,750 --> 01:06:51,200

and it was like

1705

01:06:57,670 --> 01:06:53,760

it just felt like a game to me you know

1706

01:06:59,589 --> 01:06:57,680

when i was out of it looking back at it

1707

01:07:00,870 --> 01:06:59,599

all the silly little things that had

1708

01:07:02,549 --> 01:07:00,880

troubled me

1709

01:07:05,109 --> 01:07:02,559

during my physical life were just

1710

01:07:07,270 --> 01:07:05,119

nothing they were they were just part of

1711

01:07:08,870 --> 01:07:07,280

the game while i was there

1712

01:07:09,910 --> 01:07:08,880

and then when i was away from it it just

1713

01:07:11,990 --> 01:07:09,920

seemed like

1714

01:07:14,630 --> 01:07:12,000

it was like made me chuckle a little bit

1715

01:07:16,549 --> 01:07:14,640

you know how silly it was and so i

1716

01:07:18,470 --> 01:07:16,559

decided that i was gonna walk up this

1717

01:07:20,630 --> 01:07:18,480

hill to this castle

1718

01:07:22,230 --> 01:07:20,640

and i was gonna go in there and i was

1719

01:07:23,430 --> 01:07:22,240

gonna get in my bed and go to sleep for

1720

01:07:25,510 --> 01:07:23,440

about a month

1721

01:07:27,510 --> 01:07:25,520

just like everybody else did

1722

01:07:29,270 --> 01:07:27,520

and so i started walking up the hill to

1723

01:07:30,549 --> 01:07:29,280

go to the castle

1724

01:07:32,470 --> 01:07:30,559

and

1725

01:07:33,990 --> 01:07:32,480

as i was walking up the hill i could

1726

01:07:35,829 --> 01:07:34,000

feel

1727

01:07:37,270 --> 01:07:35,839

in another room and i could see it with

1728

01:07:39,190 --> 01:07:37,280

my third eye

1729

01:07:40,150 --> 01:07:39,200

i could see my family there my entire

1730

01:07:42,230 --> 01:07:40,160

family

1731

01:07:44,710 --> 01:07:42,240

the interesting thing was it wasn't just

1732

01:07:47,029 --> 01:07:44,720

people who had who had died or passed

1733

01:07:49,029 --> 01:07:47,039

over already it was everybody

1734

01:07:51,349 --> 01:07:49,039

even the people who were still alive in

1735

01:07:53,829 --> 01:07:51,359

a physical incarnation

1736

01:07:55,829 --> 01:07:53,839

everybody was there in this meeting room

1737

01:07:57,750 --> 01:07:55,839

and i knew that i would you know i would

1738

01:08:00,150 --> 01:07:57,760

go and meet with them later but first i

1739

01:08:01,750 --> 01:08:00,160

really just wanted to go and take a nap

1740

01:08:02,870 --> 01:08:01,760

for about a month

1741

01:08:05,430 --> 01:08:02,880

and so

1742

01:08:07,349 --> 01:08:05,440

i'm walking up to the castle

1743

01:08:10,470 --> 01:08:07,359

and

1744

01:08:12,710 --> 01:08:10,480

changes again

1745

01:08:14,309 --> 01:08:12,720

i am back down on the beach where i

1746

01:08:16,229 --> 01:08:14,319

started

1747

01:08:17,590 --> 01:08:16,239

and now i'm looking up

1748

01:08:19,749 --> 01:08:17,600

uh

1749

01:08:20,789 --> 01:08:19,759

towards the castle and and behind this

1750

01:08:22,870 --> 01:08:20,799

castle

1751

01:08:24,390 --> 01:08:22,880

is a mountain range that goes on as far

1752

01:08:27,189 --> 01:08:24,400

as i can see

1753

01:08:29,590 --> 01:08:27,199

so now my focus is on

1754

01:08:32,550 --> 01:08:29,600

this beautiful white unicorn that's

1755

01:08:35,749 --> 01:08:32,560

standing on a cliff edge

1756

01:08:37,749 --> 01:08:35,759

and i'm watching this unicorn and

1757

01:08:41,110 --> 01:08:37,759

there's the sun up in the sky beautiful

1758

01:08:43,269 --> 01:08:41,120

blue sky and i hear this loud crack

1759

01:08:46,229 --> 01:08:43,279

and this lightning bolt

1760

01:08:48,870 --> 01:08:46,239

comes across the sky and the unicorn

1761

01:08:51,349 --> 01:08:48,880

stretches her neck and sticks her horn

1762

01:08:54,309 --> 01:08:51,359

up and the lightning goes into her horn

1763

01:08:56,390 --> 01:08:54,319

in her body and then i realized that

1764

01:09:00,870 --> 01:08:56,400

i am the unicorn

1765

01:09:02,550 --> 01:09:00,880

and my body is filled with electricity

1766

01:09:05,990 --> 01:09:02,560

and so

1767

01:09:08,390 --> 01:09:06,000

instantly i'm in a in a brand new place

1768

01:09:10,709 --> 01:09:08,400

i'm laying on a bed

1769

01:09:12,709 --> 01:09:10,719

and i i feel pretty comfortable i've got

1770

01:09:14,390 --> 01:09:12,719

my blankets with me

1771

01:09:15,430 --> 01:09:14,400

but it's not my bed i'm in a different

1772

01:09:18,309 --> 01:09:15,440

place

1773

01:09:20,630 --> 01:09:18,319

and it's it's kind of dark

1774

01:09:24,070 --> 01:09:20,640

and not completely black but kind of

1775

01:09:26,309 --> 01:09:24,080

grayish and kind of misty a little bit

1776

01:09:28,470 --> 01:09:26,319

and in the distance i see this pinpoint

1777

01:09:32,229 --> 01:09:28,480

of white light

1778

01:09:34,709 --> 01:09:32,239

and next to me over to my left was

1779

01:09:38,070 --> 01:09:34,719

five or six humans standing there

1780

01:09:40,390 --> 01:09:38,080

talking very quietly amongst themselves

1781

01:09:42,950 --> 01:09:40,400

and when they saw that i was awake i had

1782

01:09:44,870 --> 01:09:42,960

opened my eyes one of them walked over

1783

01:09:47,590 --> 01:09:44,880

and he leaned

1784

01:09:50,229 --> 01:09:47,600

over top of me and he said

1785

01:09:53,030 --> 01:09:50,239

boy somebody really pulled a star out of

1786

01:09:55,189 --> 01:09:53,040

the sky for you

1787

01:09:57,430 --> 01:09:55,199

and the next thing i knew i could start

1788

01:09:59,510 --> 01:09:57,440

to feel my physical body

1789

01:10:01,030 --> 01:09:59,520

and there was just electricity running

1790

01:10:02,390 --> 01:10:01,040

through my whole body my body was

1791

01:10:05,750 --> 01:10:02,400

vibrating

1792

01:10:07,990 --> 01:10:05,760

and i was going back into my physical

1793

01:10:11,430 --> 01:10:08,000

body

1794

01:10:13,590 --> 01:10:11,440

and i had so much information was just

1795

01:10:16,149 --> 01:10:13,600

flying through my mind

1796

01:10:17,669 --> 01:10:16,159

and it was a little overwhelming and i

1797

01:10:19,350 --> 01:10:17,679

couldn't move

1798

01:10:21,990 --> 01:10:19,360

and um

1799

01:10:25,030 --> 01:10:22,000

after a short time i was able to move my

1800

01:10:27,110 --> 01:10:25,040

head and i i just let out this this

1801

01:10:30,310 --> 01:10:27,120

whisper i said help

1802

01:10:32,790 --> 01:10:30,320

and and john heard me and he put his

1803

01:10:35,270 --> 01:10:32,800

arms around me and he rocked me and

1804

01:10:37,910 --> 01:10:35,280

gently until i was able to completely

1805

01:10:39,189 --> 01:10:37,920

move again so it was back in my physical

1806

01:10:41,430 --> 01:10:39,199

body and

1807

01:10:43,830 --> 01:10:41,440

when i got back in my body it felt so

1808

01:10:46,229 --> 01:10:43,840

heavy it felt it felt like it had been

1809

01:10:47,990 --> 01:10:46,239

dead it was like cold and heavy and it

1810

01:10:50,550 --> 01:10:48,000

did not feel good

1811

01:10:52,310 --> 01:10:50,560

um but i was just of course amazed my

1812

01:10:54,630 --> 01:10:52,320

life had changed because

1813

01:10:56,870 --> 01:10:54,640

i had this new insight about you know

1814

01:10:59,030 --> 01:10:56,880

what death is and definitely

1815

01:11:01,270 --> 01:10:59,040

uh it's nothing to be afraid of it's

1816

01:11:02,310 --> 01:11:01,280

something that happens naturally and

1817

01:11:05,350 --> 01:11:02,320

it's

1818

01:11:07,030 --> 01:11:05,360

doorway to

1819

01:11:09,270 --> 01:11:07,040

the rest of your life

1820

01:11:11,430 --> 01:11:09,280

and and that continues our conscious

1821

01:11:13,830 --> 01:11:11,440

awareness continues

1822

01:11:15,350 --> 01:11:13,840

so this physical world that we're in

1823

01:11:17,669 --> 01:11:15,360

right now

1824

01:11:19,750 --> 01:11:17,679

it's so much more than we think it is

1825

01:11:22,950 --> 01:11:19,760

there's so much more going on

1826

01:11:24,830 --> 01:11:22,960

and the different levels the astral and

1827

01:11:26,390 --> 01:11:24,840

the etheric and all the different

1828

01:11:29,350 --> 01:11:26,400

dimensions

1829

01:11:32,390 --> 01:11:29,360

we we can have access to these things

1830

01:11:34,470 --> 01:11:32,400

with our conscious awareness

1831

01:11:36,149 --> 01:11:34,480

and

1832

01:11:37,430 --> 01:11:36,159

so i just want to make that point to

1833

01:11:40,390 --> 01:11:37,440

everybody and that we are

1834

01:11:43,189 --> 01:11:40,400

multi-dimensional beings we're eternal

1835

01:11:45,030 --> 01:11:43,199

and we are spiritual

1836

01:11:48,390 --> 01:11:45,040

and so um

1837

01:11:50,630 --> 01:11:48,400

let's see where can i go from here

1838

01:11:52,470 --> 01:11:50,640

so the second part of my training with

1839

01:11:55,030 --> 01:11:52,480

the star people

1840

01:11:56,229 --> 01:11:55,040

this is when we got heavy into

1841

01:12:00,470 --> 01:11:56,239

the shift

1842

01:12:02,229 --> 01:12:00,480

prepare for it

1843

01:12:05,750 --> 01:12:02,239

so

1844

01:12:08,709 --> 01:12:05,760

i started doing things like

1845

01:12:10,310 --> 01:12:08,719

they were showing me

1846

01:12:11,590 --> 01:12:10,320

scenes where

1847

01:12:13,270 --> 01:12:11,600

[Music]

1848

01:12:14,310 --> 01:12:13,280

the current world that we're in right

1849

01:12:15,910 --> 01:12:14,320

now

1850

01:12:20,390 --> 01:12:15,920

was ending

1851
01:12:22,950 --> 01:12:20,400
and i'll give you uh an example of that

1852
01:12:25,750 --> 01:12:22,960
this happened on let's see i have it

1853
01:12:30,470 --> 01:12:25,760
written here

1854
01:12:35,350 --> 01:12:32,630
and my star friends had worked with me a

1855
01:12:37,430 --> 01:12:35,360
lot to help me prepare for the shift

1856
01:12:39,910 --> 01:12:37,440
and they did a lot of coming and

1857
01:12:42,390 --> 01:12:39,920
checking on me and john

1858
01:12:45,590 --> 01:12:42,400
to see if we were ready to do this where

1859
01:12:48,310 --> 01:12:45,600
we're ready to level up

1860
01:12:52,149 --> 01:12:48,320
and so november 11 2012

1861
01:12:54,149 --> 01:12:52,159
i went to sleep that night as usual

1862
01:12:58,149 --> 01:12:54,159
ended up going out of body to the

1863
01:13:00,310 --> 01:12:58,159

etheric plane to the alternate reality

1864

01:13:02,149 --> 01:13:00,320

where i met with two star people two

1865

01:13:05,030 --> 01:13:02,159

ancient star people

1866

01:13:09,189 --> 01:13:05,040

on this wooden ship the interesting

1867

01:13:10,229 --> 01:13:09,199

thing was the ship was like a man-made

1868

01:13:14,310 --> 01:13:10,239

boat

1869

01:13:15,189 --> 01:13:14,320

ocean

1870

01:13:18,149 --> 01:13:15,199

and

1871

01:13:19,669 --> 01:13:18,159

these two ancient star people were our

1872

01:13:22,070 --> 01:13:19,679

guides

1873

01:13:23,830 --> 01:13:22,080

so my husband john was on the ship with

1874

01:13:27,910 --> 01:13:23,840

me

1875

01:13:30,149 --> 01:13:27,920

five other humans

1876

01:13:32,709 --> 01:13:30,159

there and i recognized them

1877

01:13:35,270 --> 01:13:32,719

from the star people school and we had

1878

01:13:38,229 --> 01:13:35,280

actually done this practice run a couple

1879

01:13:40,149 --> 01:13:38,239

of times already on this ship

1880

01:13:42,709 --> 01:13:40,159

and then i remembered that it was coming

1881

01:13:43,669 --> 01:13:42,719

back to me as i was becoming consciously

1882

01:13:46,870 --> 01:13:43,679

aware

1883

01:13:48,870 --> 01:13:46,880

this

1884

01:13:51,430 --> 01:13:48,880

and i knew that i had a job on the ship

1885

01:13:55,110 --> 01:13:51,440

which had something to do with

1886

01:13:56,310 --> 01:13:55,120

navigation or steering

1887

01:13:59,030 --> 01:13:56,320

and

1888

01:14:00,470 --> 01:13:59,040

so i talked about this with my my fellow

1889

01:14:01,750 --> 01:14:00,480

classmates

1890

01:14:05,669 --> 01:14:01,760

and

1891

01:14:08,950 --> 01:14:05,679

at the front of the ship he was at the

1892

01:14:10,550 --> 01:14:08,960

bow sitting in a chair like like sitting

1893

01:14:11,669 --> 01:14:10,560

watch

1894

01:14:13,110 --> 01:14:11,679

and

1895

01:14:15,990 --> 01:14:13,120

on the bow of the ship sitting in

1896

01:14:18,390 --> 01:14:16,000

another chair was a very ancient star

1897

01:14:19,270 --> 01:14:18,400

man and and the star man and the story

1898

01:14:22,550 --> 01:14:19,280

lady

1899

01:14:23,590 --> 01:14:22,560

were to me clearly very wise very old

1900

01:14:26,070 --> 01:14:23,600

and

1901

01:14:27,990 --> 01:14:26,080

they were the tall white kind possibly

1902

01:14:28,709 --> 01:14:28,000

pleiadian

1903

01:14:30,790 --> 01:14:28,719

so

1904

01:14:33,030 --> 01:14:30,800

i said hello hello to john and i said

1905

01:14:35,590 --> 01:14:33,040

hello to this ancient star man

1906

01:14:39,270 --> 01:14:35,600

and then i went to the back of the boat

1907

01:14:41,350 --> 01:14:39,280

to the stern and there were two chairs

1908

01:14:42,390 --> 01:14:41,360

in one chair was this ancient star lady

1909

01:14:44,149 --> 01:14:42,400

sitting there

1910

01:14:46,070 --> 01:14:44,159

and she was very happy to see me she was

1911

01:14:48,550 --> 01:14:46,080

like a grandmother

1912

01:14:50,790 --> 01:14:48,560

and i sat in the other chair and she

1913

01:14:51,830 --> 01:14:50,800

told me that we were getting ready to

1914

01:14:54,390 --> 01:14:51,840

watch

1915

01:14:56,310 --> 01:14:54,400

the end of the world basically

1916

01:14:59,030 --> 01:14:56,320

and so i sat down in this chair didn't

1917

01:15:01,350 --> 01:14:59,040

know what to expect and

1918

01:15:04,070 --> 01:15:01,360

it was then that i looked out across the

1919

01:15:05,430 --> 01:15:04,080

ocean and i saw a city

1920

01:15:09,270 --> 01:15:05,440

skyline

1921

01:15:10,550 --> 01:15:09,280

and i realized it was new york city

1922

01:15:12,310 --> 01:15:10,560

and

1923

01:15:13,830 --> 01:15:12,320

then the boat

1924

01:15:17,189 --> 01:15:13,840

which was floating in the ocean

1925

01:15:18,790 --> 01:15:17,199

levitated up out of the water and i had

1926

01:15:20,550 --> 01:15:18,800

to hang on to my seat because we were

1927

01:15:21,430 --> 01:15:20,560

rocking back and forth

1928

01:15:23,750 --> 01:15:21,440

and

1929

01:15:25,830 --> 01:15:23,760

we were floating probably not too high

1930

01:15:29,189 --> 01:15:25,840

up maybe like 20 foot up in the air and

1931

01:15:30,790 --> 01:15:29,199

i'm looking at the new york city skyline

1932

01:15:32,070 --> 01:15:30,800

and

1933

01:15:34,470 --> 01:15:32,080

suddenly

1934

01:15:37,669 --> 01:15:34,480

the skyscrapers start

1935

01:15:38,870 --> 01:15:37,679

looks like they're melting from the top

1936

01:15:42,229 --> 01:15:38,880

down

1937

01:15:45,270 --> 01:15:42,239

everything is disappearing

1938

01:15:48,709 --> 01:15:45,280

and what's it taking its place

1939

01:15:50,709 --> 01:15:48,719

are these tiny little cellular

1940

01:15:53,030 --> 01:15:50,719

structures like little cells and they're

1941

01:15:56,310 --> 01:15:53,040

floating in the air

1942

01:15:59,669 --> 01:15:56,320

and so everything about

1943

01:16:01,669 --> 01:15:59,679

the human-made um skyline all the

1944

01:16:04,070 --> 01:16:01,679

buildings and everything are just

1945

01:16:06,070 --> 01:16:04,080

disappearing from the top down

1946

01:16:08,229 --> 01:16:06,080

and it made me feel like we are going

1947

01:16:09,270 --> 01:16:08,239

through this reset

1948

01:16:11,750 --> 01:16:09,280

like

1949

01:16:14,070 --> 01:16:11,760

you know this is the end of the fourth

1950

01:16:16,149 --> 01:16:14,080

world beginning of the fifth world

1951

01:16:19,110 --> 01:16:16,159

i'm watching it happen

1952

01:16:23,830 --> 01:16:22,070

i woke up in my bed the next morning and

1953

01:16:25,990 --> 01:16:23,840

wrote all of this down

1954

01:16:27,590 --> 01:16:26,000

so that was one of the times they showed

1955

01:16:37,510 --> 01:16:27,600

me that

1956

01:16:41,110 --> 01:16:37,520

i was with the same two star people

1957

01:16:43,430 --> 01:16:41,120

these very old and wise star people

1958

01:16:46,229 --> 01:16:43,440

went to bed that night as usual went out

1959

01:16:49,189 --> 01:16:46,239

of body my conscious awareness went and

1960

01:16:50,709 --> 01:16:49,199

met with them in the alternate reality

1961

01:16:52,470 --> 01:16:50,719

and we were

1962

01:16:55,350 --> 01:16:52,480

we were standing

1963

01:16:57,189 --> 01:16:55,360

outside in this little town it was

1964

01:16:58,310 --> 01:16:57,199

actually daytime

1965

01:17:00,070 --> 01:16:58,320

and

1966

01:17:03,189 --> 01:17:00,080

there weren't very many humans around at

1967

01:17:04,790 --> 01:17:03,199

all maybe 10 people 10 humans walking

1968

01:17:05,990 --> 01:17:04,800

around

1969

01:17:07,750 --> 01:17:06,000

and

1970

01:17:10,550 --> 01:17:07,760

i noticed that all of the houses like

1971

01:17:12,390 --> 01:17:10,560

all of the human dwellings in this town

1972

01:17:14,390 --> 01:17:12,400

were all open like all the windows were

1973

01:17:16,870 --> 01:17:14,400

open all the doors were open and

1974

01:17:18,790 --> 01:17:16,880

everything looked kind of clean

1975

01:17:20,470 --> 01:17:18,800

like there was no there was not a lot of

1976

01:17:22,149 --> 01:17:20,480

material things scattered about

1977

01:17:23,590 --> 01:17:22,159

everything's just very kind of pure and

1978

01:17:24,550 --> 01:17:23,600

clean

1979

01:17:26,470 --> 01:17:24,560

and

1980

01:17:29,110 --> 01:17:26,480

so the star lady

1981

01:17:31,189 --> 01:17:29,120

informed me that

1982

01:17:33,430 --> 01:17:31,199

those this world was going to end and a

1983

01:17:35,910 --> 01:17:33,440

new one was going to begin

1984

01:17:42,709 --> 01:17:39,590

what i saw behind me was this black

1985

01:17:45,750 --> 01:17:42,719

nothingness like this black void

1986

01:17:48,950 --> 01:17:45,760

that was just enveloping everything

1987

01:17:51,590 --> 01:17:48,960

behind us and was moving towards us

1988

01:17:54,070 --> 01:17:51,600

and she was very calm about it you know

1989

01:17:55,669 --> 01:17:54,080

very mad matter of factly like okay this

1990

01:17:58,790 --> 01:17:55,679

is the way it works

1991

01:17:59,990 --> 01:17:58,800

we're just gonna walk through town

1992

01:18:02,950 --> 01:18:00,000

we're going to walk through all these

1993

01:18:04,630 --> 01:18:02,960

empty houses and this blackness is going

1994

01:18:07,830 --> 01:18:04,640

to come and just

1995

01:18:10,470 --> 01:18:07,840

disappear everything behind us

1996

01:18:14,390 --> 01:18:10,480

so i start walking with the star lady

1997

01:18:16,550 --> 01:18:14,400

and the other people in town joined us

1998

01:18:18,470 --> 01:18:16,560

and we walked through the first house

1999

01:18:21,430 --> 01:18:18,480

and as we're walking through i look

2000

01:18:23,270 --> 01:18:21,440

behind me and the this blackness is just

2001
01:18:24,630 --> 01:18:23,280
enveloping the entire house as we go

2002
01:18:26,950 --> 01:18:24,640
through it

2003
01:18:28,550 --> 01:18:26,960
and we go out out the backyard through

2004
01:18:29,510 --> 01:18:28,560
another house

2005
01:18:32,709 --> 01:18:29,520
and

2006
01:18:34,709 --> 01:18:32,719
we're walking towards the ocean so we're

2007
01:18:36,310 --> 01:18:34,719
right there on the coast again at the

2008
01:18:40,550 --> 01:18:36,320
water

2009
01:18:42,070 --> 01:18:40,560
then the this ancient star man joins us

2010
01:18:44,870 --> 01:18:42,080
and we're all walking together and we

2011
01:18:47,189 --> 01:18:44,880
come to this last backyard and we're

2012
01:18:49,430 --> 01:18:47,199
standing on the grass

2013
01:18:52,390 --> 01:18:49,440

everything behind us is gone

2014

01:18:54,950 --> 01:18:52,400

and so this was the last piece of land

2015

01:18:57,669 --> 01:18:54,960

that we had to stand on

2016

01:18:59,270 --> 01:18:57,679

so it was a little nerve-wracking for

2017

01:19:01,510 --> 01:18:59,280

some of the people

2018

01:19:03,830 --> 01:19:01,520

and i was doing my best to just be calm

2019

01:19:04,950 --> 01:19:03,840

and the the star people were very calm

2020

01:19:08,310 --> 01:19:04,960

about it

2021

01:19:09,910 --> 01:19:08,320

as if they'd done it many times before

2022

01:19:12,709 --> 01:19:09,920

and

2023

01:19:14,709 --> 01:19:12,719

this star lady asked me to kind of

2024

01:19:17,590 --> 01:19:14,719

you know go around and comfort people

2025

01:19:19,350 --> 01:19:17,600

and let them know that everything's okay

2026

01:19:20,830 --> 01:19:19,360

and the grass that we were standing on

2027

01:19:22,950 --> 01:19:20,840

started to turn

2028

01:19:25,430 --> 01:19:22,960

black and

2029

01:19:28,149 --> 01:19:25,440

so we were still able to stand we had

2030

01:19:29,270 --> 01:19:28,159

solid ground to stand on but it was just

2031

01:19:33,510 --> 01:19:29,280

blackness

2032

01:19:35,910 --> 01:19:33,520

developed everything except for

2033

01:19:37,510 --> 01:19:35,920

the ocean so we still had the water

2034

01:19:39,350 --> 01:19:37,520

there

2035

01:19:41,590 --> 01:19:39,360

so that was another

2036

01:19:44,310 --> 01:19:41,600

time that they showed me how this was

2037

01:19:46,390 --> 01:19:44,320

going to play out

2038

01:19:48,390 --> 01:19:46,400

and so

2039

01:19:51,189 --> 01:19:48,400
on march 28

2040

01:19:53,510 --> 01:19:51,199
2015

2041

01:19:54,790 --> 01:19:53,520
i go into another alternate reality

2042

01:19:57,350 --> 01:19:54,800
experience

2043

01:19:59,350 --> 01:19:57,360
i'm awake and aware and i am on

2044

01:20:02,070 --> 01:19:59,360
the ship again

2045

01:20:03,430 --> 01:20:02,080
the wooden boat looks man-made

2046

01:20:05,910 --> 01:20:03,440
but there's

2047

01:20:08,629 --> 01:20:05,920
two star people are here

2048

01:20:10,470 --> 01:20:08,639
and i'm sitting in the same chair on

2049

01:20:12,550 --> 01:20:10,480
this back of the boat

2050

01:20:15,030 --> 01:20:12,560
but this time sitting another chair next

2051
01:20:17,189 --> 01:20:15,040
to me is a girl who was in the star

2052
01:20:19,350 --> 01:20:17,199
people school with me a fellow human

2053
01:20:22,149 --> 01:20:19,360
classmate

2054
01:20:25,430 --> 01:20:22,159
and so this star person comes up to us

2055
01:20:27,830 --> 01:20:25,440
and says okay we're going to dismantle

2056
01:20:29,990 --> 01:20:27,840
the matrix

2057
01:20:33,590 --> 01:20:30,000
and we're going to do this

2058
01:20:34,629 --> 01:20:33,600
with our mental with our mental focus

2059
01:20:41,910 --> 01:20:34,639
and

2060
01:20:44,229 --> 01:20:41,920
written instructions on this paper of

2061
01:20:48,149 --> 01:20:44,239
how to do this

2062
01:20:50,550 --> 01:20:48,159
so i i sit there and i start reading

2063
01:20:52,550 --> 01:20:50,560

and i get about maybe one paragraph into

2064

01:20:53,830 --> 01:20:52,560

the instructions of how to dismantle the

2065

01:20:54,790 --> 01:20:53,840

matrix

2066

01:20:57,350 --> 01:20:54,800

and

2067

01:21:00,149 --> 01:20:57,360

my eyes start just fluttering like in

2068

01:21:02,229 --> 01:21:00,159

rem state just uncontrollably and i just

2069

01:21:03,830 --> 01:21:02,239

i let it happen

2070

01:21:06,070 --> 01:21:03,840

and

2071

01:21:09,350 --> 01:21:06,080

pretty soon

2072

01:21:11,590 --> 01:21:09,360

i am releasing everything that i know

2073

01:21:14,550 --> 01:21:11,600

about the world

2074

01:21:17,669 --> 01:21:14,560

everything in my mind um

2075

01:21:18,870 --> 01:21:17,679

that has to do with the current world um

2076
01:21:21,270 --> 01:21:18,880
you know all these thoughts are going

2077
01:21:22,950 --> 01:21:21,280
through my mind about life and

2078
01:21:25,990 --> 01:21:22,960
all the experiences i've had and

2079
01:21:28,629 --> 01:21:26,000
everything i'm just letting it all go

2080
01:21:30,310 --> 01:21:28,639
and i'm also releasing everything about

2081
01:21:32,149 --> 01:21:30,320
myself like my

2082
01:21:34,550 --> 01:21:32,159
my personality

2083
01:21:35,430 --> 01:21:34,560
the role that i play in life

2084
01:21:38,149 --> 01:21:35,440
you know

2085
01:21:40,470 --> 01:21:38,159
the person that i think i am

2086
01:21:43,910 --> 01:21:40,480
the role that i'm playing right now as

2087
01:21:46,629 --> 01:21:43,920
this character i'm releasing all of that

2088
01:21:50,149 --> 01:21:46,639

it's like a huge data dump just

2089

01:21:52,790 --> 01:21:50,159

clearing it out getting rid of all of it

2090

01:21:56,149 --> 01:21:52,800

so this all took maybe

2091

01:21:59,430 --> 01:21:56,159

i don't know 30 minutes or less

2092

01:22:01,270 --> 01:21:59,440

and i sat there and this

2093

01:22:02,470 --> 01:22:01,280

girl was sitting next to me she did the

2094

01:22:03,830 --> 01:22:02,480

same thing

2095

01:22:05,430 --> 01:22:03,840

and i knew that there were a couple

2096

01:22:06,709 --> 01:22:05,440

other people on the ship that were also

2097

01:22:08,550 --> 01:22:06,719

doing this

2098

01:22:12,149 --> 01:22:08,560

but there were also other people in

2099

01:22:13,270 --> 01:22:12,159

different locations doing the same thing

2100

01:22:15,830 --> 01:22:13,280

and so

2101

01:22:17,189 --> 01:22:15,840

i felt really cleansed i didn't forget

2102

01:22:19,430 --> 01:22:17,199

who i was

2103

01:22:22,390 --> 01:22:19,440

i still remembered you know who i am and

2104

01:22:25,110 --> 01:22:22,400

everything but i just felt very cleansed

2105

01:22:28,229 --> 01:22:25,120

and i had really let go of a lot of

2106

01:22:29,510 --> 01:22:28,239

a lot of baggage i had just let it go

2107

01:22:31,910 --> 01:22:29,520

and so

2108

01:22:34,310 --> 01:22:31,920

my human friend and i we stand up and

2109

01:22:36,070 --> 01:22:34,320

we're looking around and we can see that

2110

01:22:37,510 --> 01:22:36,080

the only thing left

2111

01:22:39,750 --> 01:22:37,520

is the ocean

2112

01:22:42,310 --> 01:22:39,760

although i did see a little bit of land

2113

01:22:43,910 --> 01:22:42,320

far in the distance

2114

01:22:46,790 --> 01:22:43,920

and we knew that we were in the

2115

01:22:48,870 --> 01:22:46,800

alternate reality and we um we both

2116

01:22:51,350 --> 01:22:48,880

jumped off the boat into the water and

2117

01:22:53,830 --> 01:22:51,360

it was only about knee deep

2118

01:22:55,430 --> 01:22:53,840

and so we were wading through the water

2119

01:22:57,350 --> 01:22:55,440

and we we knew

2120

01:22:59,590 --> 01:22:57,360

okay what comes next something has to

2121

01:23:02,070 --> 01:22:59,600

happen next

2122

01:23:04,070 --> 01:23:02,080

so as we're walking in the water we see

2123

01:23:05,910 --> 01:23:04,080

this little doorway and it really

2124

01:23:07,590 --> 01:23:05,920

reminds me of the truman show if you've

2125

01:23:08,709 --> 01:23:07,600

ever seen that movie now it's like the

2126

01:23:12,390 --> 01:23:08,719

doorway

2127

01:23:14,550 --> 01:23:12,400

to leave the world to leave this

2128

01:23:16,229 --> 01:23:14,560

possibly a simulation that we're living

2129

01:23:19,430 --> 01:23:16,239

inside of right now

2130

01:23:20,870 --> 01:23:19,440

so we go towards this door

2131

01:23:22,790 --> 01:23:20,880

and there's light coming through the

2132

01:23:24,070 --> 01:23:22,800

doorway and i hear voices from the other

2133

01:23:25,990 --> 01:23:24,080

side

2134

01:23:27,669 --> 01:23:26,000

and it's like you know friendly people

2135

01:23:29,430 --> 01:23:27,679

over there talking to each other and

2136

01:23:31,510 --> 01:23:29,440

this girl and i

2137

01:23:33,990 --> 01:23:31,520

we go up the steps of this platform and

2138

01:23:36,870 --> 01:23:34,000

we're going to walk through the door and

2139

01:23:38,149 --> 01:23:36,880

we're totally i'm totally expecting that

2140

01:23:39,669 --> 01:23:38,159

we're just going to go in here and we're

2141

01:23:41,350 --> 01:23:39,679

going to see like you know what's next

2142

01:23:43,590 --> 01:23:41,360

what do we do next

2143

01:23:47,510 --> 01:23:43,600

but then i woke up i woke up in my bed

2144

01:23:47,520 --> 01:23:51,510

so i started going through

2145

01:23:56,310 --> 01:23:53,669

these different um

2146

01:23:59,030 --> 01:23:56,320

experiences night where i'm like going

2147

01:24:00,790 --> 01:23:59,040

inside of my own mind and i know that

2148

01:24:03,990 --> 01:24:00,800

i'm inside of my own mind

2149

01:24:06,550 --> 01:24:04,000

and i'm like going down hallways

2150

01:24:07,430 --> 01:24:06,560

and i see all these different rooms

2151
01:24:12,310 --> 01:24:07,440
and

2152
01:24:14,550 --> 01:24:12,320
what's in there in some of these rooms

2153
01:24:16,870 --> 01:24:14,560
have things from my childhood and it's

2154
01:24:18,310 --> 01:24:16,880
so nice to go in there and discover them

2155
01:24:20,550 --> 01:24:18,320
things that i put in there that i had

2156
01:24:22,310 --> 01:24:20,560
forgotten about

2157
01:24:30,390 --> 01:24:22,320
and

2158
01:24:32,550 --> 01:24:30,400
found two reptilians

2159
01:24:36,149 --> 01:24:32,560
two reptilian entities

2160
01:24:38,550 --> 01:24:36,159
inside of a room inside of my mind

2161
01:24:40,070 --> 01:24:38,560
and so i knew you know that's not good

2162
01:24:41,590 --> 01:24:40,080
uh nobody's supposed to be in here

2163
01:24:43,830 --> 01:24:41,600

except for me

2164

01:24:45,590 --> 01:24:43,840

and so i went in there and i i chased

2165

01:24:47,510 --> 01:24:45,600

them out i beat them up pretty good and

2166

01:24:48,550 --> 01:24:47,520

i chased them out

2167

01:24:51,030 --> 01:24:48,560

and

2168

01:24:53,830 --> 01:24:51,040

i ended up going into other rooms

2169

01:24:55,510 --> 01:24:53,840

one of them had a demon in it

2170

01:24:59,270 --> 01:24:55,520

and so

2171

01:25:00,790 --> 01:24:59,280

you know i i realized that

2172

01:25:02,470 --> 01:25:00,800

i have been

2173

01:25:04,229 --> 01:25:02,480

living in this physical world going

2174

01:25:06,709 --> 01:25:04,239

through the indoctrination and the

2175

01:25:09,110 --> 01:25:06,719

programming and the mind control

2176
01:25:10,870 --> 01:25:09,120
and a lot of us have have unknowingly

2177
01:25:13,350 --> 01:25:10,880
been going through this

2178
01:25:16,390 --> 01:25:13,360
and we we've we've lived through all the

2179
01:25:18,790 --> 01:25:16,400
propaganda and a bunch of lies about

2180
01:25:21,270 --> 01:25:18,800
history and about who we really are and

2181
01:25:23,910 --> 01:25:21,280
all of this

2182
01:25:24,870 --> 01:25:23,920
and i know that through mind control and

2183
01:25:26,950 --> 01:25:24,880
um

2184
01:25:29,110 --> 01:25:26,960
you know some people unfortunately

2185
01:25:30,390 --> 01:25:29,120
experience this through satanic ritual

2186
01:25:33,510 --> 01:25:30,400
abuse

2187
01:25:35,590 --> 01:25:33,520
or mk ultra mind control

2188
01:25:37,350 --> 01:25:35,600

they can actually create rooms inside of

2189

01:25:40,550 --> 01:25:37,360

your mind and they can create alters

2190

01:25:42,229 --> 01:25:40,560

like personal uh multiple personality

2191

01:25:43,750 --> 01:25:42,239

disorder

2192

01:25:45,510 --> 01:25:43,760

so this was the kind of thing i was

2193

01:25:47,750 --> 01:25:45,520

going in my mind and i was getting rid

2194

01:25:49,510 --> 01:25:47,760

of it like clearing house like just

2195

01:25:52,709 --> 01:25:49,520

clearing it out

2196

01:25:53,590 --> 01:25:52,719

making things pure and clean

2197

01:25:57,350 --> 01:25:53,600

and

2198

01:26:01,669 --> 01:25:57,360

was

2199

01:26:03,990 --> 01:26:01,679

detangling wires which i realized were

2200

01:26:05,110 --> 01:26:04,000

neural passageways those are like

2201

01:26:06,950 --> 01:26:05,120

electrical

2202

01:26:09,590 --> 01:26:06,960

wires and stuff in my mind that were all

2203

01:26:13,270 --> 01:26:09,600

mixed up and i was untangling them

2204

01:26:15,110 --> 01:26:13,280

and creating new neural passageways

2205

01:26:17,430 --> 01:26:15,120

and you can do that easily

2206

01:26:18,550 --> 01:26:17,440

you can create new neural passageways in

2207

01:26:21,350 --> 01:26:18,560

your brain

2208

01:26:23,830 --> 01:26:21,360

by simply thinking new thoughts

2209

01:26:26,870 --> 01:26:23,840

starting new hobbies you know get rid of

2210

01:26:28,629 --> 01:26:26,880

your old habits that are not serving you

2211

01:26:29,990 --> 01:26:28,639

and start doing something brand new

2212

01:26:30,870 --> 01:26:30,000

that's fun

2213

01:26:32,310 --> 01:26:30,880

and

2214

01:26:35,510 --> 01:26:32,320

you know something that's good for you

2215

01:26:37,510 --> 01:26:35,520

that's hap that brings happiness

2216

01:26:39,590 --> 01:26:37,520

and so

2217

01:26:42,390 --> 01:26:39,600

this this whole thing about the ship the

2218

01:26:44,870 --> 01:26:42,400

star people started teaching me about it

2219

01:26:45,830 --> 01:26:44,880

back in like 1988

2220

01:26:47,910 --> 01:26:45,840

and

2221

01:26:48,790 --> 01:26:47,920

up until this present day

2222

01:26:51,830 --> 01:26:48,800

and

2223

01:26:56,070 --> 01:26:51,840

so what happened for me

2224

01:26:57,750 --> 01:26:56,080

is on january 20th 2020

2225

01:26:59,430 --> 01:26:57,760

after i had done all this work going

2226

01:27:01,750 --> 01:26:59,440

through all this process with the star

2227

01:27:02,830 --> 01:27:01,760

people

2228

01:27:06,310 --> 01:27:02,840

january

2229

01:27:09,030 --> 01:27:06,320

2020 i go out of body at night

2230

01:27:11,669 --> 01:27:09,040

and i meet with about five

2231

01:27:13,510 --> 01:27:11,679

human people who were in the star people

2232

01:27:15,189 --> 01:27:13,520

school with me

2233

01:27:17,270 --> 01:27:15,199

and we all know what's happening we

2234

01:27:19,030 --> 01:27:17,280

don't even have to talk about it we just

2235

01:27:23,030 --> 01:27:19,040

all know we

2236

01:27:25,590 --> 01:27:23,040

we go flying straight up into the sky

2237

01:27:27,590 --> 01:27:25,600

all all of us together as a group flying

2238

01:27:28,950 --> 01:27:27,600

straight up into the sky

2239

01:27:32,709 --> 01:27:28,960

and

2240

01:27:34,390 --> 01:27:32,719

while

2241

01:27:37,110 --> 01:27:34,400

you know i was just looking straight up

2242

01:27:39,590 --> 01:27:37,120

and for a while all i could see was like

2243

01:27:41,270 --> 01:27:39,600

blue sky and clouds

2244

01:27:44,790 --> 01:27:41,280

but then i started to see

2245

01:27:47,510 --> 01:27:44,800

like a shimmering reflection up there

2246

01:27:51,030 --> 01:27:47,520

almost like a silvery

2247

01:27:53,750 --> 01:27:51,040

silvery uh metal like a mirror maybe and

2248

01:27:55,910 --> 01:27:53,760

it's reflecting like

2249

01:27:58,629 --> 01:27:55,920

i hadn't seen that before that was that

2250

01:28:00,709 --> 01:27:58,639

was new so i knew we were going pretty

2251

01:28:02,950 --> 01:28:00,719

fast towards this

2252

01:28:05,270 --> 01:28:02,960

and as we got closer and closer i

2253

01:28:09,669 --> 01:28:05,280

realized i was looking at water

2254

01:28:11,110 --> 01:28:09,679

like this is an ocean that is above

2255

01:28:13,590 --> 01:28:11,120

and

2256

01:28:15,910 --> 01:28:13,600

all of us went straight into this

2257

01:28:17,910 --> 01:28:15,920

ocean into this body of water

2258

01:28:20,070 --> 01:28:17,920

and when i got inside of it and i was

2259

01:28:22,470 --> 01:28:20,080

still looking up and i realized

2260

01:28:25,430 --> 01:28:22,480

that there was a light source above this

2261

01:28:29,910 --> 01:28:25,440

even above this shining down through it

2262

01:28:32,310 --> 01:28:29,920

and so we come up through this water and

2263

01:28:33,830 --> 01:28:32,320

we fly out of a lake

2264

01:28:37,110 --> 01:28:33,840

and

2265

01:28:39,910 --> 01:28:37,120

a beautiful blue sky with a sunshine

2266

01:28:42,390 --> 01:28:39,920

and what looks like the earth it's a

2267

01:28:44,470 --> 01:28:42,400

beautiful earth it's like the plane

2268

01:28:47,510 --> 01:28:44,480

above the earth plane

2269

01:28:50,870 --> 01:28:47,520

like this is where the next level is is

2270

01:28:52,709 --> 01:28:50,880

the next dimension of

2271

01:28:54,310 --> 01:28:52,719

human existence

2272

01:28:55,350 --> 01:28:54,320

it's the next level

2273

01:28:57,510 --> 01:28:55,360

and so

2274

01:29:00,310 --> 01:28:57,520

we were up there and

2275

01:29:01,590 --> 01:29:00,320

i knew right away i called it the world

2276

01:29:02,629 --> 01:29:01,600

of bliss

2277

01:29:04,870 --> 01:29:02,639

because

2278

01:29:05,669 --> 01:29:04,880

it just felt beautiful everything was

2279

01:29:06,950 --> 01:29:05,679

love

2280

01:29:09,110 --> 01:29:06,960

everything was

2281

01:29:11,110 --> 01:29:09,120

there was grass and trees and bushes and

2282

01:29:13,189 --> 01:29:11,120

flowers and everything was lush and

2283

01:29:15,189 --> 01:29:13,199

green and

2284

01:29:17,669 --> 01:29:15,199

there were people there were some humans

2285

01:29:19,590 --> 01:29:17,679

not that many but there were some i saw

2286

01:29:22,229 --> 01:29:19,600

a man sitting with his dog and i saw

2287

01:29:24,310 --> 01:29:22,239

some horses in the distance

2288

01:29:25,590 --> 01:29:24,320

and so some of these friends of mine

2289

01:29:27,590 --> 01:29:25,600
from the star people school they

2290

01:29:29,669 --> 01:29:27,600
actually stayed there

2291

01:29:32,390 --> 01:29:29,679
didn't come back down

2292

01:29:35,189 --> 01:29:32,400
but i decided to come back down to earth

2293

01:29:38,470 --> 01:29:35,199
because i knew that there was a window

2294

01:29:41,110 --> 01:29:38,480
of opportunity like i would have time to

2295

01:29:43,750 --> 01:29:41,120
go back and forth i could go back and

2296

01:29:45,910 --> 01:29:43,760
help wake up more people and bring more

2297

01:29:47,990 --> 01:29:45,920
people up there

2298

01:29:50,629 --> 01:29:48,000
to give more people that opportunity to

2299

01:29:52,470 --> 01:29:50,639
help wake them up and so i knew i could

2300

01:29:56,470 --> 01:29:52,480
do that about five times before this

2301

01:29:57,750 --> 01:29:56,480

doorway closed so i was very confident

2302

01:30:01,270 --> 01:29:57,760

in doing that

2303

01:30:03,750 --> 01:30:01,280

so after that happened that was january

2304

01:30:05,430 --> 01:30:03,760

2020

2305

01:30:07,590 --> 01:30:05,440

same thing happened as before with the

2306

01:30:09,830 --> 01:30:07,600

story people's school when i graduated

2307

01:30:12,229 --> 01:30:09,840

they didn't come anymore for a long time

2308

01:30:14,470 --> 01:30:12,239

same things happen to me now

2309

01:30:17,910 --> 01:30:14,480

they stopped coming

2310

01:30:19,430 --> 01:30:17,920

i bet i have seen them a couple of times

2311

01:30:21,110 --> 01:30:19,440

and

2312

01:30:23,110 --> 01:30:21,120

basically we're just waiting for the

2313

01:30:25,430 --> 01:30:23,120

shift to happen and i know that the star

2314

01:30:28,229 --> 01:30:25,440

people are

2315

01:30:29,910 --> 01:30:28,239

someplace else they're working on this i

2316

01:30:31,669 --> 01:30:29,920

know that they're urgently working on it

2317

01:30:33,030 --> 01:30:31,679

they're always urgently working on

2318

01:30:34,709 --> 01:30:33,040

something

2319

01:30:36,950 --> 01:30:34,719

but they are helping other people

2320

01:30:38,950 --> 01:30:36,960

prepare and they are

2321

01:30:41,110 --> 01:30:38,960

they're they're getting preparations

2322

01:30:42,550 --> 01:30:41,120

done they're getting ready for this

2323

01:30:44,229 --> 01:30:42,560

shift to happen

2324

01:30:46,870 --> 01:30:44,239

and so that's what we're going through

2325

01:30:49,669 --> 01:30:46,880

in the world right now is

2326

01:30:51,750 --> 01:30:49,679

this great awakening and

2327

01:30:53,430 --> 01:30:51,760

john and i call it

2328

01:30:54,390 --> 01:30:53,440

the right-hand path and the left-hand

2329

01:30:55,430 --> 01:30:54,400

path

2330

01:30:57,590 --> 01:30:55,440

so you've got the people on the

2331

01:30:59,669 --> 01:30:57,600

right-hand path who

2332

01:31:02,310 --> 01:30:59,679

who want to they're consciously making

2333

01:31:04,070 --> 01:31:02,320

an effort to become enlightened and to

2334

01:31:06,629 --> 01:31:04,080

to become better people

2335

01:31:09,189 --> 01:31:06,639

to raise their vibrational frequency to

2336

01:31:11,830 --> 01:31:09,199

to be as happy as much as possible i

2337

01:31:13,030 --> 01:31:11,840

know that's difficult in this crazy time

2338

01:31:15,350 --> 01:31:13,040

that we live in

2339

01:31:17,590 --> 01:31:15,360

but to raise your frequency and to be in

2340

01:31:18,390 --> 01:31:17,600

love and to just let go

2341

01:31:21,350 --> 01:31:18,400

of

2342

01:31:23,910 --> 01:31:21,360

the old matrix system that is falling

2343

01:31:25,830 --> 01:31:23,920

apart around us

2344

01:31:27,590 --> 01:31:25,840

don't stare at it

2345

01:31:29,990 --> 01:31:27,600

don't get caught up in it don't get

2346

01:31:32,790 --> 01:31:30,000

dragged down by it because it's time to

2347

01:31:35,910 --> 01:31:32,800

let that go and focus instead

2348

01:31:37,669 --> 01:31:35,920

on manifesting a beautiful new reality

2349

01:31:40,709 --> 01:31:37,679

which we are totally

2350

01:31:43,510 --> 01:31:40,719

capable of doing as human beings

2351
01:31:45,430 --> 01:31:43,520
the left-hand path are the people who

2352
01:31:48,070 --> 01:31:45,440
they're just not ready they're not ready

2353
01:31:49,830 --> 01:31:48,080
to level up yet they are kind of caught

2354
01:31:51,990 --> 01:31:49,840
up in

2355
01:31:55,270 --> 01:31:52,000
the matrix system and they're part of

2356
01:31:57,750 --> 01:31:55,280
that and they have given their consent

2357
01:32:00,149 --> 01:31:57,760
and they are going to watch the end of

2358
01:32:02,870 --> 01:32:00,159
the matrix play out

2359
01:32:04,550 --> 01:32:02,880
and i think that those of us who are

2360
01:32:06,629 --> 01:32:04,560
shifting

2361
01:32:08,870 --> 01:32:06,639
like i said it's it's a gradual thing it

2362
01:32:11,350 --> 01:32:08,880
happens a little bit at a time and i can

2363
01:32:14,310 --> 01:32:11,360

see i'm aware that's happening

2364

01:32:16,390 --> 01:32:14,320

but i think there's also a moment

2365

01:32:18,790 --> 01:32:16,400

and i don't know the date i don't know

2366

01:32:22,149 --> 01:32:18,800

what the moment is although the clue

2367

01:32:23,830 --> 01:32:22,159

that i have from the star people is

2368

01:32:26,709 --> 01:32:23,840

that it has something to do with a

2369

01:32:27,750 --> 01:32:26,719

magnetic pull shift

2370

01:32:30,629 --> 01:32:27,760

and

2371

01:32:31,750 --> 01:32:30,639

you know we are electromagnetic beings

2372

01:32:34,950 --> 01:32:31,760

so

2373

01:32:36,950 --> 01:32:34,960

it makes sense that if the if magnetic

2374

01:32:39,430 --> 01:32:36,960

north shifts

2375

01:32:42,709 --> 01:32:39,440

that will affect us it will affect our

2376

01:32:44,550 --> 01:32:42,719

bodies and and everything about us

2377

01:32:46,950 --> 01:32:44,560

and even mainstream media has been

2378

01:32:49,590 --> 01:32:46,960

talking for years now about magnetic

2379

01:32:52,550 --> 01:32:49,600

north shifting so it's a known thing

2380

01:32:54,310 --> 01:32:52,560

that is happening so i think that's

2381

01:32:55,590 --> 01:32:54,320

related to it i think that has something

2382

01:32:57,510 --> 01:32:55,600

to do with it

2383

01:33:00,709 --> 01:32:57,520

and so the the book that i just

2384

01:33:02,390 --> 01:33:00,719

published um the shift

2385

01:33:03,990 --> 01:33:02,400

is about

2386

01:33:05,750 --> 01:33:04,000

you know it's basically covers my

2387

01:33:09,110 --> 01:33:05,760

experiences with the star people from

2388

01:33:11,830 --> 01:33:09,120

about 2005 until now

2389

01:33:13,590 --> 01:33:11,840

and it talks about raising vibrational

2390

01:33:15,189 --> 01:33:13,600

frequency and

2391

01:33:17,110 --> 01:33:15,199

just

2392

01:33:19,590 --> 01:33:17,120

clearing your mind out

2393

01:33:22,149 --> 01:33:19,600

making new neural passageways

2394

01:33:24,390 --> 01:33:22,159

coming up with new ideas and and new

2395

01:33:26,550 --> 01:33:24,400

thoughts that can help you can help

2396

01:33:28,950 --> 01:33:26,560

raise you up and

2397

01:33:30,070 --> 01:33:28,960

filling yourself with love and light

2398

01:33:32,870 --> 01:33:30,080

and so

2399

01:33:36,070 --> 01:33:32,880

that's what the book is about and uh

2400

01:33:37,910 --> 01:33:36,080

okay i think that's pretty much it

2401

01:33:39,910 --> 01:33:37,920

all right well thank you very much for

2402

01:33:41,350 --> 01:33:39,920

sharing that um i

2403

01:33:42,950 --> 01:33:41,360

didn't want to interrupt you it seems

2404

01:33:44,629 --> 01:33:42,960

like you want to flow in i know

2405

01:33:47,189 --> 01:33:44,639

personally when i'm in the flow it's

2406

01:33:48,629 --> 01:33:47,199

like it's best to just let me speak so

2407

01:33:50,870 --> 01:33:48,639

thank you for that again

2408

01:33:52,870 --> 01:33:50,880

um so i have a few questions i would

2409

01:33:54,870 --> 01:33:52,880

like to ask and uh since we're pretty

2410

01:33:56,310 --> 01:33:54,880

far into it then i figured there's

2411

01:33:58,229 --> 01:33:56,320

plenty of people that want to ask some

2412

01:33:59,910 --> 01:33:58,239

questions of their own if you're okay

2413

01:34:02,950 --> 01:33:59,920

with that

2414

01:34:04,550 --> 01:34:02,960

so so uh one is actually going going

2415

01:34:05,990 --> 01:34:04,560

back sorry i'm gonna have to check

2416

01:34:08,070 --> 01:34:06,000

myself to make sure

2417

01:34:10,550 --> 01:34:08,080

i'm muted i've been coughing again and

2418

01:34:12,950 --> 01:34:10,560

some of everyone knows that i'm still

2419

01:34:14,149 --> 01:34:12,960

going getting over a cold so

2420

01:34:15,669 --> 01:34:14,159

um

2421

01:34:17,189 --> 01:34:15,679

the the question was in the very

2422

01:34:19,030 --> 01:34:17,199

beginning

2423

01:34:20,870 --> 01:34:19,040

and i've we've heard this you know

2424

01:34:21,990 --> 01:34:20,880

through to several different witnesses

2425

01:34:22,709 --> 01:34:22,000

to

2426

01:34:27,510 --> 01:34:22,719

what

2427

01:34:29,510 --> 01:34:27,520

that are you know i guess part of these

2428

01:34:30,870 --> 01:34:29,520

my labs

2429

01:34:34,310 --> 01:34:30,880

are they

2430

01:34:36,470 --> 01:34:34,320

is this it no one how do they know

2431

01:34:38,870 --> 01:34:36,480

to come after you

2432

01:34:40,390 --> 01:34:38,880

and two is this like sort of kind of

2433

01:34:44,229 --> 01:34:40,400

like a

2434

01:34:46,229 --> 01:34:44,239

alternate group of humans that you know

2435

01:34:48,390 --> 01:34:46,239

doesn't belong to this government it's

2436

01:34:50,870 --> 01:34:48,400

not part of the regular structure that

2437

01:34:53,109 --> 01:34:50,880

we all believe exists you know and that

2438

01:34:54,229 --> 01:34:53,119

they just kind of do all of that outside

2439

01:34:55,189 --> 01:34:54,239

of this

2440

01:34:56,470 --> 01:34:55,199

um

2441

01:34:58,950 --> 01:34:56,480

you know

2442

01:35:00,950 --> 01:34:58,960

outside of anybody's prying eye so if

2443

01:35:02,390 --> 01:35:00,960

you can speak to that first

2444

01:35:04,070 --> 01:35:02,400

if you have any information i greatly

2445

01:35:05,270 --> 01:35:04,080

appreciate it

2446

01:35:08,070 --> 01:35:05,280

sure

2447

01:35:10,550 --> 01:35:08,080

well um like i said when i was little

2448

01:35:12,629 --> 01:35:10,560

when i was seven years old

2449

01:35:15,189 --> 01:35:12,639

i met these

2450

01:35:16,790 --> 01:35:15,199

government agents for the first time

2451

01:35:18,310 --> 01:35:16,800

and

2452

01:35:19,030 --> 01:35:18,320

you know it's a great question i don't

2453

01:35:21,270 --> 01:35:19,040

know

2454

01:35:23,350 --> 01:35:21,280

the real answer but because i'm still

2455

01:35:24,950 --> 01:35:23,360

trying to figure it out myself

2456

01:35:27,750 --> 01:35:24,960

but i think that

2457

01:35:30,149 --> 01:35:27,760

they somehow knew i was being visited by

2458

01:35:31,910 --> 01:35:30,159

the star people

2459

01:35:34,229 --> 01:35:31,920

and

2460

01:35:36,950 --> 01:35:34,239

when they came to see me you know they

2461

01:35:38,550 --> 01:35:36,960

stuck this piece of metal on my rib

2462

01:35:40,870 --> 01:35:38,560

and i'm not sure what that was it could

2463

01:35:42,629 --> 01:35:40,880

have possibly been an implant

2464

01:35:45,270 --> 01:35:42,639

but over the years i've gotten many

2465

01:35:47,350 --> 01:35:45,280

implants i've gotten some from the star

2466

01:35:48,149 --> 01:35:47,360

people and i've gotten some from

2467

01:35:49,350 --> 01:35:48,159

the

2468

01:35:50,790 --> 01:35:49,360

military

2469

01:35:52,149 --> 01:35:50,800

so

2470

01:35:55,350 --> 01:35:52,159

these

2471

01:35:58,790 --> 01:35:55,360

implants i imagine are tracking devices

2472

01:36:01,350 --> 01:35:58,800

but i know that they can also

2473

01:36:03,350 --> 01:36:01,360

send and receive data

2474

01:36:05,350 --> 01:36:03,360

i'm sure there are more complicated you

2475

01:36:07,750 --> 01:36:05,360

know that i'm thinking i can only

2476
01:36:08,550 --> 01:36:07,760
imagine the technology that the military

2477
01:36:10,550 --> 01:36:08,560
has

2478
01:36:12,629 --> 01:36:10,560
they can probably do things like you

2479
01:36:14,709 --> 01:36:12,639
know control behavior and things like

2480
01:36:16,709 --> 01:36:14,719
that with these implants

2481
01:36:17,510 --> 01:36:16,719
but as far as them you know how do they

2482
01:36:24,950 --> 01:36:17,520
know

2483
01:36:26,790 --> 01:36:24,960
the alien abduction phenomenon

2484
01:36:28,470 --> 01:36:26,800
and and the whole military abduction

2485
01:36:31,590 --> 01:36:28,480
because the military does their own

2486
01:36:34,470 --> 01:36:31,600
abducting and sometimes

2487
01:36:36,709 --> 01:36:34,480
they will wear fake rubber suits to

2488
01:36:37,590 --> 01:36:36,719

pretend that they are aliens

2489

01:36:46,790 --> 01:36:37,600

and

2490

01:36:49,510 --> 01:36:46,800

to get information out of them but i've

2491

01:36:50,950 --> 01:36:49,520

i've seen it a number of times

2492

01:36:53,590 --> 01:36:50,960

where they're actually

2493

01:36:56,070 --> 01:36:53,600

pretending to be aliens and they use

2494

01:36:59,109 --> 01:36:56,080

holographic technology also

2495

01:37:01,109 --> 01:36:59,119

you know like a virtual reality

2496

01:37:03,830 --> 01:37:01,119

like one night for example

2497

01:37:06,470 --> 01:37:03,840

um i was probably

2498

01:37:09,430 --> 01:37:06,480

i don't know 25 years old or so

2499

01:37:10,870 --> 01:37:09,440

and um during the night i i had this

2500

01:37:12,390 --> 01:37:10,880

experience

2501
01:37:14,229 --> 01:37:12,400
where

2502
01:37:18,070 --> 01:37:14,239
i was looking i'm sure it was a

2503
01:37:20,550 --> 01:37:18,080
holographic image it was a whole row of

2504
01:37:23,109 --> 01:37:20,560
aliens they looked really menacing

2505
01:37:25,830 --> 01:37:23,119
but it was like one alien and like

2506
01:37:27,669 --> 01:37:25,840
10 or 15 more like a fun house mirror

2507
01:37:29,430 --> 01:37:27,679
that i'm looking into

2508
01:37:31,590 --> 01:37:29,440
and they're all laughing at me pointing

2509
01:37:34,310 --> 01:37:31,600
at me laughing at me i'm like well this

2510
01:37:37,350 --> 01:37:34,320
this is not normal you know even like

2511
01:37:39,750 --> 01:37:37,360
negative type aliens like greys

2512
01:37:41,750 --> 01:37:39,760
they don't even they don't bother to do

2513
01:37:43,510 --> 01:37:41,760

that you know they've got better things

2514

01:37:44,470 --> 01:37:43,520

to do than stand there and laughing at

2515

01:37:46,950 --> 01:37:44,480

me

2516

01:37:50,310 --> 01:37:46,960

and i end up getting an implant in my

2517

01:37:52,629 --> 01:37:50,320

nose when i woke up in the morning

2518

01:37:54,950 --> 01:37:52,639

the side of my face hurt so bad i

2519

01:37:57,430 --> 01:37:54,960

couldn't even touch it they had i knew

2520

01:37:59,189 --> 01:37:57,440

it was military they had put this

2521

01:38:00,470 --> 01:37:59,199

implant inside of my

2522

01:38:02,709 --> 01:38:00,480

nostril

2523

01:38:04,070 --> 01:38:02,719

and after like two or three days i was

2524

01:38:07,430 --> 01:38:04,080

actually able to

2525

01:38:09,270 --> 01:38:07,440

feel it in there and it was a very small

2526

01:38:10,149 --> 01:38:09,280

metal rod

2527

01:38:16,550 --> 01:38:10,159

and

2528

01:38:19,350 --> 01:38:16,560

it kind of was spinning around

2529

01:38:21,830 --> 01:38:19,360

and i ended up losing track of it

2530

01:38:24,310 --> 01:38:21,840

so who knows it maybe went up into my

2531

01:38:25,590 --> 01:38:24,320

brain or something i don't know

2532

01:38:29,430 --> 01:38:25,600

so these

2533

01:38:31,830 --> 01:38:29,440

people i call them the secret government

2534

01:38:33,990 --> 01:38:31,840

yeah they're definitely secret covert

2535

01:38:35,669 --> 01:38:34,000

operations they're not

2536

01:38:37,990 --> 01:38:35,679

you know they're not like the regular

2537

01:38:40,310 --> 01:38:38,000

government people that we know um in

2538

01:38:43,030 --> 01:38:40,320

government offices

2539

01:38:44,470 --> 01:38:43,040

they are working underground

2540

01:38:46,229 --> 01:38:44,480

um

2541

01:38:48,390 --> 01:38:46,239

you know and underground there's lots of

2542

01:38:50,310 --> 01:38:48,400

military bases there's even cities

2543

01:38:52,470 --> 01:38:50,320

underground and there are tunnels that

2544

01:38:53,189 --> 01:38:52,480

connect these cities

2545

01:38:56,229 --> 01:38:53,199

so

2546

01:38:59,189 --> 01:38:56,239

they have an extensive network but these

2547

01:39:00,790 --> 01:38:59,199

military abductions um

2548

01:39:02,790 --> 01:39:00,800

yeah they happen they're very real and

2549

01:39:04,629 --> 01:39:02,800

there are military trained psychics that

2550

01:39:06,709 --> 01:39:04,639

go out and

2551
01:39:08,629 --> 01:39:06,719
harass people and get information from

2552
01:39:11,189 --> 01:39:08,639
from people and i've actually had one

2553
01:39:13,750 --> 01:39:11,199
military psychic in particular

2554
01:39:15,510 --> 01:39:13,760
who i think is actually my case worker

2555
01:39:18,149 --> 01:39:15,520
which is pretty crazy but she's been

2556
01:39:21,109 --> 01:39:18,159
following me around for a long time

2557
01:39:22,950 --> 01:39:21,119
up until recently when

2558
01:39:25,030 --> 01:39:22,960
i kind of put her in her place and she

2559
01:39:27,189 --> 01:39:25,040
hasn't come back again because i i do

2560
01:39:29,189 --> 01:39:27,199
know how to protect myself

2561
01:39:30,709 --> 01:39:29,199
from psychic attack so

2562
01:39:32,709 --> 01:39:30,719
over the years

2563
01:39:34,390 --> 01:39:32,719

that has dwindled away from me and it's

2564

01:39:35,590 --> 01:39:34,400

not something i have to deal with

2565

01:39:37,510 --> 01:39:35,600

anymore

2566

01:39:39,510 --> 01:39:37,520

but yeah there's definitely a secret

2567

01:39:41,830 --> 01:39:39,520

part of the government and who's doing

2568

01:39:44,149 --> 01:39:41,840

these things

2569

01:39:46,229 --> 01:39:44,159

okay thank you for that so before i ask

2570

01:39:48,629 --> 01:39:46,239

the second question um for everyone

2571

01:39:50,709 --> 01:39:48,639

that's watching uh now would be the time

2572

01:39:53,510 --> 01:39:50,719

if you have any questions for bonnie to

2573

01:39:56,070 --> 01:39:53,520

submit on youtube or twitch please

2574

01:39:59,189 --> 01:39:56,080

remember to put three asterisks before

2575

01:40:00,709 --> 01:39:59,199

your question and um also you can ask a

2576

01:40:02,709 --> 01:40:00,719

question directly

2577

01:40:05,270 --> 01:40:02,719

by joining the telegram group that's

2578

01:40:09,030 --> 01:40:05,280

going on right now uh the link is in the

2579

01:40:10,070 --> 01:40:09,040

description below um just download it i

2580

01:40:11,750 --> 01:40:10,080

should have actually mentioned it

2581

01:40:14,149 --> 01:40:11,760

earlier but for those of you that

2582

01:40:16,229 --> 01:40:14,159

actually are already watching just raise

2583

01:40:17,510 --> 01:40:16,239

your hand and i'll add you to my queue

2584

01:40:19,430 --> 01:40:17,520

also

2585

01:40:21,669 --> 01:40:19,440

in the description below bonnie's

2586

01:40:24,229 --> 01:40:21,679

website links to her different books and

2587

01:40:25,830 --> 01:40:24,239

whatnot are all in the description so i

2588

01:40:26,870 --> 01:40:25,840

always encourage people to go and check

2589

01:40:29,430 --> 01:40:26,880

them out

2590

01:40:30,550 --> 01:40:29,440

um bonnie the the other question that i

2591

01:40:33,109 --> 01:40:30,560

had was

2592

01:40:34,790 --> 01:40:33,119

uh regarding this the shift so

2593

01:40:36,709 --> 01:40:34,800

the way you were speaking that there's

2594

01:40:38,149 --> 01:40:36,719

still actual

2595

01:40:40,310 --> 01:40:38,159

physical change that we're going to

2596

01:40:41,430 --> 01:40:40,320

notice or is it just um

2597

01:40:52,790 --> 01:40:41,440

um

2598

01:40:55,510 --> 01:40:52,800

more happiness you know and things were

2599

01:40:57,990 --> 01:40:55,520

just going great and more peaceful or

2600

01:40:59,750 --> 01:40:58,000

you know that's what i had always uh

2601
01:41:02,390 --> 01:40:59,760
kind of um

2602
01:41:04,709 --> 01:41:02,400
foreseen and in a way i'm feeling like

2603
01:41:06,709 --> 01:41:04,719
i'm you know with the way we live my

2604
01:41:09,590 --> 01:41:06,719
family and i we're already kind of

2605
01:41:11,430 --> 01:41:09,600
already there we see the world kind of

2606
01:41:13,510 --> 01:41:11,440
doing all kinds of crazy stuff around us

2607
01:41:15,750 --> 01:41:13,520
but it's not happening where we are you

2608
01:41:17,109 --> 01:41:15,760
know and so i always so i always kind of

2609
01:41:19,030 --> 01:41:17,119
view that as

2610
01:41:21,430 --> 01:41:19,040
this you know this is my world that's

2611
01:41:23,189 --> 01:41:21,440
their world i can't do much about it if

2612
01:41:25,430 --> 01:41:23,199
i go into their world i'm gonna make it

2613
01:41:27,189 --> 01:41:25,440

my problem so if you can speak on that

2614

01:41:28,470 --> 01:41:27,199

i'd appreciate it

2615

01:41:31,109 --> 01:41:28,480

exactly

2616

01:41:33,590 --> 01:41:31,119

yeah that's really that's really a great

2617

01:41:34,950 --> 01:41:33,600

way to look at it i i feel the same way

2618

01:41:36,870 --> 01:41:34,960

about um

2619

01:41:39,270 --> 01:41:36,880

like john and i

2620

01:41:41,430 --> 01:41:39,280

you know where we live in our

2621

01:41:42,229 --> 01:41:41,440

world that we're creating our our little

2622

01:41:44,470 --> 01:41:42,239

uh

2623

01:41:46,950 --> 01:41:44,480

reality bubble that we live in we're

2624

01:41:48,870 --> 01:41:46,960

very happy and things are going very

2625

01:41:51,750 --> 01:41:48,880

well for us on our path things are

2626

01:41:54,229 --> 01:41:51,760

looking good but you know not so

2627

01:41:55,830 --> 01:41:54,239

with most of the rest of the world

2628

01:41:58,470 --> 01:41:55,840

so i think

2629

01:42:00,470 --> 01:41:58,480

according to the star people uh we are

2630

01:42:02,310 --> 01:42:00,480

going to see more a lot more physical

2631

01:42:04,390 --> 01:42:02,320

changes a lot more

2632

01:42:05,990 --> 01:42:04,400

upheavals in the world

2633

01:42:08,470 --> 01:42:06,000

and a lot of it has to do with people

2634

01:42:10,470 --> 01:42:08,480

waking up and and realizing that they've

2635

01:42:12,310 --> 01:42:10,480

been lied to their entire lives and

2636

01:42:14,790 --> 01:42:12,320

demanding the truth

2637

01:42:17,590 --> 01:42:14,800

and the truth is going to come out it's

2638

01:42:20,229 --> 01:42:17,600

coming out now i mean everything

2639

01:42:23,189 --> 01:42:20,239

is going to become known to us

2640

01:42:24,950 --> 01:42:23,199

those of us with eyes to see

2641

01:42:27,030 --> 01:42:24,960

you know like i said there's the right

2642

01:42:29,270 --> 01:42:27,040

hand path and the left hand path if

2643

01:42:31,590 --> 01:42:29,280

you're on the right-hand path

2644

01:42:34,070 --> 01:42:31,600

you're already working on becoming

2645

01:42:36,709 --> 01:42:34,080

enlightened and and living a good life

2646

01:42:39,109 --> 01:42:36,719

and and finding happiness

2647

01:42:40,629 --> 01:42:39,119

and you know doing things that that

2648

01:42:42,790 --> 01:42:40,639

bring joy into your life so you're

2649

01:42:44,470 --> 01:42:42,800

already on a great path

2650

01:42:46,790 --> 01:42:44,480

and things are going to get better and

2651
01:42:48,550 --> 01:42:46,800
better for you and we are going to

2652
01:42:50,950 --> 01:42:48,560
gradually shift

2653
01:42:54,310 --> 01:42:50,960
into higher levels of awareness

2654
01:42:57,189 --> 01:42:54,320
and greater perspective perception of of

2655
01:42:59,669 --> 01:42:57,199
what the world really is so you're right

2656
01:43:01,189 --> 01:42:59,679
you know people like us who have love in

2657
01:43:03,590 --> 01:43:01,199
our hearts things are going to get

2658
01:43:05,750 --> 01:43:03,600
better for us the earth the the world is

2659
01:43:06,470 --> 01:43:05,760
going to get better for us because we

2660
01:43:08,310 --> 01:43:06,480
are

2661
01:43:11,990 --> 01:43:08,320
manifesting it

2662
01:43:14,470 --> 01:43:12,000
but for people on the left-hand path who

2663
01:43:16,629 --> 01:43:14,480

who don't know this who are who have

2664

01:43:19,910 --> 01:43:16,639

consented who are giving all of their

2665

01:43:22,310 --> 01:43:19,920

energy to the controllers

2666

01:43:25,750 --> 01:43:22,320

of the world right now the controllers

2667

01:43:28,149 --> 01:43:25,760

of society and all the lies and the

2668

01:43:29,430 --> 01:43:28,159

propaganda and the mind control and just

2669

01:43:30,950 --> 01:43:29,440

all the terrible things that are

2670

01:43:32,790 --> 01:43:30,960

happening

2671

01:43:34,550 --> 01:43:32,800

these people are caught up in that flow

2672

01:43:36,070 --> 01:43:34,560

and that's where they're going they're

2673

01:43:39,189 --> 01:43:36,080

kind of going down they're getting

2674

01:43:41,270 --> 01:43:39,199

dragged down with that and i think that

2675

01:43:43,669 --> 01:43:41,280

they are going to see

2676
01:43:46,709 --> 01:43:43,679
some very bad things so it could be like

2677
01:43:49,430 --> 01:43:46,719
we're looking at two different earths

2678
01:43:53,270 --> 01:43:49,440
it could be that those of us on this

2679
01:43:54,790 --> 01:43:53,280
path who are moving up moving up a level

2680
01:43:55,590 --> 01:43:54,800
things are just going to get better for

2681
01:43:58,709 --> 01:43:55,600
us

2682
01:44:00,149 --> 01:43:58,719
but unfortunately for the other side

2683
01:44:04,229 --> 01:44:00,159
they're going to have to play out life

2684
01:44:09,030 --> 01:44:06,870
okay thank you for that uh so the first

2685
01:44:10,550 --> 01:44:09,040
question i have and for those again if

2686
01:44:13,350 --> 01:44:10,560
you've submitted a question earlier

2687
01:44:15,270 --> 01:44:13,360
please resubmit it again i'm uh

2688
01:44:17,350 --> 01:44:15,280

everyone has been chatting

2689

01:44:19,750 --> 01:44:17,360

chatting it up so i will have to scroll

2690

01:44:22,070 --> 01:44:19,760

scroll quite a lot up there to find all

2691

01:44:23,430 --> 01:44:22,080

those original questions so starting now

2692

01:44:25,510 --> 01:44:23,440

if you can submit it again i'd

2693

01:44:27,350 --> 01:44:25,520

appreciate it uh so first question i

2694

01:44:29,270 --> 01:44:27,360

have is from hazel

2695

01:44:34,709 --> 01:44:29,280

she's asking is the left hand going to

2696

01:44:38,070 --> 01:44:36,470

because

2697

01:44:40,390 --> 01:44:38,080

well that's the thing if you're on the

2698

01:44:42,390 --> 01:44:40,400

right hand path you can't you can't let

2699

01:44:44,870 --> 01:44:42,400

it hold you back you can't get dragged

2700

01:44:47,510 --> 01:44:44,880

down into it it's up to you

2701

01:44:50,229 --> 01:44:47,520

to just let that go let it let it all

2702

01:44:52,470 --> 01:44:50,239

flush down the drain you know don't give

2703

01:44:53,430 --> 01:44:52,480

it your energy don't stare at the train

2704

01:44:55,750 --> 01:44:53,440

wreck

2705

01:44:57,430 --> 01:44:55,760

because you can fall into that you can

2706

01:44:59,030 --> 01:44:57,440

fall into

2707

01:45:02,790 --> 01:44:59,040

lower level

2708

01:45:06,070 --> 01:45:02,800

uh vibrational frequencies of depression

2709

01:45:08,709 --> 01:45:06,080

you know anger fear if you get caught up

2710

01:45:10,390 --> 01:45:08,719

in that yeah you could go down with it

2711

01:45:12,229 --> 01:45:10,400

but

2712

01:45:14,950 --> 01:45:12,239

they're not going to drag us down if we

2713

01:45:18,070 --> 01:45:14,960

don't let them if we focus on love and

2714

01:45:20,629 --> 01:45:18,080

light and by the way i don't mean

2715

01:45:23,030 --> 01:45:20,639

that you can't uh take action i mean

2716

01:45:25,270 --> 01:45:23,040

now's the time if

2717

01:45:27,910 --> 01:45:25,280

if you're a light worker if you're a

2718

01:45:30,229 --> 01:45:27,920

warrior of light of truth now is the

2719

01:45:33,189 --> 01:45:30,239

time to take action if you came here to

2720

01:45:35,270 --> 01:45:33,199

help humanity now is the time to act

2721

01:45:38,470 --> 01:45:35,280

it's the time to stand up speak your

2722

01:45:40,790 --> 01:45:38,480

truth speak your mind but all with love

2723

01:45:42,790 --> 01:45:40,800

in your heart and i'm not talking about

2724

01:45:44,629 --> 01:45:42,800

a mushy kind of love

2725

01:45:47,430 --> 01:45:44,639

you know where you're you're hiding in

2726

01:45:50,149 --> 01:45:47,440

your house so you can only focus on love

2727

01:45:51,669 --> 01:45:50,159

i just mean this love is like the power

2728

01:45:55,590 --> 01:45:51,679

of creation

2729

01:45:57,590 --> 01:45:55,600

this is the power of source

2730

01:45:58,390 --> 01:45:57,600

and it's it's the strongest thing there

2731

01:46:04,310 --> 01:45:58,400

is

2732

01:46:07,270 --> 01:46:04,320

dealing with psychic attackers

2733

01:46:09,510 --> 01:46:07,280

in recent years my method has been

2734

01:46:11,750 --> 01:46:09,520

well don't fight back just

2735

01:46:14,310 --> 01:46:11,760

let my defenses go fill my heart with

2736

01:46:15,830 --> 01:46:14,320

love and i end up stopping the attack

2737

01:46:17,109 --> 01:46:15,840

because there's nothing to attack

2738

01:46:19,430 --> 01:46:17,119

there's nothing

2739

01:46:21,189 --> 01:46:19,440

to do i'm not afraid i'm not giving in

2740

01:46:22,550 --> 01:46:21,199

i'm not giving them the reaction that

2741

01:46:25,430 --> 01:46:22,560

they want

2742

01:46:28,070 --> 01:46:25,440

i end up going up to these attackers and

2743

01:46:29,750 --> 01:46:28,080

changing their frequency i'm in training

2744

01:46:32,310 --> 01:46:29,760

them with my higher vibrational

2745

01:46:34,790 --> 01:46:32,320

frequency of love and light i'm actually

2746

01:46:37,270 --> 01:46:34,800

in training them and bringing them up to

2747

01:46:38,709 --> 01:46:37,280

where i am it's probably temporary

2748

01:46:40,709 --> 01:46:38,719

they're probably going to go you know

2749

01:46:42,310 --> 01:46:40,719

back down to their little hole

2750

01:46:45,189 --> 01:46:42,320

but

2751

01:46:47,030 --> 01:46:45,199

this is it's up to us it's up to us to

2752

01:46:48,629 --> 01:46:47,040

find that inner strength

2753

01:46:51,270 --> 01:46:48,639

to fill ourselves with love and light

2754

01:46:53,109 --> 01:46:51,280

and lift ourselves up because we have

2755

01:46:55,270 --> 01:46:53,119

that opportunity right now it is our

2756

01:46:57,270 --> 01:46:55,280

challenge it's our test

2757

01:47:00,149 --> 01:46:57,280

and it's available there for us to to

2758

01:47:04,470 --> 01:47:02,550

great thank you for that um julie hall

2759

01:47:08,629 --> 01:47:04,480

is asking why would the military do

2760

01:47:11,669 --> 01:47:10,790

great question

2761

01:47:14,470 --> 01:47:11,679

um

2762

01:47:15,669 --> 01:47:14,480

i don't know the answers to that

2763

01:47:17,109 --> 01:47:15,679

um

2764

01:47:20,070 --> 01:47:17,119

i think that

2765

01:47:22,629 --> 01:47:20,080

possibly they are trying to prevent the

2766

01:47:23,910 --> 01:47:22,639

shift from happening which is not

2767

01:47:26,950 --> 01:47:23,920

possible

2768

01:47:30,629 --> 01:47:26,960

i think they are threatened by the star

2769

01:47:33,669 --> 01:47:30,639

people i think they're threatened by

2770

01:47:37,510 --> 01:47:33,679

you know anybody who has contact with

2771

01:47:39,109 --> 01:47:37,520

the higher benevolence loving entities

2772

01:47:39,910 --> 01:47:39,119

they don't want to promote that kind of

2773

01:47:41,590 --> 01:47:39,920

thing

2774

01:47:43,350 --> 01:47:41,600

they they want to know what's going on

2775

01:47:47,430 --> 01:47:43,360

and they want to try to be in control of

2776
01:47:50,390 --> 01:47:48,950
this government they were talking about

2777
01:47:53,109 --> 01:47:50,400
the secret government

2778
01:47:56,790 --> 01:47:53,119
and the controllers of society they have

2779
01:47:58,629 --> 01:47:56,800
basically usurped the power of humanity

2780
01:48:03,030 --> 01:47:58,639
they have

2781
01:48:04,470 --> 01:48:03,040
of time

2782
01:48:06,149 --> 01:48:04,480
they have

2783
01:48:07,750 --> 01:48:06,159
just

2784
01:48:09,189 --> 01:48:07,760
you know the through the education

2785
01:48:11,189 --> 01:48:09,199
system

2786
01:48:13,109 --> 01:48:11,199
through all the indoctrination and the

2787
01:48:15,750 --> 01:48:13,119
mind control

2788
01:48:16,830 --> 01:48:15,760

they have basically kept humans in a

2789

01:48:19,910 --> 01:48:16,840

hypnotic

2790

01:48:22,550 --> 01:48:19,920

stupor humans most of them are asleep

2791

01:48:23,510 --> 01:48:22,560

they are under a spell literally

2792

01:48:26,550 --> 01:48:23,520

and so

2793

01:48:29,270 --> 01:48:26,560

this the secret part of the government

2794

01:48:31,669 --> 01:48:29,280

is probably not even humans at all

2795

01:48:33,830 --> 01:48:31,679

it could be fallen angels

2796

01:48:35,990 --> 01:48:33,840

demons reptilians

2797

01:48:38,709 --> 01:48:36,000

the controllers who are in charge right

2798

01:48:39,830 --> 01:48:38,719

now they're not the politicians that you

2799

01:48:41,189 --> 01:48:39,840

see

2800

01:48:43,430 --> 01:48:41,199

on tv

2801

01:48:46,470 --> 01:48:43,440

yeah these are like puppets these people

2802

01:48:49,350 --> 01:48:46,480

who are you know they're just the pr

2803

01:48:51,750 --> 01:48:49,360

they're you know therefore

2804

01:48:53,669 --> 01:48:51,760

bringing out the messages um

2805

01:48:55,910 --> 01:48:53,679

putting out ideas that they want people

2806

01:48:58,070 --> 01:48:55,920

to believe in and they're basically

2807

01:48:58,950 --> 01:48:58,080

being told what to say by their their

2808

01:49:01,270 --> 01:48:58,960

higher

2809

01:49:03,750 --> 01:49:01,280

puppet masters the controllers

2810

01:49:05,510 --> 01:49:03,760

so i think that the secret government

2811

01:49:07,189 --> 01:49:05,520

does this thing because

2812

01:49:08,790 --> 01:49:07,199

they want to be in control they don't

2813

01:49:10,229 --> 01:49:08,800

want people waking up and they want to

2814

01:49:11,590 --> 01:49:10,239

try to control

2815

01:49:13,510 --> 01:49:11,600

the shift they want the shift of

2816

01:49:14,629 --> 01:49:13,520

awareness to not happen they'll do

2817

01:49:16,790 --> 01:49:14,639

anything

2818

01:49:18,790 --> 01:49:16,800

to stop it from happening i think that's

2819

01:49:20,550 --> 01:49:18,800

why the world's so crazy right now

2820

01:49:22,629 --> 01:49:20,560

they're pulling out all the stops and

2821

01:49:24,629 --> 01:49:22,639

they are hurrying because

2822

01:49:26,229 --> 01:49:24,639

these controllers they know the ship's

2823

01:49:27,510 --> 01:49:26,239

coming they're aware of it and they're

2824

01:49:29,109 --> 01:49:27,520

panicking

2825

01:49:31,350 --> 01:49:29,119

so they're doing everything they can to

2826

01:49:34,070 --> 01:49:31,360

try and stop it but that is not going to

2827

01:49:35,990 --> 01:49:34,080

happen the shift will happen it's a

2828

01:49:38,470 --> 01:49:36,000

natural process that

2829

01:49:41,830 --> 01:49:38,480

happens over and over again and

2830

01:49:42,709 --> 01:49:41,840

we're living through it right now

2831

01:49:43,830 --> 01:49:42,719

thank you

2832

01:49:45,510 --> 01:49:43,840

um

2833

01:49:48,149 --> 01:49:45,520

oop shifted on me

2834

01:49:50,629 --> 01:49:48,159

angus b kinnard is asking how do the

2835

01:49:55,030 --> 01:49:50,639

star people view written language is it

2836

01:50:00,229 --> 01:49:56,870

well there's all different types of star

2837

01:50:02,310 --> 01:50:00,239

people and i think um

2838

01:50:04,790 --> 01:50:02,320

maybe they have some type of written

2839

01:50:07,589 --> 01:50:04,800

language like i when i've been on

2840

01:50:09,990 --> 01:50:07,599

different ships with them i've sometimes

2841

01:50:11,589 --> 01:50:10,000

seen what could be writing and to me it

2842

01:50:13,430 --> 01:50:11,599

looks kind of like

2843

01:50:16,229 --> 01:50:13,440

geometric shapes

2844

01:50:18,629 --> 01:50:16,239

and different symbols so i think they do

2845

01:50:20,390 --> 01:50:18,639

have some form of writing maybe it's

2846

01:50:21,990 --> 01:50:20,400

like hieroglyphics

2847

01:50:22,950 --> 01:50:22,000

but i think for the most part they're

2848

01:50:24,709 --> 01:50:22,960

using

2849

01:50:27,669 --> 01:50:24,719

mental telepathy

2850

01:50:29,510 --> 01:50:27,679

and forms of communication like that

2851
01:50:31,669 --> 01:50:29,520
and

2852
01:50:33,669 --> 01:50:31,679
yeah i think i think possibly they do

2853
01:50:34,950 --> 01:50:33,679
have forms of language and written

2854
01:50:36,149 --> 01:50:34,960
language

2855
01:50:38,870 --> 01:50:36,159
and

2856
01:50:40,390 --> 01:50:38,880
sometimes like the the pleiadians who i

2857
01:50:41,830 --> 01:50:40,400
worked a lot with

2858
01:50:43,430 --> 01:50:41,840
they were actually speak with me they're

2859
01:50:45,510 --> 01:50:43,440
using their lips they're like moving

2860
01:50:47,030 --> 01:50:45,520
their mouths and talking

2861
01:50:49,510 --> 01:50:47,040
and

2862
01:50:50,470 --> 01:50:49,520
so these people are like are like family

2863
01:50:52,629 --> 01:50:50,480

to me

2864

01:50:54,709 --> 01:50:52,639

and when they communicate with me it's

2865

01:50:57,030 --> 01:50:54,719

very natural and flowing and sometimes

2866

01:50:59,430 --> 01:50:57,040

they are actually speaking but a lot of

2867

01:51:02,550 --> 01:50:59,440

times it's just mental like mental

2868

01:51:04,709 --> 01:51:03,669

great thank you

2869

01:51:07,189 --> 01:51:04,719

um

2870

01:51:09,430 --> 01:51:07,199

penny coons is asking how can we open

2871

01:51:13,430 --> 01:51:09,440

our third eye and have you seen the

2872

01:51:18,310 --> 01:51:16,550

okay so the third eye

2873

01:51:21,430 --> 01:51:18,320

so there are certain things you want to

2874

01:51:24,550 --> 01:51:21,440

avoid one of them is fluoride

2875

01:51:27,030 --> 01:51:24,560

and they put fluoride in the water

2876

01:51:29,669 --> 01:51:27,040

sometimes they put it in salt

2877

01:51:31,430 --> 01:51:29,679

you know it could be in different

2878

01:51:33,910 --> 01:51:31,440

and different food items so you have to

2879

01:51:36,950 --> 01:51:33,920

be careful to stay away from fluoride

2880

01:51:37,990 --> 01:51:36,960

don't use toothpaste that has fluoride

2881

01:51:39,430 --> 01:51:38,000

and

2882

01:51:41,350 --> 01:51:39,440

that's one of the things that can

2883

01:51:43,430 --> 01:51:41,360

calcify

2884

01:51:46,070 --> 01:51:43,440

your third eye and stop it from working

2885

01:51:49,510 --> 01:51:46,080

it actually calcifies the pineal gland

2886

01:51:51,830 --> 01:51:49,520

inside of your brain so most people have

2887

01:51:54,870 --> 01:51:51,840

calcified pineal glands which is why

2888

01:51:57,350 --> 01:51:54,880

they're not using their third eyes

2889

01:51:59,750 --> 01:51:57,360

to manifest a good life for themselves

2890

01:52:00,709 --> 01:51:59,760

they're just not aware of it

2891

01:52:03,750 --> 01:52:00,719

so

2892

01:52:06,310 --> 01:52:03,760

awakening your third eye

2893

01:52:08,470 --> 01:52:06,320

once you start doing things to make

2894

01:52:10,149 --> 01:52:08,480

yourself a better person like getting

2895

01:52:13,189 --> 01:52:10,159

rid of old habits

2896

01:52:15,030 --> 01:52:13,199

and doing things that are mainly happy

2897

01:52:17,350 --> 01:52:15,040

keeping yourself up in a high

2898

01:52:18,790 --> 01:52:17,360

vibrational frequency

2899

01:52:20,629 --> 01:52:18,800

this will help you

2900

01:52:22,229 --> 01:52:20,639

because your

2901

01:52:25,189 --> 01:52:22,239

your third eye is natural you're

2902

01:52:27,669 --> 01:52:25,199

supposed to have it every human has it

2903

01:52:30,950 --> 01:52:27,679

it's just not activated and one thing

2904

01:52:33,030 --> 01:52:30,960

that you can do is exercise at night

2905

01:52:35,270 --> 01:52:33,040

every night when you go to sleep

2906

01:52:37,350 --> 01:52:35,280

maybe like 10 or 15 minutes after the

2907

01:52:38,950 --> 01:52:37,360

lights go out and you're in a dark room

2908

01:52:41,990 --> 01:52:38,960

make make sure you're in a dark room to

2909

01:52:46,950 --> 01:52:44,390

your body releases melatonin

2910

01:52:50,229 --> 01:52:46,960

to help you sleep the pineal gland

2911

01:52:51,910 --> 01:52:50,239

actually does this it releases melatonin

2912

01:52:53,350 --> 01:52:51,920

so

2913

01:52:56,790 --> 01:52:53,360

you can

2914

01:52:58,709 --> 01:52:56,800

start to exercise the muscles of this

2915

01:52:59,910 --> 01:52:58,719

pineal gland there's actually physical

2916

01:53:01,910 --> 01:52:59,920

muscles

2917

01:53:04,550 --> 01:53:01,920

to make your third eye work

2918

01:53:06,790 --> 01:53:04,560

so what i do is

2919

01:53:09,589 --> 01:53:06,800

when i go to bed i turn the lights off

2920

01:53:11,750 --> 01:53:09,599

after about 15 minutes or so

2921

01:53:13,430 --> 01:53:11,760

i will focus on the center of my

2922

01:53:14,790 --> 01:53:13,440

forehead

2923

01:53:18,229 --> 01:53:14,800

and

2924

01:53:20,629 --> 01:53:18,239

i will start to see this purple light

2925

01:53:23,990 --> 01:53:20,639

it starts off kind of like a circle like

2926

01:53:28,470 --> 01:53:24,000

a purple circle filled with purple light

2927

01:53:29,350 --> 01:53:28,480

and it might start pulsing like a flower

2928

01:53:31,910 --> 01:53:29,360

and

2929

01:53:33,750 --> 01:53:31,920

you can see this if you can if you can

2930

01:53:36,470 --> 01:53:33,760

get this working

2931

01:53:37,589 --> 01:53:36,480

then you've got your third eye active

2932

01:53:39,589 --> 01:53:37,599

and

2933

01:53:42,550 --> 01:53:39,599

just do this every night

2934

01:53:44,709 --> 01:53:42,560

and i've done things like

2935

01:53:46,229 --> 01:53:44,719

once i can get this purple light working

2936

01:53:49,030 --> 01:53:46,239

and i can see it

2937

01:53:52,310 --> 01:53:49,040

i can use mental focus i literally like

2938

01:53:55,189 --> 01:53:52,320

using muscles in my brain to push

2939

01:53:56,550 --> 01:53:55,199

and i can make this purple light so

2940

01:53:58,870 --> 01:53:56,560

brilliant

2941

01:53:59,750 --> 01:53:58,880

i mean it is glowing and my eyes can be

2942

01:54:03,910 --> 01:53:59,760

open

2943

01:54:05,669 --> 01:54:03,920

in a dark room you can see it

2944

01:54:07,830 --> 01:54:05,679

i can change the color of it i can

2945

01:54:09,510 --> 01:54:07,840

change it to blue

2946

01:54:11,030 --> 01:54:09,520

yellow green

2947

01:54:13,589 --> 01:54:11,040

different colors

2948

01:54:16,229 --> 01:54:13,599

and sometimes if i keep doing this if i

2949

01:54:18,310 --> 01:54:16,239

can keep it going that's not easy but

2950

01:54:20,310 --> 01:54:18,320

you can keep it going and you'll start

2951
01:54:22,229 --> 01:54:20,320
to see images appear

2952
01:54:23,350 --> 01:54:22,239
and when i was little like i said i

2953
01:54:25,270 --> 01:54:23,360
would see

2954
01:54:26,550 --> 01:54:25,280
i would just naturally see images that

2955
01:54:29,589 --> 01:54:26,560
were glowing

2956
01:54:31,910 --> 01:54:29,599
and lit up by my third eye

2957
01:54:34,070 --> 01:54:31,920
of things that i i what i liked like i

2958
01:54:37,350 --> 01:54:34,080
was projecting candy and ice cream and

2959
01:54:39,589 --> 01:54:37,360
toys but anyway so to awaken your third

2960
01:54:42,149 --> 01:54:39,599
eye stay away from fluoride stay away

2961
01:54:44,390 --> 01:54:42,159
from negativity bring yourself up to a

2962
01:54:47,189 --> 01:54:44,400
higher vibrational frequency of love and

2963
01:54:49,750 --> 01:54:47,199

light and practice this

2964

01:54:52,070 --> 01:54:49,760

moving your third eye muscle inside of

2965

01:54:54,070 --> 01:54:52,080

your head do this at night

2966

01:54:55,430 --> 01:54:54,080

you know 15 minutes after the lights go

2967

01:55:00,790 --> 01:54:55,440

out because it will start working

2968

01:55:05,189 --> 01:55:03,589

sorry i had myself muted again um

2969

01:55:07,430 --> 01:55:05,199

so but uh

2970

01:55:09,430 --> 01:55:07,440

can you uh speak to the second part when

2971

01:55:10,790 --> 01:55:09,440

she was asking have you seen sasquatch

2972

01:55:12,470 --> 01:55:10,800

people

2973

01:55:15,430 --> 01:55:12,480

oh oh

2974

01:55:18,629 --> 01:55:15,440

i have not personally seen them no i i

2975

01:55:20,550 --> 01:55:18,639

think i heard one i think one time

2976

01:55:22,390 --> 01:55:20,560

my husband john and i were in georgia

2977

01:55:23,750 --> 01:55:22,400

and we were in a cabin on the top of a

2978

01:55:26,950 --> 01:55:23,760

mountain

2979

01:55:28,550 --> 01:55:26,960

and i was out on the balcony and i heard

2980

01:55:31,109 --> 01:55:28,560

this loud

2981

01:55:32,870 --> 01:55:31,119

kind of like a yell

2982

01:55:34,950 --> 01:55:32,880

and i thought what the heck is that it

2983

01:55:38,390 --> 01:55:34,960

sounds like a bear

2984

01:55:41,350 --> 01:55:38,400

but it was also kind of human sounding

2985

01:55:44,709 --> 01:55:41,360

and i have heard the recordings of big

2986

01:55:46,629 --> 01:55:44,719

bigfoot and sasquatch calls

2987

01:55:49,189 --> 01:55:46,639

it's really

2988

01:55:51,350 --> 01:55:49,199

really interesting and um really

2989

01:55:52,870 --> 01:55:51,360

fascinating these sounds you should you

2990

01:55:55,910 --> 01:55:52,880

know whoever's listening you should go

2991

01:56:00,229 --> 01:55:55,920

and just look up you know bigfoot calls

2992

01:56:03,109 --> 01:56:00,239

because they have their own language and

2993

01:56:05,030 --> 01:56:03,119

really interesting beautiful voices but

2994

01:56:06,790 --> 01:56:05,040

i do think that i heard one when i was

2995

01:56:08,629 --> 01:56:06,800

in georgia

2996

01:56:11,109 --> 01:56:08,639

i do think that they're real

2997

01:56:13,669 --> 01:56:11,119

i do think that they are

2998

01:56:17,109 --> 01:56:13,679

living out in remote areas

2999

01:56:19,350 --> 01:56:17,119

in in forests and you know places where

3000

01:56:21,830 --> 01:56:19,360

people don't usually go but many people

3001

01:56:22,950 --> 01:56:21,840

have seen them and caught them on video

3002

01:56:24,950 --> 01:56:22,960

and

3003

01:56:26,950 --> 01:56:24,960

recorded the sounds

3004

01:56:28,629 --> 01:56:26,960

so i i think they're definitely a real

3005

01:56:30,070 --> 01:56:28,639

thing

3006

01:56:33,830 --> 01:56:30,080

great thank you for that

3007

01:56:35,830 --> 01:56:33,840

um estera case asking or stating has

3008

01:56:37,669 --> 01:56:35,840

bonnie met any of the people in her

3009

01:56:40,149 --> 01:56:37,679

classes in physical

3010

01:56:42,950 --> 01:56:40,159

in the physical

3011

01:56:43,990 --> 01:56:42,960

yeah i don't think i have i would sure

3012

01:56:45,510 --> 01:56:44,000

love to

3013

01:56:47,430 --> 01:56:45,520

and

3014

01:56:49,350 --> 01:56:47,440

you know i kind of keep an eye out when

3015

01:56:52,390 --> 01:56:49,360

i see

3016

01:56:53,350 --> 01:56:52,400

when i say videos from other contactees

3017

01:56:55,030 --> 01:56:53,360

and

3018

01:56:57,109 --> 01:56:55,040

sometimes you know maybe they look a

3019

01:56:59,669 --> 01:56:57,119

little familiar and i did want to just

3020

01:57:01,830 --> 01:56:59,679

say i i did watch your in your interview

3021

01:57:03,510 --> 01:57:01,840

adnan with uh jacqueline smith the

3022

01:57:04,950 --> 01:57:03,520

contactee

3023

01:57:06,390 --> 01:57:04,960

and the things that she said in the

3024

01:57:08,550 --> 01:57:06,400

beginning of her

3025

01:57:10,390 --> 01:57:08,560

talk like when she was little and the

3026

01:57:13,270 --> 01:57:10,400

things she would do on the ships

3027

01:57:15,109 --> 01:57:13,280

it's totally right on i mean it's the

3028

01:57:18,790 --> 01:57:15,119

same things that i remember

3029

01:57:20,629 --> 01:57:18,800

of like when we were little kids of um

3030

01:57:22,709 --> 01:57:20,639

doing really simple little practices

3031

01:57:24,870 --> 01:57:22,719

like in kindergarten where you

3032

01:57:27,589 --> 01:57:24,880

where you draw or you color but we were

3033

01:57:28,870 --> 01:57:27,599

doing it like using our minds

3034

01:57:30,870 --> 01:57:28,880

and

3035

01:57:33,669 --> 01:57:30,880

like she was talking about little light

3036

01:57:35,589 --> 01:57:33,679

panels on the wall and i can remember

3037

01:57:37,109 --> 01:57:35,599

like beautiful little different colored

3038

01:57:40,149 --> 01:57:37,119

lights and stuff just kind of

3039

01:57:43,109 --> 01:57:40,159

fascinating to me still is actually

3040

01:57:44,390 --> 01:57:43,119

but no i haven't actually met anybody

3041

01:57:48,870 --> 01:57:44,400

yet

3042

01:57:50,229 --> 01:57:48,880

i i would like to

3043

01:57:51,189 --> 01:57:50,239

okay thank you

3044

01:57:52,669 --> 01:57:51,199

um

3045

01:57:54,310 --> 01:57:52,679

next question is from

3046

01:57:56,550 --> 01:57:54,320

labels369

3047

01:57:58,149 --> 01:57:56,560

i'm asking do star people appreciate

3048

01:58:01,350 --> 01:57:58,159

music like we do

3049

01:58:05,430 --> 01:58:03,030

yeah i think they do

3050

01:58:07,910 --> 01:58:05,440

i think they do um i've actually had

3051

01:58:10,149 --> 01:58:07,920

experiences where

3052

01:58:12,470 --> 01:58:10,159

the star people have shown me different

3053

01:58:15,350 --> 01:58:12,480

types of rooms like they have for

3054

01:58:17,350 --> 01:58:15,360

recreation and one of them is

3055

01:58:19,109 --> 01:58:17,360

when you go inside this room and have a

3056

01:58:21,350 --> 01:58:19,119

really tall ceiling

3057

01:58:23,910 --> 01:58:21,360

you can just think about your favorite

3058

01:58:26,070 --> 01:58:23,920

song and it will start playing maybe it

3059

01:58:28,070 --> 01:58:26,080

comes out of your mind or you know your

3060

01:58:30,550 --> 01:58:28,080

memory of it or something but

3061

01:58:33,350 --> 01:58:30,560

it will actually start playing

3062

01:58:36,229 --> 01:58:33,360

and i have seen

3063

01:58:38,550 --> 01:58:36,239

um certain types of star people actually

3064

01:58:43,350 --> 01:58:38,560

playing musical instruments

3065

01:58:43,800 --> 01:58:43,360

to me they look like uh like a piano and

3066

01:58:44,870 --> 01:58:43,810

um

3067

01:58:46,950 --> 01:58:44,880

[Music]

3068

01:58:48,709 --> 01:58:46,960

what was it like a stringed instrument

3069

01:58:50,390 --> 01:58:48,719

like a cello

3070

01:58:53,510 --> 01:58:50,400

violin

3071

01:58:55,750 --> 01:58:53,520

so i have seen a like a trio of three

3072

01:58:56,790 --> 01:58:55,760

star people actually playing music

3073

01:58:59,109 --> 01:58:56,800

together

3074

01:59:01,430 --> 01:58:59,119

but i i think they really do appreciate

3075

01:59:03,189 --> 01:59:01,440

those types of things and art and and

3076

01:59:05,750 --> 01:59:03,199

everything is beautiful and really

3077

01:59:08,229 --> 01:59:05,760

anything that you do that's creative

3078

01:59:10,550 --> 01:59:08,239

where you're using your imagination and

3079

01:59:12,790 --> 01:59:10,560

your third eye

3080

01:59:14,870 --> 01:59:12,800

yes i think they're they're very much

3081

01:59:15,750 --> 01:59:14,880

into that and and i should also say that

3082

01:59:17,270 --> 01:59:15,760

my

3083

01:59:19,350 --> 01:59:17,280

family um

3084

01:59:21,400 --> 01:59:19,360

the pleiadians

3085

01:59:22,629 --> 01:59:21,410

they are are very um

3086

01:59:24,629 --> 01:59:22,639

[Music]

3087

01:59:27,830 --> 01:59:24,639

kind of happy people and they will

3088

01:59:30,310 --> 01:59:27,840

actually tell jokes and they do laugh

3089

01:59:32,229 --> 01:59:30,320

and i am very comfortable around them

3090

01:59:34,390 --> 01:59:32,239

and i'll i'll say funny things and

3091

01:59:37,430 --> 01:59:34,400

they'll laugh and we joke around

3092

01:59:40,070 --> 01:59:37,440

so they're very um you know very happy

3093

01:59:42,870 --> 01:59:40,080

uh very loving people very comfortable

3094

01:59:45,270 --> 01:59:42,880

to be around i feel safe around them and

3095

01:59:48,629 --> 01:59:45,280

yeah they definitely like music and art

3096

01:59:51,589 --> 01:59:48,639

and and everything creative

3097

01:59:54,470 --> 01:59:51,599

great thank you bonnie uh the next uh

3098

01:59:56,629 --> 01:59:54,480

question is from ernest

3099

01:59:58,470 --> 01:59:56,639

um

3100

02:00:00,390 --> 01:59:58,480

i'm sorry i'm always butchering these

3101

02:00:03,030 --> 02:00:00,400

names um

3102

02:00:04,950 --> 02:00:03,040

the question is how is god or the source

3103

02:00:07,270 --> 02:00:04,960

linked up with your experiences compared

3104

02:00:09,350 --> 02:00:07,280

to jesus and his existence

3105

02:00:12,310 --> 02:00:09,360

his teachings were highly vibrational

3106

02:00:15,189 --> 02:00:12,320

but man seems to have interpreted it in

3107

02:00:20,070 --> 02:00:16,550

well

3108

02:00:22,310 --> 02:00:20,080

when i say source i am talking about god

3109

02:00:23,510 --> 02:00:22,320

i'm also talking about the christ's

3110

02:00:25,350 --> 02:00:23,520

spirit

3111

02:00:27,430 --> 02:00:25,360

i think it's all the same thing this

3112

02:00:28,709 --> 02:00:27,440

higher vibrational frequency of love and

3113

02:00:29,750 --> 02:00:28,719

light

3114

02:00:32,550 --> 02:00:29,760

and

3115

02:00:35,910 --> 02:00:32,560

yeah so to me source is

3116

02:00:38,950 --> 02:00:35,920

i can feel source when i

3117

02:00:42,550 --> 02:00:38,960

am truly happy and filled with love and

3118

02:00:45,830 --> 02:00:42,560

i i meditate and i focus on this

3119

02:00:48,870 --> 02:00:45,840

i get connected to my highest self

3120

02:00:50,310 --> 02:00:48,880

so the part of me that is a spiritual

3121

02:00:52,550 --> 02:00:50,320

eternal being

3122

02:00:55,350 --> 02:00:52,560

this is what i'm connecting with and and

3123

02:00:57,990 --> 02:00:55,360

by doing this i'm connecting the source

3124

02:00:59,189 --> 02:00:58,000

and that christ spirit that is within

3125

02:01:01,669 --> 02:00:59,199

our hearts

3126
02:01:03,589 --> 02:01:01,679
and we all have this within us and we

3127
02:01:07,109 --> 02:01:03,599
all have that capability

3128
02:01:08,390 --> 02:01:07,119
i think that our higher selves are

3129
02:01:10,149 --> 02:01:08,400
we're at home

3130
02:01:11,910 --> 02:01:10,159
we're in a safe place

3131
02:01:14,310 --> 02:01:11,920
we're watching this play out and the

3132
02:01:18,229 --> 02:01:14,320
part of us that comes here is just a

3133
02:01:20,550 --> 02:01:18,239
tiny little part of our total awareness

3134
02:01:22,550 --> 02:01:20,560
that's kind of playing like

3135
02:01:24,310 --> 02:01:22,560
almost like a sim character

3136
02:01:26,229 --> 02:01:24,320
like we're in a simulation and we're

3137
02:01:27,510 --> 02:01:26,239
just we're kind of playing this learning

3138
02:01:29,430 --> 02:01:27,520

game

3139

02:01:32,070 --> 02:01:29,440

but you can really

3140

02:01:34,790 --> 02:01:32,080

do your best and be totally in control

3141

02:01:35,830 --> 02:01:34,800

of your life if you are connected to

3142

02:01:37,990 --> 02:01:35,840

source

3143

02:01:39,510 --> 02:01:38,000

and and this christ spirit that you're

3144

02:01:42,149 --> 02:01:39,520

talking about so

3145

02:01:45,589 --> 02:01:42,159

the teachings of of jesus and all

3146

02:01:48,310 --> 02:01:45,599

spiritual leaders are very important and

3147

02:01:50,550 --> 02:01:48,320

part of source and part of us it's who

3148

02:01:53,109 --> 02:01:50,560

we really are in our hearts

3149

02:01:55,270 --> 02:01:53,119

we are spiritual eternal beings

3150

02:01:57,430 --> 02:01:55,280

and when we're connected to source then

3151

02:01:59,430 --> 02:01:57,440

we're in our true power and it's all

3152

02:02:02,229 --> 02:01:59,440

about this this love that you fill your

3153

02:02:04,070 --> 02:02:02,239

heart with this power of creation

3154

02:02:05,990 --> 02:02:04,080

it's time for all of us to do this right

3155

02:02:07,430 --> 02:02:06,000

now i mean this is what we have to do

3156

02:02:09,350 --> 02:02:07,440

right now because

3157

02:02:11,910 --> 02:02:09,360

the old world's falling apart and we

3158

02:02:14,229 --> 02:02:11,920

cannot get caught up in that

3159

02:02:15,990 --> 02:02:14,239

that that drama that's going on over

3160

02:02:18,390 --> 02:02:16,000

there they're gonna do that they're

3161

02:02:20,229 --> 02:02:18,400

gonna they're gonna end that

3162

02:02:22,310 --> 02:02:20,239

that part of the world that matrix

3163

02:02:23,350 --> 02:02:22,320

that's been built up it's it's going to

3164

02:02:25,189 --> 02:02:23,360

end

3165

02:02:26,709 --> 02:02:25,199

so we are

3166

02:02:29,109 --> 02:02:26,719

you know we're using the love in our

3167

02:02:31,189 --> 02:02:29,119

hearts we're connecting the source

3168

02:02:32,709 --> 02:02:31,199

and this create christ light christ

3169

02:02:34,149 --> 02:02:32,719

consciousness

3170

02:02:36,470 --> 02:02:34,159

this is what we're doing we're bringing

3171

02:02:39,589 --> 02:02:36,480

about a brand new reality we're going to

3172

02:02:43,750 --> 02:02:41,830

great thanks bonnie um all right so the

3173

02:02:44,629 --> 02:02:43,760

last question i have for you tonight is

3174

02:02:48,390 --> 02:02:44,639

from

3175

02:02:49,990 --> 02:02:48,400

edward sosa and um i'm not too familiar

3176

02:02:52,629 --> 02:02:50,000

with this

3177

02:02:54,550 --> 02:02:52,639

i don't know what this exactly is but

3178

02:02:57,270 --> 02:02:54,560

i figured i'll run it by you and we'll

3179

02:03:00,310 --> 02:02:57,280

work it out together um it says

3180

02:03:03,350 --> 02:03:00,320

is the kali yoga going to be part of the

3181

02:03:06,229 --> 02:03:03,360

polish shift as the yogis and the indian

3182

02:03:09,030 --> 02:03:06,239

tradition speak of golden age

3183

02:03:09,830 --> 02:03:09,040

does that make sense yes the kali yuga

3184

02:03:11,830 --> 02:03:09,840

yes

3185

02:03:13,430 --> 02:03:11,840

oh well i'm sorry what is that if you

3186

02:03:15,589 --> 02:03:13,440

could speak a little bit because i have

3187

02:03:18,629 --> 02:03:15,599

no idea either

3188

02:03:21,589 --> 02:03:18,639

yes um it's in the from the vedic

3189

02:03:23,189 --> 02:03:21,599

tradition there are different world ages

3190

02:03:25,830 --> 02:03:23,199

that we go through

3191

02:03:28,790 --> 02:03:25,840

and they they say that right now we're

3192

02:03:30,870 --> 02:03:28,800

in the kali yuga which is a world age

3193

02:03:34,229 --> 02:03:30,880

that is coming to an end

3194

02:03:35,589 --> 02:03:34,239

and this world age is

3195

02:03:38,629 --> 02:03:35,599

it's kind of

3196

02:03:40,629 --> 02:03:38,639

it's rock bottom i mean we've hit bottom

3197

02:03:42,550 --> 02:03:40,639

we've forgotten who we are we don't know

3198

02:03:44,229 --> 02:03:42,560

how to live anymore we don't remember

3199

02:03:45,669 --> 02:03:44,239

our true powers

3200

02:03:48,310 --> 02:03:45,679

and

3201

02:03:50,310 --> 02:03:48,320

we've devolved we've devolved to this

3202

02:03:52,790 --> 02:03:50,320

spot where we're at right now

3203

02:03:55,109 --> 02:03:52,800

but we are swinging up out of the kali

3204

02:03:56,709 --> 02:03:55,119

yuga where you're going up into a brand

3205

02:03:58,870 --> 02:03:56,719

new world

3206

02:04:00,709 --> 02:03:58,880

and the great thing is that

3207

02:04:02,470 --> 02:04:00,719

we're not just

3208

02:04:04,390 --> 02:04:02,480

going back up into

3209

02:04:05,990 --> 02:04:04,400

the face that's next to the collar you

3210

02:04:07,270 --> 02:04:06,000

get we're going straight back up to the

3211

02:04:10,229 --> 02:04:07,280

top

3212

02:04:12,470 --> 02:04:10,239

we are we're going to a brand new world

3213

02:04:14,149 --> 02:04:12,480

and from what i hear from many different

3214

02:04:16,229 --> 02:04:14,159

spiritual teachers this has never

3215

02:04:19,350 --> 02:04:16,239

happened before in the history of

3216

02:04:22,870 --> 02:04:19,360

humanity and that's that's a long time

3217

02:04:25,910 --> 02:04:22,880

we're going to shift back up into being

3218

02:04:32,069 --> 02:04:29,030

forgetting who we are not in control of

3219

02:04:34,390 --> 02:04:32,079

you know our our our natural human

3220

02:04:35,910 --> 02:04:34,400

abilities that we're supposed to have

3221

02:04:38,790 --> 02:04:35,920

we're leaving this world and we're going

3222

02:04:40,310 --> 02:04:38,800

back up into being at the top again

3223

02:04:42,870 --> 02:04:40,320

we're going to know who we are we're

3224

02:04:43,830 --> 02:04:42,880

going to be able to manifest reality

3225

02:04:47,350 --> 02:04:43,840

and

3226

02:04:48,390 --> 02:04:47,360

enlightened beings living in a higher

3227

02:04:50,709 --> 02:04:48,400

dimension

3228

02:04:53,189 --> 02:04:50,719

i i know this is happening i'm totally

3229

02:04:55,750 --> 02:04:53,199

going in that direction and i see it

3230

02:04:56,790 --> 02:04:55,760

happening this awakening is occurring

3231

02:04:59,830 --> 02:04:56,800

occurring

3232

02:05:02,149 --> 02:04:59,840

we are leaving the kali yuga and we are

3233

02:05:04,629 --> 02:05:02,159

moving up into higher consciousness

3234

02:05:06,629 --> 02:05:04,639

yeah so that is part of the shift

3235

02:05:08,629 --> 02:05:06,639

all right yeah no because sometimes when

3236

02:05:11,030 --> 02:05:08,639

i don't know something i i can't tell if

3237

02:05:13,510 --> 02:05:11,040

uh people are just uh trying to pull one

3238

02:05:14,310 --> 02:05:13,520

over on me or if it's extra

3239

02:05:16,870 --> 02:05:14,320

yeah

3240

02:05:18,629 --> 02:05:16,880

so well bonnie again thank you very much

3241

02:05:21,109 --> 02:05:18,639

for doing this i appreciate it thank you

3242

02:05:23,510 --> 02:05:21,119

for your in-depth sharing and um you

3243

02:05:25,189 --> 02:05:23,520

know certainly people that you know find

3244

02:05:27,510 --> 02:05:25,199

this very interesting and want to know

3245

02:05:30,709 --> 02:05:27,520

more uh the more details the better

3246

02:05:34,709 --> 02:05:30,719

that's what i always find so um i don't

3247

02:05:38,950 --> 02:05:37,109

but uh so before we conclude uh i just

3248

02:05:41,270 --> 02:05:38,960

wanted to ask you if you could uh just

3249

02:05:42,870 --> 02:05:41,280

uh for those watching all of this is

3250

02:05:44,950 --> 02:05:42,880

going to be in the description actually

3251

02:05:46,709 --> 02:05:44,960

is in the description right now but

3252

02:05:48,950 --> 02:05:46,719

bunny i just would like you to just

3253

02:05:50,870 --> 02:05:48,960

leave your website any any other links

3254

02:05:52,310 --> 02:05:50,880

or information that you would like to

3255

02:05:53,350 --> 02:05:52,320

share

3256

02:05:55,910 --> 02:05:53,360

okay

3257

02:05:58,229 --> 02:05:55,920

well um my two books are journey with

3258

02:06:00,950 --> 02:05:58,239

the star people and the shift

3259

02:06:03,910 --> 02:06:00,960

you can find them at my website alien

3260

02:06:07,350 --> 02:06:03,920

abduction help dot com

3261

02:06:10,950 --> 02:06:07,360

and my other website is awaken video and

3262

02:06:12,550 --> 02:06:10,960

i run that with my husband john

3263

02:06:15,430 --> 02:06:12,560

great thank you for that

3264

02:06:17,750 --> 02:06:15,440

all right so everyone else watching i

3265

02:06:19,510 --> 02:06:17,760

hope you take advantage of checking out

3266

02:06:22,149 --> 02:06:19,520

the sites read up on all that

3267

02:06:24,069 --> 02:06:22,159

information because after all you come

3268

02:06:25,830 --> 02:06:24,079

here for the information at least i hope

3269

02:06:29,430 --> 02:06:25,840

and not just looking at this some kind

3270

02:06:31,350 --> 02:06:29,440

of entertainment value so but anyway um

3271

02:06:33,830 --> 02:06:31,360

check it out uh do you have any uh

3272

02:06:36,550 --> 02:06:33,840

contact ways so that people could uh

3273

02:06:39,189 --> 02:06:36,560

submit uh more questions if they didn't

3274

02:06:41,910 --> 02:06:39,199

get a chance tonight

3275

02:06:44,950 --> 02:06:41,920

yes well um at my website alien

3276

02:06:47,990 --> 02:06:44,960

abduction help i have a contact form

3277

02:06:49,709 --> 02:06:48,000

and my my email address is also on the

3278

02:06:51,350 --> 02:06:49,719

website or at

3279

02:06:52,790 --> 02:06:51,360

awakenvideo.org

3280

02:06:54,390 --> 02:06:52,800

great great

3281

02:06:57,910 --> 02:06:54,400

all right well

3282

02:06:59,830 --> 02:06:57,920

bonnie thank you everyone else watching

3283

02:07:02,629 --> 02:06:59,840

thank you and everyone else watching i

3284

02:07:05,589 --> 02:07:02,639

appreciate you all joining in um like

3285

02:07:07,430 --> 02:07:05,599

share this video i hope it goes um wild

3286

02:07:08,950 --> 02:07:07,440

and uh share it with anyone else that

3287

02:07:10,629 --> 02:07:08,960

would like to know more about this

3288

02:07:13,750 --> 02:07:10,639

information so

3289

02:07:15,589 --> 02:07:13,760

thank you again uh i'll i'll catch you

3290

02:07:17,669 --> 02:07:15,599

guys later not exactly sure when i'm

3291

02:07:19,910 --> 02:07:17,679

going to do the next interview because i

3292

02:07:22,950 --> 02:07:19,920

have some other things um lined up for